

2026



Pass It On



March

Ogden Intergroup Central Office Newsletter

MARCH 2026 | AA GRAPEVINE

# Watch What We Say Out Back

Over the years, sadly, the meeting parking lot behavior has begun to bother me. I'm no angel; mine has not always been the best either.

I've been attending a Tradition workshop recently and I'm learning so much. One thing is that for AA to survive we need to follow the Traditions. If we are not doing this in our meetings—including outside in the parking lot—we could be hurting AA as a whole. I want to share some things I've seen and hope it draws attention to this problem.

The big one is: I should never be giving advice on outside issues. In my Twelfth Step work I meet many cross addicted newcomers, and some are not alcoholic. I do have a relationship with other Twelve Step Fellowships. That way I'm able to help a newcomer who comes in looking for help with a problem other than alcohol. I believe these other Twelve Step programs have developed out of AA and are God-given.

Another issue that has always bothered me are the members who think they have the right to give advice on medications. This is extremely dangerous. The AA pamphlet, "The A.A. Member—Medications and Other Drugs" is very clear on this. I appreciate this pamphlet very much. Check it out.

Then we have religious thumpers who insist on preaching the Gospel. AA is all inclusive. We have members who practice many different faiths. Actually, we recognize every God on earth. You want to drive newcomers away? Chase them around the parking lot with religious books. We are a spiritual entity, not a religious one. We accept all Gods, all colors, all countries. We are about recovery from alcoholism—a lifesaving business. We are not in the soul-saving business. In my opinion, that's an outside issue.

Another big one is politics. I've seen members who insist on wearing political clothing just to get a rise out of people. It creates unnecessary drama. An AA meeting or parking lot is no place for this. We have to make this thing inviting. We live by attraction, not promotion. AA should be a safe place where politics are not discussed.

Unfortunately, over the years I've witnessed bigotry, racial and sexual comments, as well as flirting in the parking lot. I can't even believe I have to mention this stuff. It needs to stop.

I have brought this topic up at my home group's business meetings, and of course people are quick to point out the magic that happens in the parking lot. I would never dispute this. However our Traditions are there for a reason and if we don't observe them—even in the parking lot—it can fracture our unity. The unity of Alcoholics Anonymous is our most cherished possession.

BY: DAVE C. | NOVA SCOTIA

### From the Book

**Bill W. – June 1958**

Of course, my self-analysis has frequently been faulty. Sometimes I've failed to share my defects with the right people; at other times, I've confessed **their** defects, rather than my own; and at still other times, my confession of defects has been more in the nature of loud complaints about my circumstances and my problems.

Nevertheless, I think I've usually been able to make a fairly thorough and searching job of finding and admitting my personal defects. So far as I know, there isn't at this moment a single defect or current problem of mine which hasn't been discussed with my close advisors. Yet this pretty well-ventilated condition is nothing for self-congratulation. Long ago I was lucky enough to see that I'd have to keep up my self-analysis or else blow my top completely. Though driven by stark necessity, this continuous self-revelation – to myself and others – was rough medicine to take. But years of repetition has made this job far easier.

- **Language of the Heart**, Step Eleven, pgs. 239-240.

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... I want the hand of AA always to be there.  
And for that: I am Responsible

**\*Inter Group Representative Meeting Attendance**

- Four (4) District One groups were represented at the January IGR meeting.
- The following groups sent IGR's: Babes of Anonymity, Meat & Potatoes, Wednesday Night Stag & Saturday Morning Brotherhood Groups.
- Our next *scheduled* IGR/COR meeting is planned for Tuesday, **March 17, 2026 @ 6pm.**

\*aka Central Office Representative

**DISTRICT Meeting Info**

➤ **District One** – 2<sup>nd</sup> Tuesday, 7:00 PM  
Boys & Girls Club  
650 E 700 S  
Brigham City

➤ **District 11** – 2<sup>nd</sup> Wednesday, 6:30 PM  
South Davis Recovery Club  
25 N. 200 W.  
Bountiful



**Ogden Intergroup  
Central Office  
(ICOOA)**

➤ **Regular Office hours**

Tuesday thru Friday  
**1:30 pm - 5:30 pm**

**Saturday 12:00pm - 4:00pm**

**CLOSED:**

**Sunday & Monday**

Central Office Rep (IGR) meeting is held *monthly* at Central Office on the **3<sup>rd</sup> Tuesday @6:00pm** (*unless otherwise posted*)

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**TO: Central Office Committee**  
From: Randy C., (Central Office employee)  
Date: March 3, 2026  
Subject: Ogden Intergroup **Central Office Report for February 2026**

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**Sales Summary:** (Income = \$304)

- \*Books: 97 (\$ 209\*)
- Chips: 143 (\$ 95)

[\*= all printed material]

- |             |            |
|-------------|------------|
| ○ Brass     | 39 (\$ 83) |
| ○ Aluminum  | 100 (\$ 7) |
| ○ Tri-Plate | 4 (\$ 5)   |

**Office Activity:** Hours: 83

- Emails: 132
- Calls/Msgs: 25
  - Calls to our Answering Service: 5
- Walk-Ins: 56 (average weekly walk-ins = 14)

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**Contributions:** \$ 1,481

- Groups (12) groups \$ 1,481

**(Prudent Reserve):** {Goal \$8,400 / 4 mos. Operating Expenses x \$2,100 per mo.)

(ending) February 2026: \$ 7,646 (+ .6%) 3.6 months

**(Operating Funds):** (ending) February 2026: \$ 2,305.80

Thank You for this job as the Central Office employee.

-Randy

If the "Promises"  
Came true all at once...  
There'd be nobody left  
to make coffee!

- Bob M. / 2012

**Suggested Contributions**  
 (from pg. 13 of AAWS Pamphlet F-3)

- **District One**  
 P.O. Box 953  
 Brigham City, Ut 84302
  - OR- **District 11**  
 PO Box 461  
 Bountiful, Ut 84011
  - **Area 69 of Alcoholics Anonymous**
  - (General Service Office) **GSO**
  - **Intergroup Central Office**
- 10%  
 10%  
 30%  
 50%

Intergroup Central Office-Ogden	February	TOTAL
<b>2026 (Year-to-Date) Group Contributions</b>	<b>2/28/2026</b>	<b>2026</b>
Clearfield Group	250.00	250.00
Courage to Change Group		200.00
District One		180.00
Grupo Primer Paso de Ogden	15.00	30.00
Huntsville Group		65.00
It's in the Book		116.25
Meat & Potatoes		111.00
Meeting in the Mountain (VC)		344.00
Our Primary Purpose Group		95.15
Recovery Together Group		200.00
Sat Men's Brotherhood	198.00	224.00
Serenity Happy Hour (Sunday)		110.12
Serenity Sisters	84.00	84.00
South Davis #1	100.00	100.00
Stone of Sisyphus	250.00	250.00
Sunday Night Unity	150.00	150.00
The Way Out	24.00	65.26
Tremonton Group	150.00	150.00
Tyler Ave Group	125.00	125.00
Wed Night Fever Happy Hour	10.00	10.00
Wed Night Stag		96.50
Wed. Night Alumni - ORMC	125.00	175.00
Women's Circle of Hope		129.92
<b>Groups Sub-Total</b>	<b>1,481.00</b>	<b>3,451.20</b>
Individual Donation(s)	0.00	3,620.00
<b>TOTAL Contributions</b>	<b>\$1,481.00</b>	<b>\$7,071.20</b>



*"As an alcoholic, I have a problem with two things: change... and the way things are."*



## ICOAA Ogden Quarterly Financials

4th Quarter 2025		Expense
<b>Fixed</b>	Answering Service	174.52
	Charge Card processing	258.85
	Liability / Renters Ins	101.76
	Payroll	3,232.25
	Phone / Internet	554.05
	Postage	0.00
	Printing	87.23
	Rent	1,507.47
	2025- 3rd Quarter Payroll Taxes	459.00
	Transfer from Checking TO Savings Acct (PR)	890.00
<b>Fluid</b>	Inventory-SL Central Office	2,875.28
	Inventory-Sobriety Coins	292.55
	Inventory- <i>Biennial</i> Grapevine subscript	270.00
	McAfee S/W lic <i>annual</i> fee	160.86
	Microsoft 365 S/W lic <i>annual</i> fee	139.41
	Misc. Office Supplies	103.60
<b>Expense Totals</b>		<b>11,106.83</b>

4th Quarter 2025		Income
	Inventory Sales	4,158.65
	COGS-Cost of Goods SOLD	(3,195.99)
	<b>Member Contributions</b>	<b>6,152.05</b>
	Transferred FROM Savings to Checking (PR)	0.00
<b>Income Totals</b>		<b>7,114.71</b>

**2025 - 4th Quarter NET =** (\$3,992.12)

Prudent Reserve - Beginning Balance	\$5,156.09
Prudent Reserve - Ending Balance	\$6,046.23
<b>2025 - 4th Quarter Prudent Reserve variance</b>	<b>\$890.14</b>

4th Quarter Net Sales 962.66

thank  
you  
for your  
support!

### Note from the Editor:

The Quarterly Financials that appear in this newsletter were *not* compiled by an accountant. These financials were created, compiled and edited by the Ogden Central Office Manager. He is not a CPA and has NO accounting background. Our goal is to provide this financial information to our member groups on a quarterly basis in keeping with the By-Laws of the Ogden Intergroup Service of A.A.

**District One Meeting Minutes for February 10th, 2026****II OPENING:**

Mike R. called the meeting to order at 7:00pm with a moment of silence, followed by the Serenity Prayer. The GSR Preamble was read by Brad L., followed by the 12 Traditions read by Robert N.. New GSRs Chevy D. and Jim M. from the Recovery Together group, as well as Jarom H. from the Pavillion Posse group were recognized. Michelle J., Carrie, and Chase were recognized as interested A.A.s. Donny G., Area 69 P.I. chair, was also recognized. Roll call and the contributions basket were passed around at this time. Sam P. presented the January Meeting Minutes, which were reviewed and a motion to accept was raised. The district body voted to accept the meeting minutes.

**III REPORTS**

- Public Information - Hailee A. reported that the P.I. committee is filling out the paperwork for A.A to have a table at the Surgical Convention on May 12th-15th at Weber State. She also advised that P.I. is not listed on the 2026 budget which will be corrected.
- Corrections - Bob Y. has started and met with those concerned about First Responders Peer Counseling at the State Level, more to be revealed. Feb. 3rd corrections volunteers attended training and yearly certification for the Brigham Sheriff's Correctional facility. Bob has not yet heard back from Logan's correctional facility.
- Treatment - Matt A. is working with the Area treatment chair and local treatment centers to create an etiquette packet for A.A. meetings to hand out to treatment centers.
- Logan Intergroup - Mike advised that Logan intergroup is looking to fill their Secretary position. Logan intergroup will also be hosting a chili cookoff April 11th. We will report more on this as the date approaches.
- Treasurer - Jenny B gave the treasury report for Judy Y. As of February all due bills have been paid. A few corrections will be made to the treasury report which include:
  - Adding a budget for the P.I. Chair
  - Removing Paul K. from Literature Chair
  - Updating the DCMC to Mike
  - Update the DCM budgets all to \$375
  - Removing Shari R, Mike R, and Mike L. from the DCM position
  - Updating the Secretary to Sam

**③ DCM and DCMC Reports**

- DCMC Mike R. - Gave a report on the meetings he's been attending. Mike will be heading to PRAASA at the end of the month and provide a report when he returns.

**IV GSR REPORTS & OPEN DISCUSSION**

- Mike L. from the Tuesday Morgan group advised that they will be hosting a Chili Cookout on 2/28 from 12pm-3pm. There is a suggested donation of \$3. Chili and Tamales will be served and side dishes are always welcome. Please bring a chair and leave your dogs at home.
  - Address 2425 Line Creek Road Morgan, UT 840503
  - See the Ogden Central Office Pass it on for the flier
- Jonathan W. from the Meat and Potatoes group advised that they are maintaining a good momentum at their meeting. He had previously advised that the group was welcoming members from treatment centers and they have since been getting regular attendance from those invitations. Jon also advised that he will be joining Mike R. at PRAASA this year.
- Rocky R. from the Pavillion Posse group advised that Jerom H. will be their new GSR. The meeting has been lacking in attendance, but expects to pick up as the spring approaches and they return to meeting outside at the pavilion.
- Charlie G. from the Sunday Morning Serenity group advised that their meeting has a good regular attendance and continues to get newcomers each week sparking great discussion. This is a zoom meeting and can be attended from anywhere in the world.
- Bob A. from the Courage to Change group stated their group continues to get a lot of attendance from relatively new members and are welcoming more long-timers to share their experience, strength and hope with them. The 4th Friday of every month is a speaker meeting and Donny G. will be speaking this month.
- David from Sunday Night Unity advised their meeting is small, but a mighty group. Always expect a good time and treats to go with it. Even on Superbowl night they had 8 attendees.
- Josh C. from the Keep it Simple group advised that they have a large home group that is becoming a tight knit family. As an example he provided that the group go out after the meeting to celebrate each other's belly button birthdays.
- Brad L. from the Fellowship group advised that the meeting is in good health and has a regular attendance of around 15 people. This meeting will be changing to a Grapevine meeting once the group finishes reading through the stories in the back of the 1st edition of the Big Book.

- Dan S. from the Bridgerland group advised that they do have strong attendance at the evening meetings, but the morning meetings could use a little bit more support. Check the meeting guide app for times/location.
- Mike M. from the Sober Cafe meeting wanted to remind everyone that all meetings at St. Jons are upstairs until the weather warms up.  
In Open Discussion Misha reminded the group that the S.H.E. Women's Group has 3 open spots for their Women's retreat at Lava Hot Springs Feb. 27-29th.
- It was also brought to our attention that there are some other recovery foundations/meetings for those seeking sobriety to utilize as a tool if they are looking for something else.
  - God Father Foundation
  - "I'm Not Ok" meetings
- Fix it Group will be meeting March 28th and 29th at the Brigham City Alano Club. This is a group that takes members through all 12 steps in two days. If you are looking to join Call Rocky at: 801-821-0473

#### ♁ OLD BUSINESS

- Open Positions: C.P.C., Communications, and Literature chairs. 4 DCM positions are also open at this time. It is requested we have at least one DCM from Logan and one from Ogden.

#### ♁ NEW BUSINESS

- Presentation on Concept 2 - Robert N. provide a presentation to the district body on Concept 2:  
**Concept 2 short form:** "The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs."  
  - Bill and Bob sought to make sure A.A. continued to grow and have an active voice after the co-founders were gone.
  - The group conscious remains with the groups, but the voice of that conscious may be delegated to service representatives to carry that message to the general service conference through the A.A. service structure.
  - This allows for the collective conscious to be voiced at conference for the good of A.A as a whole and world service.
- Area 69 Standing Chair workshop
  - The Standing Chair workshop will be held at the Brigham City Boys and Girls Club on June 20th
  - District 1 will receive \$500 in seed money from the Area for the workshop
  - The Area will create the agenda, but the District will be responsible for hospitality and creating the flier.
  - Michelle J. is looking for volunteers to help.
    - The Keep it Simple group has volunteered to help host hospitality for the event.
- March 10th we will host our Area Delegate, Mike F., who will review the 2026 General Service Conference Agenda Items that each group can vote upon and make their voice heard.

#### ♁ UPCOMING EVENTS

- |                             |                            |                |
|-----------------------------|----------------------------|----------------|
| ● District Meeting          | 650 E 700 S Brigham City   | Mar. 10th      |
| ● PRAASA                    | Honolulu, HI               | Feb. 27-Mar. 1 |
| ● Area 69 Committee Meeting | 3733 West 400 North Salina | March 14th     |

#### ♁ CLOSING

A motion to close the meeting was entered and the meeting was closed with the Responsibility Statement.

### Same thing, different decade

? HUMOR ?

A young newcomer invited an oldtimer to a rave. He told the oldtimer that they stay up all night, drink, take drugs, listen to music and dance.

The oldtimer looked at the newcomer and told him they had similar events when he was young, but they called them the weekend.

Paul C. / Oceanside, Calif.

### Don't scare the newcomers

In keeping with our Eleventh Tradition of attraction, the members of the online meeting I attend kindly asked me to turn my camera off.

Craig H. / Rohnert Park, Calif

## Dr. Bob's Farewell Talk

My good friends in A.A. and of A.A.,

... I get a big thrill out of looking over a vast sea of faces like this with a feeling that possibly some small thing I did a number of years ago played an infinitely small part in making this meeting possible. I also get quite a thrill when I think that we all had the same problem. We all did the same things. We all get the same results in proportion to our zeal and enthusiasm and stick-to-itiveness. If you will pardon the injection of a personal note at this time, let me say that I have been in bed five of the last seven months and my strength hasn't returned as I would like, so my remarks of necessity will be very brief.

There are two or three things that flashed into my mind on which it would be fitting to lay a little emphasis. One is the simplicity of our program. Let's not louse it all up with Freudian complexes and things that are interesting to the scientific mind, but have very little to do with our actual A.A. work. Our Twelve Steps, when simmered down to the last, resolve themselves into the words "love" and "service." We understand what love is, and we understand what service is. So let's bear those two things in mind.

Let us also remember to guard that erring member the tongue, and if we must use it, let's use it with kindness and consideration and tolerance.

And one more thing: None of us would be here today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to do numerous little kind and thoughtful acts in our behalf. So let us never get such a degree of smug complacency that we're not willing to extend, or attempt to extend, to our less fortunate brothers that help which has been so beneficial to us.

Thank you very much.

*\* From Dr. Bob's brief remarks on Sunday, July 30, 1950, at the First International A.A. Convention in Cleveland, Ohio.*

*Dr. Bob, co-founder of A.A. died Thursday, November 16, 1950*

Information listed **below** is presented **solely** as a service to our readers, **NOT as an endorsement** by Intergroup Service of Northern Utah AA **or** AAWS. For any additional information, please contact the event sponsor.

# Fix-It Group of Ogden

Whether you're brand new, have never worked the Steps before, or simply want to learn more—no problem.

Don't have a sponsor? That's okay.

Have a sponsor? Fantastic!

Even if you've worked the Steps before and are seeking a fresh approach, you're absolutely welcome here.

We work all 12 Steps intensively, just as outlined in the Big Book—over the course of a single weekend. As it says on page 357: “To take the Twelve as rapidly as possible.”

**RESERVATIONS ARE REQUIRED!!**

Please call, text (801)-821-0473 , email us at [FIXITGROUPOFOGDEN@GMAIL.COM](mailto:FIXITGROUPOFOGDEN@GMAIL.COM)

Or SCAN THE QR CODE

