

2024



AUGUST

Pass It On

Ogden Intergroup Central Office Newsletter

What We Were Like

Fragments of AA History – Origin of the Twelve Steps

I well remember the evening on which the Twelve Steps were written. I was lying in bed quite dejected and suffering from one of my imaginary ulcer attacks. Four chapters of the book, *Alcoholics Anonymous*, had been roughed out and read in meetings in Akron and New York. We quickly found that everybody wanted to be an author. The hassles as to what should go into our new book were terrific. For example, some wanted a purely psychological book which would draw in alcoholics without scaring them. We could tell them about the "God business" afterward. A few, led by our wonderful southern friend, Fitz M., wanted a fairly religious book infused with some of the dogma we had picked up from the churches and missions which had tried to help us. The louder these arguments, the more I felt in the middle. It appeared that I wasn't going to be the author at all. I was only going to be an umpire who would decide the contents of the book. This didn't mean, though, that there wasn't terrific enthusiasm for the undertaking. Every one of us was wildly excited at the possibility of getting our message before all those countless alcoholics who still didn't know.

Having arrived at Chapter Five, it seemed high time to state what our program really was. I remember running over in my mind the word-of-mouth phrases then in current use. Jotting these down, they added up to the six named above. [1. We admitted we were powerless over alcohol; 2. We got honest with ourselves; 3. We got honest with another person, in confidence; 4. We made amends for harms done others; 5. We worked with other alcoholics without demand for prestige or money; 6. We prayed to God to help us do these things as best we could.] Then came the idea that our program ought to be more accurately and clearly stated. Distant readers would have to have a precise set of principles. Knowing the alcoholic's ability to rationalize, something airtight would have to be written.

We couldn't let the reader wiggle out anywhere. Besides, a more complete statement would help in the chapters to come where we would need to show exactly how the recovery program ought to be worked.

At length I began to write on a cheap yellow tablet. I split the word-of-mouth program up into smaller pieces, meanwhile enlarging its scope considerably. Uninspired as I felt, I was surprised that in a short time, perhaps half an hour, I had set down certain principles which, on being counted, turned out to be twelve in number. And for some unaccountable reason, I had moved the idea of God into the Second Step, right up front. Besides, I had named God very liberally throughout the other Steps. In one of the Steps I had even suggested that the newcomer get down on his knees.

When this document was shown to our New York meeting, the protests were many and loud. Our agnostic friends didn't go at all for the idea of kneeling. Others said we were talking altogether too much about God. And anyhow, why should there be Twelve Steps when we had done five or six? Let's keep it simple, they said.

This sort of heated discussion went on for days and nights. But out of it all there came a ten-strike for Alcoholics Anonymous. Our agnostic contingent, spearheaded by Hank P. and Jim B., finally convinced us that we must make it easier for people like themselves by using such terms as "a Higher Power" or "God as we understand him." These expressions, as we so well know today, have proved lifesavers for many an alcoholic. They have enabled thousands of us to make a beginning where none could have been made had we left the Steps just as I originally wrote them. Happily for us there were no other changes in the original draft and the number of Steps still stood at twelve. Little did we guess that our Twelve Steps would soon be widely approved by clergy of all denominations, and even by our latter-day friends, the psychiatrists.

This little fragment ought to convince the most skeptical that nobody invented Alcoholics Anonymous.

It just grew--by the grace of God.

-- Bill W.

January 1992 Grapevine magazine.

From The Book

We avoid retaliation or argument. We wouldn't treat sick people that way. If we do, we destroy our chance of being helpful. We cannot be helpful to all people, but at least God will show us how to take a kindly and tolerant view of each and everyone.

Referring to our list again. Putting out of our minds the wrongs others had done, we resolutely looked for our own mistakes. Where had we been selfish, dishonest, self-seeking and frightened? Though a situation had not been entirely our fault, we tried to disregard the other person involved entirely. Where were we to blame? The inventory was ours not the other man's. When we saw our faults we listed them. We placed them before us in black and white. We admitted our wrongs honestly and were willing to set these matters straight,

Page 67, Alcoholics Anonymous, (Big Book)

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Ogden Intergroup
Central Office
(ICOAA)

➤ Regular Office hours

Tuesday thru Friday
1:30 pm - 5:30 pm

Saturday 11:00am - 3:00pm

CLOSED :

Sunday & Monday

- The Central Office Rep (IGR) meeting is held *monthly* at Central Office on the 3rd Tuesday @6:00pm (unless otherwise posted in this newsletter)



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Central Office Representative Meeting Attendance

- The IGR/COR representative meeting for July was canceled.
- The June Central Office report is on page 4.
- The next scheduled IGR/COR Meeting is *planned* for Tuesday, August 20 @ 6pm at Central Office

Deadline for ANY newsletter submission is the 20th of each month

TO: Central Office Committee
From: Randy C., {Central Office employee}
Date: July 6, 2024
Subject: Ogden Intergroup Central Office Report for **June 2024**

June Sales Summary:

- Books: 71 (net\$ 154)
 - Chips: 189 (net\$ 96)
- Aluminum 150 (\$ 14 net)
 - Brass 35 (\$ 69 net)
 - Tri-Plate 4 (\$ 13 net)

Office Activity: Hours: 74

- Emails: 121
- Calls/Msgs: 24
 - Calls to our Answering Service: 2
- Office Visits: 45 (average weekly walk-ins = 11)

Website Activity: June Visitors: 939 Views: 2,555

Google Business Listing Activity: June Searches: 803 Views: 1,620

Contributions: \$ 865

- Groups: 9 groups \$ 815
- Individual Contribution: \$ 50

Savings Account (Prudent Reserve): {Goal = \$8,400 / \$2,100 per mo. Operating Expenses x 4 mos.}

May 2024: \$ 6,551.37

(ending) June 2024: \$ 5801.42 (- **11.4%**)

Checking Account (Operating Funds): (ending) June 2024: \$ 974.17

Your Central Office employee.

-Randy

Some mornings
Spiritual Progress
Is just getting out of bed.

-Bob M. 12/21/2014

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Suggested Contributions

(from pg. 13 of AAWS Pamphlet F-3)

- **Intergroup Central Office** 50%
3480 Washington Blvd #108
Ogden, Utah 84401

- **District One**
P.O. Box 953
Brigham City, Ut 84302

-OR-

- **District 11**
PO Box 461
Bountiful, Ut 84011

10%

- **Area 69 Treasurer** 10%
PO Box 18134
Kearns, Utah 84118

- **GSO** 30%
PO Box 2407
James A Farley Station
New York, NY 10116-2407

thank
you
for your
support!

| AA Intergroup Central Office-Ogden | JUNE | TOTAL |
|---------------------------------------|-------------------|--------------------|
| Group Contributions (Year-to-Date) | 2024 6/30/2024 | 2024 |
| 11:59 Group | | 50.00 |
| Babes of Anonymity | | 220.00 |
| Beyond the Horizon | | 36.00 |
| BYOB Group | | 100.00 |
| Clearfield Group | | 250.00 |
| Courage to Change Group | | 50.00 |
| Davis Group | | 200.00 |
| Friday Night Action | | 120.00 |
| Friday Night Recovery | 150.00 | 400.00 |
| Grupo Primer Paso de Ogden (SP) | 15.00 | 90.00 |
| Higher Ground Grp-Fruit Hghts | | 400.00 |
| Huntsville Group | | 85.00 |
| In the Solution Group | 50.00 | 300.00 |
| It's in the Book | | 210.00 |
| Ladies of the Mountain-WRH | | 428.76 |
| Layton BBSS | | 159.50 |
| Meat & Potatoes | | 356.27 |
| Meeting in the Mountain (VC) | | 825.00 |
| New Comer Group | 200.00 | 200.00 |
| Primary Purpose Group | | 80.00 |
| Recovery Together Group (5) | 200.00 | 400.00 |
| Sat Men's Brotherhood | | 708.00 |
| Sat Night Alumni - ORMC | | 137.50 |
| Serenity Happy Hour (Sunday) | | 230.80 |
| Serenity Sisters | 60.00 | 385.00 |
| Stone of Sisyphus | | 230.00 |
| Sunday Night Unity | | 450.00 |
| Thursday Night Harrison | | 21.00 |
| Tuesday Morgan Group | | 200.00 |
| Tyler Ave Group | 60.00 | 385.00 |
| Upon Awakening | 30.00 | 170.00 |
| Wed Night Stag | | 226.50 |
| Wed. Night Alumni - ORMC | 50.00 | 520.00 |
| Women's Circle of Hope | | 157.00 |
| Groups Sub-Total | 815.00 | 8,781.33 |
| District 11 | 0.00 | 700.00 |
| District One | 0.00 | 360.00 |
| Individual Donation(s) | 50.00 | 1,400.00 |
| TOTAL Contributions | \$865.00 | \$11,241.33 |

District One Meeting Minutes for July 9, 2024

①OPENING:

Mike R. called the meeting to order at 7:00 with a moment of silence, followed by the Serenity Prayer. Kat read the GSR Preamble and Dan read the Twelve Traditions. There was one new GSR, Dan – Wed Night Alumni. There were two interested AAs, Dave and Kyle. There was 1 visitor – Dave R. - Area 69 Delegate. Those in attendance: DCMC, 1 DCM, Alt DCM, 16 GSRs with 3 excused, Secretary, Treasurer, Corrections excused, Intergroup Ogden, Intergroup Logan, Literature, and PI. Sue passed the roll around to be marked. The minutes were approved with a motion from Eric and David 2nd.

②REPORTS

☛ PI – Donny G. – P.I. Information for District One Report

Area 69, District one, PI Chair - Donny Gill. Advisory Committee Members - Jim M., Corry, Mike, John D., Amadora, and Danielle G.

The committee has printed and paid for the following out of their own contribution.

- Printed 300, 8.5x11 color copies on poster card stock.
- Printed 300, 4x6 color copies on card stock.
- Printed another 2500 Business card with AA information.
- 10, 8x11 Clear Stands for display.
- 10 4x6 clear stands for display.
- 30 clear Business card holders.

Progress: 17 total businesses have 8.5x11 Posters displayed poster community boards. One business displayed an 8.5x11, 4x6, and Business cards all in plastic display on counter. 1 Library displayed an 8.5x11 poster. 1 library pending. One business posted Business cards and 4x6 display. Box elder Library says they will put any AA book in inventory as requested... Big Books, Twi 12 and 12 have been purchased and two living Sobor are in order.

Total cost to AA, 00.00 dollars. Total cost to PI Committee is approximately

Pending Projects: Making posters that will be appealing and accepted in public schools. Find more places for displays to be posted.

☛ Corrections – Doug J. – We have another volunteer for the men's meetings and a new volunteer for the women's meetings who both attended the meeting on 8 July.

Our corrections committee consists of the volunteers who are taking meetings into the jail. We will schedule a meeting with the programs deputy for the first part of August to discuss several things to include; meeting one on one with people by way of video visits at the jail. I have done this a couple of times and we are working to find the most effective approach to take. I have sent a step 1-3 guide to one of the women volunteers to review and we have had some discussion about that. I will send that to the rest of the committee for their review. We will ask the programs deputy if they can put that on the tablets used in the jail so people in the jail can use it to guide them thru the first three steps. It consists of questions with page and paragraph numbers for the big book. This is one tool that they can use to start reading the big book and having their own experience with it until they get a sponsor and start to work the steps. The men are currently having meetings in the chapel and the women are meeting in the library. I was told that we could go into the pods and have meetings there. We will discuss that further when we meet with the programs deputy next month. There was \$85 donated for pink can that I will bring to the district meeting.

☛ Grapevine – Krista –

☛ Literature – Clark –) Picked up some literature pamphlets to start filing pamphlet rack. 2) Bought conference speaker. 3) Literature of the month. a. Bridging the gap. Thank you for letting me serve Clark. B (Literature Chairperson)

☛ Intergroup Ogden – Mike L. – Mike brought the Central Office report and read it. See Pass It On.

☛ Intergroup Logan – Kim P. – Had report – Did not get a copy.

☛ Treasurer – Jennie - The District One Finances for June 2024 are as follows: The beginning balance: \$3343.11. The donations totaled \$411.00. The expenses totaled \$459.86. The Pink Can Money had \$20.00 in donations, expenses of \$0.00. The total balance is \$146.27. The total balance of the account this month is \$989.51, minus our \$2000 P/R and the outstanding operating expense of \$-465. The Treasurer report was approved, with a motion from Dan, Kylee 2nd.

③DCM Reports – Shelley and Michael

Mike – Meeting I attended: Recovery Together, Friday Night Recovery, Thursday Night Harrison, Newcomers Meeting, Meat & Potatoes. I will also be attending the Bridge the Gab Workshop. I will also be attending The Regional Forum.

Shelley - Thank you for allowing me to be of service to District 1.

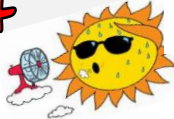
Since the June district meeting:

I attended the budget review committee and actively participated. Jeannie will go over the details of that meeting in her report.

Area Events: Mike R. attended the Standing Chair Workshop (June 15th) and discussed that more in his report.

Pacific Regional Forum July 12-14th in Las Vegas

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Welcomes all interested A.A. members to enhance trust and communication between A.A. members and the General Service Office. This event is put on by the GSB and while you do have to register, there isn't a cost for registration. <https://www.aa.org/regional-and-local-forums>

Reminder: District Inventory

When: August 6th at 6 p.m (should take approximately 1-1.5 hrs)

How: Via Zoom, <https://usu-edu.zoom.us/j/88358495389?pwd=Z46DhauJddUNJvn6a5C6taLL1li0PA.1>

Who: Anyone in welcome to attend and share their insights in a respectful and helpful way.

Review: District Inventory Questions (See attached email in Shelley A. DCM email on 6.11.24 & 7.9.24)

For this next month, I will be: Check District Meetings with GSO, Updated the Area Register, Hold a virtual DCM meeting to go over updates on groups.

Thank you, Shelley A.

ⓄGSR OPEN DISCUSSION

Shelly reported that a microphone was purchased and Clark has been reimbursed.

ⓄOLD BUSINESS

Positions still open 3 DCMs, 3 Alt. DCMs, CPC, Treatment No one stood.

PLEASE TAKE THIS BACK TO YOUR GROUPS.

ⓄNEW BUSINESS

Dave, Area 69 Delegate reported on agenda items. The pamphlet on Asia passed. He talked about new themes. Bill W. recommended putting \$1 in the basket instead of \$0.10. That \$1 is now about \$21. He talked about 6 ways to close a meeting.

Kyle agreed to be the Chair of the Pre-Conference Assembly in April.

Next District Meeting: Boys and Girls Club 650 E 700 S, Brigham City

Aug 13 7:00pm

ⓄUPCOMING EVENTS

Pacific Regional Forum

Pacific Region Las Vegas, NV July 12-14

Pre Assembly Workshop

District 10 Millcreek, UT Aug 16-18

ⓄCLOSING

The meeting was closed at 8:17 pm with the Responsibility Statement.

> District Meetings Information <

➤ District One – 2nd Tuesday, 7:00 PM

Boys & Girls Club
650 E 700 S
Brigham City

(New address)

➤ District 11 – 2nd Wednesday, 6:30 PM

Resurrection Episcopal Church
1131 So. Main
Centerville

District 11 GSR Meeting July 10, 2024

Kameron K. opened the meeting at 6:35 p.m.

1. Moment of silence followed by the Serenity Prayer.

- AA Preamble read by **Cary J.**
- GSR Preamble read by **Alex S.**
- 12 Traditions read by **Kim M.**
- Welcomed GSR's and New GSR's – **Cary J.** Fly N High Group, **Alex S.** Sunday Night BB Study Group & **Bruce S** Not A Glum Lot
- Welcome Visitors – **Kelly C.**
- **Kelly C.** (filling in for Terra L.) passed around Roll Call with a request made for updated information.
- Treasurer's report – **Matt D.** – Gave overall financial report, with Pink Can contributions, Literature and Operating Funds expenditures for June. Motion to approve by **Stacey A.**, seconded by **Sheri C.** – passed.

2. *New Business:* None

3. *Old Business:* None

4. *Elections:* None

5. **GSR Reports: Mark S.** – The Original Way Group, Average Home Group members 5, Average AA attendance 12. | **Bruce S.** – Not A Glum Lot, Average Home Group members 6, Average AA attendance 20-25. Group concerns – What to do when a person is unruly. Can we read safety card at beginning of meeting? | **Cary J.** – Fly-N-High, Average Home Group members 20, Average AA attendance 20. Asked about what we are currently doing with the money. Group status: Fairly strong, this meeting has been going for many years. | **Alex S.** – Sunday Night BB Study Group, Average AA attendance 80. Question – They need to figure out finances and how to pay their 7th Tradition forward and expectations. Group Status: Thriving. | **Kim M.** – Serenity Sisters, Average Home Group members 15, Average AA Attendance 30. Group Status: Looking for more women willing to speak, must have 1 year of sobriety and be working the steps. | **Stacey A.** – Women’s Circle of Hope, Average Home Group members 30-35, Average AA attendance 30. | **Josette K.** – Layton Big Book Step Study, Average Home Group members 20, Average AA attendance 24. This is a highly structured meeting. We study the Steps on a 15-week rotation, with a step speaker every week.
6. **Standing Chair Reports:**
- DCM North – **Caroline A.** – Absent.
 - DCM South – **Open position**
 - Corrections – **Sheri C.** – Welcome to July! It seems I had more family fun & commitments that time in the month of June. It’s good to be back! I spoke with Stephanie Shumaker, the Programs Coordinator at Davis County Jail just this morning. I wanted to be sure that she received the “New Comer” packets that were dropped off last Sunday. Since we are not allowed to hand out anything (what so ever) at the meetings in the jail. She plans to give the inmates these packages of information to those who request one – upon release from jail. Sandy G. helped us out by delivering some BTG applications to Stephanie also! Grateful to be of service, Sheri Chatwin – Corrections Chair
 - PI – **Leslie B.** – Absent.
 - CPC – **Cory E.** – Absent.
 - Grapevine – **Carol G.** – Absent.
 - BTG – **Ricardo B.** – Absent.
 - Treatment – **Seth N.** – Absent.
 - Literature – **John D.** – Absent.
 - Archivist – **Cameron M.** – Found a folder from a group. Went through and organized put into archives. Recording Old Timer Stories.
 - Intergroup Report Ogden – Not present.
 - Intergroup Report SLC – **Phillip W.** – 1) Big Books on sale for \$3 each until the end of July. 75th year Anniversary Edition. 2) Two Alternate Trustee positions open. Outreach Chair was filled by Gina via a group vote. 3) CO reps created jail meeting pocket brochures (no staples) and delivered to each district. 4) Central Office 501C3 designation is up for renewal and being completed. 5) CO annual picnic is Aug 11 at Murray Park, Pavilion #5. 6) Bylaws had two amendments voted and changed.
 - DCMC – **Kameron K.** – Asking Standing Chairs to give a description of what they actually do in their positions. Guideline Committee working on the getting the guidelines completed.
7. **Kim M.** – will do Tradition 4 in August.
8. May minutes to be completed by Terra L. and to be approved at the August meeting.
9. AREA/DISTRICT 11 Events:
- Area 69 Pre-Assembly Workshop | August 17-18 at Sons of Utah Pioneers in SLC – more information is available at aaofutah.org
10. Coming soon:
- District 11 GSR Meeting – Episcopal Church of the Resurrection – 1131 S. Main, Centerville, August 14, 2024 at 6:30 p.m.

Closed at 7:30 p.m. with the Responsibility Statement.

“I am responsible...When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible.”

DCMC | **Kameron K.** (801) 309-4577
 DCM North | **Caroline A.** (801) 388-7510
 District 11 Funds | District 11 – P.O. Box 461 – Bountiful, UT 84011

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UTAH AREA 69

CALENDAR OF EVENTS

2024-2025

| | | | |
|-----------------------|---------------------------------|-------------|----------------|
| August 17-18, 2024 | Pre Assembly Workshop | District 10 | Millcreek, UT |
| September 27-29, 2024 | Area Elections: Officers/chairs | District 2 | Millcreek, UT |
| November 2-3, 2024 | Fall Workshop | District 8 | Vernal, UT |
| December 7, 2024 | "Pass the Gavel" | District 7 | Cedar City, UT |
| Feb 22, 2025 | Area Committee Meeting | District 9 | Moab, UT |
| March 7-9, 2025 | PRAASA | Area 02 | Anchorage, AK |

<<<<< **NEW** Meetings >>>>>

8/24

Sunday
6:00 pm
Sunday Nights
Keystone Recovery
1159 - 30th Street
Ogden

?? **HUMOR** ??

On the wrong track

Two drunks found themselves walking along a railroad track.

"Sam," said one, "I believe this is the longest flight of stairs I ever saw."

"Never mind the stairs," said his pal. "It's this low handrail that worries me."

- Hazel D. Va.

Rigorous Honesty

SPONSEE: I told my wife I was feeling down and that I looked frumpy. I asked her to say something to cheer me up.

SPONSOR: What did she say?

SPONSEE: She told me I have excellent eyesight.

-J.D.
Big Lake, Minn

AREA 69

Pre Assembly Workshop

Hosted By District 10
Sons of Utah Pioneers
3301 E Louise Ave, Salt Lake City, UT

Cost \$15

Saturday Aug 17th

Registration 8:00 am

Service Orientation 8:30 am

Area Business 9:00 am - 12:00 pm

Lunch 12:00 - 1:30 pm (on your own)

Workshop / Round Tables 1:30 - 5:00

Supporting & Guidance for GSR / DCM/ Standing Chairs

Dinner 5:00 - 6:00 pm

Ice Cream Social 6:00 - 7:00 pm

AA Meeting 7:00 - 8:00 pm

Sunday Aug 18th

Round Tables 9:00 - 10:00 am

Ask-It-Basket 10:00 - 11:00 am

Spiritual Speaker 11:00 am

This weekend's event will be available on Zoom.
Here is the link and call-in details.

Zoom Link

Meeting ID: 879 3198 3200

Passcode: 109417