

# Where I Belong

**Tradition Three - The only requirement for AA membership is a desire to stop drinking**

For as far back as I can remember, I never believed I belonged anyplace. When I was growing up I didn't feel I belonged in my family, in the little town that I lived in, in the church I attended, or in the schools where I was educated. I was never chosen for a team or for membership in any group. My name is Mickey and I'm an alcoholic. When I make this simple statement in an AA meeting, I seldom think about what a profound truth it expresses. I'm saying I belong, and I'm choosing to be a part of this Fellowship.

Thanks to Tradition Three, I'm the only person in that AA meeting who can make that choice. Only I can know if, in my innermost self, I have a desire to stop drinking. And because this desire is the only requirement for membership in AA, I'm the only person who can say whether I meet that membership criterion.

When I first became aware of Tradition Three, I realized it made it possible for me to stay in AA. No one had to approve my application--in fact there was no application. It didn't matter whether others believed I was an alcoholic or had a desire to stop drinking. They may have had an opinion, but only I had that inner knowledge.

It was unimportant if I had other problems or other abilities--these things might be significant to me, but they had no bearing on my membership in Alcoholics Anonymous. And the things which might affect my ability to belong to other organizations--age, sex, race, religion, marital status, profession, etc.--had no value here. In fact I didn't even need to reveal these things to be accepted in AA.

It was only much later that I began to glimpse the reverse side of this coin--that being accepted with no conditions other than a desire to stop drinking imposed upon me the responsibility of accepting others equally. I saw that having no requirements placed upon us gave each of us the freedom to become what our Higher Power intended, without artificial restrictions.

In developing the ability to freely accept other alcoholics, I've discovered that the similarities that bind us and make us a part of this Fellowship mean far more than all the superficial differences that always kept me from that feeling of belonging. Today I thank my Higher Power that I finally know where I belong. I belong in Alcoholics Anonymous

MICKEY H. | SPRINGVILLE, UTAH



"I'm not saying you can't come in, I'm just suggesting that there's virtual meeting attire and in-person meeting attire."

By: Geoff C

# 2022 "Pass It On"

# APRIL



## Inter Group Representative Meeting Attendance

- **Five (5)** District One groups sent representatives to the March 15<sup>th</sup> IGR meeting.
- **Groups represented:** Meat & Potatoes • Upon Awakening • 11:59 Group • Wed Night Stag • Morgan Tuesday Night
- There will be **NO IGR MEETING IN APRIL.**
- The **NEXT** scheduled **IGR Meeting** will be held at Central Office **Tuesday, May 17** at 6:00 pm.

## Ogden Inter Group Central Office



**CLOSED – Sunday & Monday**

➤ **Central Office hours:**  
**Tuesday thru Friday**  
**1:30 pm - 5:30 pm**  
**Saturday 11:00 am - 3:00 pm**

- **Ogden Central Office (801) 393-4728**  
email: [igrcentraloffice@gmail.com](mailto:igrcentraloffice@gmail.com)  
Website: <https://www.northernutahaa.org>
- The **Inter Group Representative** meeting is held at Central Office on the **3<sup>rd</sup> Tuesday of each month** at 6:00pm  
(unless otherwise posted in this newsletter)

**Tuesday March 15, 2022**  
**Ogden Intergroup Central Office**  
**IGR Meeting Minutes**

**Attendees:** IGR's attending: Jon C., Michael F., Mike L., Steve H., Sue C.

Area 69 rep: Mike F. Office Mgr.: Randy C. Visitor: Ken C.

Excused: William B., Lacy B.

- Randy opened the meeting at 6:00 pm.
- Sue C. read the Intergroup Service Preamble
- Mike L. read the February minutes
- Steve H. read the Twelve Traditions
- Randy handed out the February Central Office report:

**February 2022 Sales Summary:**

- |                          |   |             |                |
|--------------------------|---|-------------|----------------|
| • Books: 149 (net \$253) |   | ○ Aluminum  | 161 (\$15 net) |
| • Chips: 219 (net \$127) | → | ○ Brass     | 57 (\$110 net) |
|                          |   | ○ Tri-Plate | 1 (\$ 2 net)   |

**Donations: \$ 1,119**

- Groups: 9 groups \$ 874
- District 11 \$ 100
- Individual Donation(s) \$ 145

**Office Activity: Hours: 85**

- Emails: 88
- Calls/Msgs: 43
- Office Visits: 69 (avg. weekly walk-ins = 17)

**Savings Account Statement Bal: (ending) {Goal=\$8,500\\ \$1,700 per mo. x 5 mos. operating expenses}**

January: \$ 7,101

**February: \$ 6,526 (- 8 %)**

**Checking Account Statement Balance: (ending) February \$ 1,598**

**Web Site Activity:** February Views: 2,210 Visitors: 715

**Google Business Listing Activity:** February Views: 2,005

Thank You for allowing me to be your Central Office-Ogden employee. -Randy

**<<<<<<< NEW BUSINESS >>>>>>>**

- Review 90-day projected financial outlook.
- Status of 501(c)(3) reinstatement efforts.
- Review proposed contract with, Jaunett Porter, CPA.
- Randy reported high ink costs of the donated HP printer, (\$474 yearly). He is seeking solutions.
- Review **Needed Service Positions:** (see handout)
- **ALL** Steering Committee positions still open, review position descriptions.

**Open Discussion:**

- Reports from District One and Area 69 secretaries
- Michael F: questions about pamphlet rack at Alano Club

Closed with the Responsibility Statement at 7:00 pm.

# 2022 "Pass It On"

APRIL

## AA Ogden Central Office Donations Detail 2022 Year-to-Date

Group Name	February	YTD Total
Beyond the Horizon	48.00	48.00
Clearfield Group		72.00
Courage to Change Group (R R)		22.00
Grupo Primer Paso de Ogden (SP)		45.00
Happy Group		250.00
In the Solution Group		100.00
Keep it Simple	38.88	38.88
Meat & Potatoes		188.13
Pavilion Posse Group		101.00
Primary Purpose Group (Layton)		100.00
Recovery Together Group (5)		50.00
Sat Night Alumni - ORMC	30.00	30.00
Serenity Happy Hour (Layton)	286.00	286.00
Serenity Sisters	93.13	141.13
Sunday Night Unity	172.50	172.50
Tremonton Group		400.00
Tyler Ave Group	100.00	100.00
Wed. Night Alumni - ORMC	50.75	50.75
Women's Circle of Hope	55.00	105.00
<b>Groups Sub-Total</b>	<b>874.26</b>	<b>2,300.39</b>
District 11	100.00	600.00
Individual Donation(s)	145.00	3,175.00
<b>TOTAL Donations</b>	<b>\$1,119.26</b>	<b>\$6,075.39</b>

5

### From the Book

... Few people will *sincerely* try to practice the A.A. program unless they have hit bottom. For practicing the A.A. Steps means the adoption of attitudes and *actions* that almost no alcoholic who is still drinking can dream of taking. The average alcoholic, self-centered in the extreme, doesn't care for this prospect – unless he has to do these things in order to stay alive himself.

*Twelve Steps and Twelve Traditions, Step One, pg. 24.*

AA CENTRAL OFFICE – OGDEN - 3480 WASHINGTON BLVD. SUITE 108

Office Hours: *Tuesday thru Friday 1:30 pm - 5:30 pm / Saturday 11:00 am-3:00 pm* //// *"CLOSED" Sunday & Monday*

Phone: (801)393-4728      igrcentraloffice@gmail.com



## District One Meeting Minutes for March 08, 2022

### ⓪OPENING:

Paul H. called the meeting to order at 7:02 with a moment of silence, followed by the Serenity Prayer. Sue read the GSR Preamble and Dan read the Twelve Traditions. There were two new GSRs, Katherine – Babes of Anonymity, Suzan – She Women's Group. There was one interested, Jayne. There were two visitors, David – Area 69 Alt, Delegate and Mike F. Area 69 Secretary. Those in attendance: The DCMC, 1 DCM with one excused, 1 Alt. DCM excused. 11 GSRs with 4 excused, Secretary, Treasurer, Corrections excused, Grapevine, Intergroup Logan, Literature, PI, and Treatment. Sue called the roll. The minutes were read from the February District One Meeting. They were approved with a motion from Dan and Juan 2<sup>nd</sup>.

### ⓪REPORTS

☛ PI – Juan – Did not get copy of report.

☛ CPC – Mark – Not present.

☛ Corrections – Willy

I haven't made it to the bank yet believe it or not. My goal is to make that happen this month. I stopped by Central Office and spoke with Randy about the book request and had enough in house but I hadn't made it to the bank. I called Weber County Jail twice and left messages for the program director. He called me back and told me that they are still not getting any programs in the jail. I asked him about donating literature he said everything is now digital so any literature including flyers and pamphlets can be put onto a zip drive and brought into the jail for review and if approved they will upload it to the system and all the county guests can view it on their tablets.

Nothing to report as GSR of Wednesday night stag. I will not be there tonight due to work obligations. Thanks for everything everyone.

☛ Grapevine – Krista

Grapevine report:

Printed out the Grapevine March newsletter and drew attention to the highlights: Prayer & Meditation, Podcast, and 2022 Carry the Message Project

I have old Grapevines to hand out for you to take back to your home groups (or leave in random places)

Thinking about a Grapevine Writing Workshop

Krista

☛ Treatment Jon

February - One treatment center in Ogden area agreed to monthly speaker-style meetings and first meeting held in Feb. Anticipating that more engagement will come, started a listing of volunteers willing to attend meetings in treatment centers or speak at meetings. Since COVID protocols are still major factor, am asking volunteers for vaccination status as some locations place conditions on people allowed to visit to protect the patient population.

Still no outreach done in Logan area - if there is a volunteer who can help up there, please send them my way.

Thanks for opportunity to serve,

Jon

☛ Literature – Michael –

Below are the local meetings that I was able to restock and provide literature during January:

**Alano Club Ogden** restocked again

**Keystone Recovery** - dropped in and filled up the brochure racks and left the new 12 step/traditions illustrated brochure

**Thursday Night Harrison** - refreshed literature rack and dropped off new 12 step/traditions pamphlet

**Tuesday Night Unity** - refreshed literature rack and dropped off new 12 step/traditions pamphlet

I refreshed my current inventory and will be putting in another order at the end of February. If any GSR's would like to email me with any request for literature I can add their request to my list and order in bulk so I don't wipe out Randy's supply.

I also met with John S. (treatment chair) down at the central office and provided a small inventory of brochures for his treatment centers.

Current Budget is 100% untapped. I lose my receipts and don't really try to look for them so I don't require reimbursement - it is my contribution. Hope this helps!

☛ **Intergroup Ogden** – Jennie handed out report.

☛ **Intergroup Logan** – Robert – Emailed report.

☛ **Treasurer** – Jared – Read by Paul

The District One Finances for March 2022 are as follows: The donations totaled \$133.50. The expenses totaled \$162.05; the total balance of the account this month is \$591.18, minus our \$2000 P/R. The Pink Can Money had \$0.00 in donations, interest of \$0.04. The total balance is \$996.27. The Treasurer report was approved, with a motion from Dan and Jennie 2<sup>nd</sup>.

③ **DCM reports** - No reports

⑦ **OLD BUSINESS**

Sue passed out new Guideline Books to GSRs and Standing Chairs. She will send digital copies to Logan and Ogden Intergroup. Paul will send it as attachment next month.

⑥ **NEW BUSINESS**

Dave said he loves to come to District One and hear reports. Dave and Mike talked about the agenda items.

④ **OPEN DISCUSSION – GSRS**

There was no discussion due to time and Area 69 visitors.

⑤ **OPEN POSITIONS**

Elections were opened for 5 DCMs, 6 Alt. DCMs.

No one stood.

**PLEASE TAKE THIS BACK TO YOUR GROUPS.**

⑧ **COMING SOON**

☛ **Next District Meeting – Boys and Girls Club – Apr 12 @ 07:00 pm.**

☛ **PRAASA Mar 4-6 Oregon Mar 4-6 Oregon (Area 58)**

☛ **Pre-Conference Assembly Apr 1-3 SLC (District 10)**

☛ **General Service Conference Apr 18-24 New York**

⑨ **CLOSING**

The meeting was closed at 8:12 pm with the Responsibility Statement.

Questions for Secretary Sue C. 801-388-7393 or gbutterfly2@comcast.net.

## **DISTRICT 11 GSR Meeting Minutes March 9, 2022**

Meeting opened by Kelly C. at 6:30 p.m.

### **1. Moment of Silence followed by the Serenity Prayer**

- GSR Preamble read by Angie C.
- A.A. Preamble read by Phillip W.
- 12 Traditions ready by Roxanne L.
- Welcomed GSRs & New GSRs
- Welcomed Visitors Sheryl T., David R. Jolene G., Mike F.
- Roll call was passed around by Kameron K. with a request made for updated information.
- Chad L. read treasurer's report. Motion to accept the report as read made by Sheri C. and seconded by Joe D.
- February minutes read by Kameron K. Motion to accept as read made by Tracy F. and seconded by Roxanne L.

### **2. ELECTIONS** - Open Standing Chair positions –Corrections, CPC, Literature and Alt. DCM South.

### **3. New Business** - Sheryl T. Delegate area 69 David R. Alt Delegate Mike F. Area Secretary and Jolene G Area Chair presented the agenda items for the GSR's to take back to the groups.

### **4. GSR Reports**

GSR reports were given verbally by 11 groups; Roxanne L., **It's in the Book**, attendance 20-30 1<sup>st</sup> Thursday of the month is a speaker meeting great speakers.; Sheri C. (Alt. GSR), **Serenity Happy Hour (Sunday)**, 30+ great meeting in the solution.; Joe D., **South Davis Group #1**, Small group but good.; Greg R., **Bountiful Wed. Men's**, 18-20 closed men's meeting good meeting.; Dan L., **Higher Ground Group**, 4-10 in attendance usually Friday

was 16 and Saturday was 22.; Mike E., **Saturday Morning Brotherhood**, 12-14 in attendance could use some support.; Yolande G., **Happy Group**, always full people from the treatment centers kitchen is still open.; Brian W., **In the Solution**, 20 in attendance good Group.; Ricardo B., **Not a Glum Lot**, Tuesday and Thursday 15-25 John and Adam Chair.; Phillip W., **Fly-n-high Group**, Strong meeting all positions filled.; Stacey A. **Davis Group**, 20-25 great group.

## 5. Standing Chair Reports

- Kelly C., DCMC – Attended the February committee meeting and it was presented nicely PRAASA listened great experience and great speakers from the area.
- Tracy F., DCM North – Workshop was great thanked the speakers and all that made it possible 40 in attendance. Attended the February committee meeting and is going to go to as many meetings as to help with the agenda items.
- DCM South – No Report.
- Casey W, Alt. DCM North-No Report.
- Corrections – No Report.
- Chad L., Treasurer – Gave treasures report. 1 group had a problem with the use of the pink can money 9 groups contributed to the pink can and it was voted on at this meeting.
- Ryan S., Treatment – No Report.
- Ricardo B., PI – Has been going to Libraries and schools is going to put meeting schedules there too.
- Angie C. Grapevine – GSR's take Grapevines to groups Chuy C. is taking them to the jail.
- Chuy C., BTG – He will take the Grapevines to the jail. The jail needs Big Books 20 books \$220 from the pink can. Motion by Chuy C. Seconded by Phillip W. motion was approved.
- Ogden Intergroup – not present.
- SLC Intergroup – not present.

## 6. Old Business: No old business.

**7. DISTRICT 11 Events:** Pre-Assembly Workshop the Legacy Events Center has been secured August 20-21 Tracy F will Chair, Roxanne L Hospitality and we need volunteers.

## 8. Coming soon:

- **Dist. 11 GSR Meeting – Episcopal Church of the Resurrection 1131 S. Main, Centerville, April 13<sup>th</sup>, 2022, 6:30pm**
- **Area 69 Pre-Conference Assembly- Sons of Utah Pioneers – 3301 E Louise Ave, SLC April 1-3, 2022**
- **Closed at 7:30pm with the responsibility statement.**

**"I am responsible... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."**

DCMC, Kelly C. 214-952-3782,  
District 11 Funds P.O. Box 788, Roy, UT 84067

Tracy F. 801-452-1427, DCM North  
Chris S. 801-450-5271, DCM South

**Think, Think, Think**

Ever stop to think and then forget to start again?

J.D.  
Big Lake, Minn



# 2022 "Pass It On"

APRIL

## Suggested Contributions

(from pg. 13 of AAWS Pamphlet F-3)

**50%** - Intergroup Central Office  
3480 Washington Blvd #108  
Ogden, Utah 84401

**10%** - Area 69  
P.O. Box 601  
Springville, Utah 84663

**10%** - District 11  
P.O. Box 788  
Roy, Ut 84067

OR

**10%** - District One  
P.O. Box 953  
Brigham City,  
Utah 84302

**30%** - GSO  
(New address)  
PO Box 2407  
James A Farley Station  
New York, NY 10116-2407

## > District Meetings Information <

**Many open Service positions.**  
GSR's need to be present.

➤ **District 1** – 2<sup>nd</sup> Tuesday, 7:00 PM  
Boys & Girls Club of No. Utah  
550 S. Main St.  
Brigham City

➤ **District 11** – 2<sup>nd</sup> Wednesday 6:30 PM  
Resurrection Episcopal Church  
1131 So, Main,  
Centerville

### **NEW Meeting(s)**

**Monday 4:15 pm**

**BYOB Group**  
475 E. 2600 N.  
North Ogden  
(O,D,wc)

(Weber County Library – Bottom Level)

(3/22)

Understanding means  
It **IS** about someone else.

- Bob M. 2016

## 2022 Post-Conference Assembly



**JOIN THE EXCITEMENT**

**BE INFORMED**

**MEET NEW PEOPLE**

Hosted by District 3

Friday May 20, 2022 -- Sunday May 22, 2022

Veterans Memorial Building | 380 North Main Street Spanish Fork, Utah

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AND on Zoom - Meeting ID 879 3198 3200, password 109417

**Registration \$17.00 at the door, Lunch \$7:00**

### Program:

#### Friday, May 20

6:00 pm – Registration  
6:30 pm – Skits  
7:30 pm – Meeting (Chaired by Jill H.)

#### Saturday, May 21

8:00 am – Registration  
8:30 am - GSR Orientation  
9:00 am - Area 69 Business Meeting  
12:00 pm - Lunch (served on premises)  
1:30 pm – Area 69 Business  
5:00 pm - Break for Dinner  
6:45 pm - Sobriety Countdown  
7:00 pm to 8:30 pm Roundtables  
(Panel 72 General Service Conference Theme & Presentation/Discussion Topics)

#### Sunday, May 22

9:00 am to 10:00 am – GSR, DCM, and Standing Chair Roundtables  
10:00 am to 11:00 am - Ask it Basket  
11:00 am to 12:00 am- Spiritual speaker meeting

