

# 2022 "Pass It On" FEBRUARY

FROM THE MARCH 1997 GRAPEVINE

## Nothing Left to Lose

"I spilled more than you ever drank," said a man with three years of sobriety and three million grey hairs. My alcoholic mind used that phrase to excuse my next drunk. I was fourteen years old and thought I was too young to be an alcoholic. I'm sixteen years old now and know alcoholism has no minimum age requirement. I realize that many fellow AA members have lost homes, marriages, and children to alcohol before I acquired any of those things. But I lost enough.

I drank for the first time when I was ten years old. I looked and acted sixteen at the time. I was a lot taller and more mature than the other kids. When I was drunk I could be any age I wanted. By the time I was eleven I'd do anything for any guy that would buy me a bottle. I was hanging out with twenty-year-old hookers by the time I was twelve. That was when I was put into a treatment center. I spent thirty days there learning the right answers and looking forward intently to my next drunk.

During the next year I never went anywhere without a mug full of Jack Daniels and cola. Somehow I wasn't picked up for prostitution or driving under the influence without a driver's license. I was usually the designated driver because I was the only one who wasn't passed out by the time everyone had to go home.

Again, I was put into a treatment center where I spent sixty days. There I was introduced to Alcoholics Anonymous. No way was I going to spend all my time with those old fogies. They were all over twenty-five! After my sixty days of patience, I once again went out and got plowed.

During the next six months I remember three days. Those three days were filled with suicidal thoughts that I was too scared to fulfill because I thought I'd go to hell for all the people I'd hurt. Once again I was placed in a treatment center. Once again I got drunk. I realized I might have a problem when I drank all of my friend's beer and was throwing up on his shoes.

Thanks to my many trips through treatment I decided once again to try Alcoholics Anonymous. I didn't have anything to lose. I did what people told me to do: went to ninety meetings in ninety days, got a sponsor, started to work the Steps, and read the Big Book. My sponsor said this was "willingness," but I preferred to call it "going to any lengths." I now have almost a year in Alcoholics Anonymous. I love to spend time with the people in the Fellowship whom I used to think were "old fogies." Every day I thank my Higher Power for them and their acceptance of me.

And, occasionally, when I meet someone who says they spilled more than I ever drank, I politely reply, "Perhaps if you hadn't spilled so much, you would have gotten here sooner."

BY: SUNNY B. | BOUNTIFUL, UTAH

# 2022 "Pass It On" FEBRUARY

## From the Book

"Hence genuine peace will always be a chief ingredient of AA's freedom. But let none suppose that we shrink from major conflict only because we are afraid.

Nowadays we believe we keep the peace because we love each other."

AA Co-Founder, Bill W., **November 1960**, "Freedom Under God: The Choice Is Ours", *The Language of the Heart*, pg. 319



**HAPPY**  
GROUNDHOG DAY

### **Inter Group Representative Meeting Attendance**

- Six (6) District One groups sent representatives to the January 18<sup>th</sup> IGR meeting.
- **Groups represented:** • Meat & Potatoes • Upon Awakening • Wed Night Stag • Tuesday Morgan Group • 11:59 Group • Beyond the Horizon
- The **next** scheduled **IGR Meeting** will be held at Central Office **Tuesday, February 15<sup>th</sup>**, at 6:00 pm.

## Ogden Inter Group Central Office



**CLOSED – Sunday & Monday**

- **Central Office hours:**  
**Tuesday thru Friday**  
**1:30 pm - 5:30 pm**  
**Saturday 11:00 am - 3:00 pm**

- **Ogden Central Office (801) 393-4728**  
email: [igrcentraloffice@gmail.com](mailto:igrcentraloffice@gmail.com)  
Website: <https://www.northernutahaa.org>

AA CENTRAL OFFICE – OGDEN - 3480 WASHINGTON BLVD. SUITE 108

Office Hours: **Tuesday thru Friday 1:30 pm - 5:30 pm / Saturday 11:00 am-3:00 pm** //// **"CLOSED" Sunday & Monday**

Phone: (801)393-4728      [igrcentraloffice@gmail.com](mailto:igrcentraloffice@gmail.com)

# 2022 "Pass It On" FEBRUARY

## Tuesday January 18, 2022 Ogden Intergroup Central Office IGR Meeting Minutes

**Attendees:** IGR's attending: Jon C., Steve H., Michael F., William B., Mike L., Sue C.  
Area 69 rep: Mike F. Office Mgr. Randy C.

- Randy opened the meeting at 6:00 pm.
- William read the Intergroup Service Preamble
- Mike L. read the Twelve Traditions
- Randy gave the December 2021 Central Office report:

### Sales Summary:

- Books: 123 (net \$207)
- Chips: 388 (net \$225)

○ Aluminum	287	(\$23 net)
○ Brass	94	(\$185 net)
○ Tri-Plate	7	(\$17 net)

### Donations: **\$ 1,137**

- Groups: 13 groups \$ 1,107
- Individual Donation(s) \$ 30

### Office Activity: Hours: 87

- Emails: 117
- Calls/Msgs: 37
- Office Visits: 87 (avg. weekly walk-ins = 17)

**Savings Account Statement Bal: (ending) {Goal=\$6,000 \\ \$1,500 per mo. x 4 mos. operating expenses}**

November: \$ 4,651  
December: **\$ 4,676 (+.5 %)**

**Checking Account Statement Balance: (ending) December \$ 2,303**

**Web Site Activity :** December Views 2,518

Visitors: 775

### <<<<<<<< NEW BUSINESS >>>>>>>>

1. Randy reviewed the 90-day financial outlook. Outlook excellent.
2. Review current TOTAL funds on hand, 1/18/22: \$9,951
3. Discussed Central Office pot-luck Open House, January 29, Noon to 4pm.
4. Randy distributed copies of the job descriptions for all (5) open Steering Committee service positions. Will hold elections next month, IF anyone stands for a position.
5. Announced that Nick F. has agreed to serve as our Web Servant. Thank You, Nick.

### Open Discussion:

- Mike F. announced the District 11 Workshop on Saturday, February 19, 2-4pm @So. Davis Recovery Club. Lunch will be served (see Flyer in February "Pass-It-On")
- Mike L. announced the annual Chilly Chile Cookout, February 26, Noon-4pm (see Flyer in February "Pass-It-On")
- Closed with the Responsibility Statement at 6:40 pm.

# 2022 "Pass It On" FEBRUARY

AA Ogden Central Office Donations Detail 2021 Year-to-Date		2021 12/31/2021 YTD
Group Name	December Total	Total
(All) Women's Retreat House Groups		178.00
11:59 Group		111.48
Admitted We Were Powerless		350.00
Babes of Anonymity		180.00
Bear River (7) / We Ain't Saint		150.00
Beyond the Horizon Group		204.00
Bountiful Community Group	25.00	50.00
BYOB Group	60.00	230.00
Clearfield Group		184.00
Coalville Cares		200.00
Courage to Change Group (R R)		474.00
Davis Group		400.00
Flying High Group		275.00
Grupo Primer Paso de Ogden (SP)		135.00
Higher Ground Grp-Fruit Hghts	80.00	360.00
Hill AFB Group		350.00
In the Solution Group	100.00	600.00
It's In the Book Group		153.00
Meat and Potatoes ABSI Study		288.80
Meat and Potatoes Big Book Study		288.82
New Comers Group	100.00	615.00
Pavilion Posse Group		415.00
Primary Purpose Group (Layton)		163.00
Recovery Together Group (5)		380.00
Sat Am Men's Brotherhood Group		208.00
Sat Night Alumni Grp ORMC		200.00
Serenity Sisters	31.20	344.79
Sisters' In Sobriety Group		600.00
SOUTH DAVIS#1		150.00
Stone of Sisyphus Group	128.00	418.00
Sunday Morning Serenity Grp -Ogden	40.00	560.00
Sunday Night Unity Group		33.00
Sunday Serenity Group - Layton		1,047.30
Thursday Night Harrison Group		115.00



		2021 12/31/2021 YTD
Group Name	December Total	Total
Tuesday Morgan Group		511.00
Tyler Ave Group	100.00	745.00
Upon Awakening		255.00
Valley Camp	176.04	822.17
Wed Night Stag Group	107.42	367.42
Wednesday Night Alumni ORMC	110.00	395.00
Womens Circle Of Hope	50.00	801.00
<b>Groups Sub-Total</b>	<b>1,107.66</b>	<b>14,307.78</b>
District One		540.00
Individual Donations	30.00	1,599.75
<b>TOTAL Donations</b>	<b>\$1,137.66</b>	<b>\$16,447.53</b>

# 2022 "Pass It On" FEBRUARY

## District One Meeting Minutes for January 11, 2022

### OOOPENING:

Paul H. called the meeting to order at 7:00 with a moment of silence, followed by the Serenity Prayer. Sheri read the GSR Preamble and Gonzo read the Twelve Traditions. There were three new GSRs, Wade from Sober Solutions, Luke from Bridgerland, and Elliot from Tyler Ave. There was one interested A.A. Gonzo. There were no visitors. Those in attendance: The DCMC, 2 DCM, 1 Alt. DCM excused, 15 GSRs with 1 excused, Corrections, Grapevine, Intergroup Logan, Literature, PI, Treasurer, excused, Treatment excused, and the Secretary. Sue called the roll. The minutes were read from the December District One Meeting. They were approved with a motion from Dan and David seconded it.

### REPORTS

#### ◆ Intergroup Logan – Robert

Cache Valley InterGroup 12/29/2021

Started at 7:03 PM with a moment of silence followed by The Serenity Prayer. The Twelve Traditions were read by Mitch.

In Attendance: Cecile, Suzanne, Allison, Robert, Mike, Mitch, Wenlee, Garrett, Gary, Darren, Todd, Casey, Christie. Last month's minutes were read by myself (Christie) and approved by the group.

**Chair** - Robert: Attended District meeting. See report on website.

**Treasurer** - Mike: Report attached.

It was proposed and the group voted that we open a separate account for the activities fund.

**Literature** - Garrette: Made a large purchase at SLC Central Office. Report attached.

**CPC** - Todd: Schools are closed this week, will get rack into USU next week when they open back up.

**PI** - Allison: There has been a lot of activity with the phone. I have had it for the last couple months. Lots of people are looking for meetings and sponsors.

I have a list of all the places we have racks for the next person hopefully standing for my position.

Bear River Substance Abuse

Adult probation and parole

PPSI-parole

Those are the racks I know are still out there. I have about 5 or 6 racks that can go out along with a plastic container full of pamphlets. The website and meeting guide app as of now are pretty updated, I need to add the S.H.E. Women's group new Monday meeting.

Thanks for letting me serve, Allison S. Public Information Chair

**Corrections:** The Women have been going into the jail. Anne is stepping down from scheduling.

Men are still going in on Thursdays.

No new training for going into the jail.

**Old Business:** It was proposed and voted on by the group to combine the CPC & PI positions.

All Positions open

**Chair Position** ~ Robert H. volunteered to stay on for another year.

**Treasurer** ~ Mike A. volunteered to stay on for another year.

**Literature** ~

**CPC/PI** ~ Gary S.

**Corrections** ~

**Secretary** ~

*Please let your groups know about these open positions.*

**New Business:**

Chili Cook off

**IGR's**

Darren- Sunday Literature Study Group: Attendance has been low for the past month. We are now reading the personal stories in the back of the Big Book. .

Mitch- Last Call: Attendance is good, masks at your own discretion.

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Suzanne- S.H.E. Women's Group: Attendance is good, masks are required. Adding a second meeting (Step Study) on Monday nights beginning in January.

Wenlee- Unity Group: Attendance is up, coffee provided, masks no longer required.

Cecile- Sober Cafe: Tuesday attendance is good, Thursdays need support. Masks are still required.

Closed at 8:06 PM with The Responsibility Statement.

Thanks for letting me be of service,

Christie L.

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## ☛Literature- Michael –

I was asked to restock the Alano club after I received a call from Bill Vausse, who let me know the racks were empty. I purchased 16 x 16 NEW brochures and filled both racks (upstairs and downstairs)

No reimbursement necessary - Donation from myself to AA.

Regards,

Michael Jolley

## ☛Treasurer – Jared – read by Paul

The District One Finances for December 2021 are as follows: The donations totaled \$41.48. The expenses totaled \$46.34; the total balance of the account this month is \$484.42, minus our \$2000 P/R. The Pink Can Money had \$00.00 in donations, interest of \$0.03. The total balance is \$807.60. The Treasurer report was approved, with a motion from William and Dan 2<sup>nd</sup>.

## ☛Treatment John – Report

My report - Several new treatment centers added to District list for Ogden and the Valley....outreach done mostly through phone and contact forms on their websites...mostly no response. Spirit Mountain (Eden) is interested in us bringing a meeting and it could become a regular event (watching Omicron closely). They are close to Valley camp and there may also be an opportunity to pool a single meeting. My meeting with Valley camp postponed until my covid exposure situation clears up (maybe next week). Both Spirit Mountain and Valley camp have requested literature. No new developments in Ogden and I haven't made any outreach yet in Bridgerland....if anyone has contact info for treatment centers up north, please let me know. Jon

## 🕒DCM reports

Sheri will get with Jennie to know what groups to visit. Jennie announced Feb 19 District 11 will have a Traditions Workshop. It will be help at the South Davis Recovery in Bountiful.

## 🕒OPEN DISCUSSION – GSRS

Don from Meat & Potatoes will hold a Traditions Meeting on the 3<sup>rd</sup> Monday of the month. Krista from Newcomers implemented the safety statement in their preamble. It has been read in other meetings with good results. Asked if you can ask someone to not come back because of behavior? A group conscience is needed to decide. Also, could talk to landlord to help with the issue.

## 🕒OPEN POSITIONS

Elections were opened for 5 DCMs, 6 Alt. DCMs, C.P.C., Chair Positions.

Mark stood for CPC. He qualified himself and was voted in unanimously. Thanks for your willingness to serve.

This is the first time in years that all Standing Chairs have been filled. Thanks to all who are serving.

## PLEASE TAKE THIS BACK TO YOUR GROUPS.

## 🕒NEW BUSINESS

There was no new business.

## 🕒OLD BUSINESS

There was a motion put out by Dan to table the voting on the Guideline changes until next month due to time. Don 2<sup>nd</sup>.

## 🕒COMING SOON

➡Next District Meeting – Boys and Girls Club – Feb 08 @ 07:00 pm.

➡Committee Meeting (Agenda Items) Feb 26 Farmington

➡PRAASA Mar 4-6 Oregon (Area 58)

## 🕒CLOSING

The meeting was closed at 8:00 pm with the Responsibility Statement.

Questions for Secretary Sue C. 801-388-7393 or gbutterfly2@comcast.net.

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# 2022 "Pass It On" FEBRUARY

## DISTRICT 11 GSR Meeting Minutes January 12th, 2022

Meeting opened by Tracy F at 6:30 p.m.

### 1. Moment of Silence followed by the Serenity Prayer

- GSR Preamble read by Jolene G.
- A.A. Preamble read by Lili H.
- 12 Traditions ready by Chad L.
- Welcomed GSRs & New GSRs – Joe D.
- Roll call was passed around by Kameron K. with a request made for updated information.
- Chad L. read treasurer's report. Motion to accept the report as read made by Roxanne L. and seconded by Caroline A. Area Treasure's Report read by Chad L. passed around and read Motion to accept the report as read by Phillip W. and seconded by Stacey A.
- December's minutes read by Kameron K. Motion to accept as read made by Caroline A. and seconded by Chad L.

### 2. ELECTIONS – Open Standing Chair positions –Corrections, CPC, Literature and Alt. DCM South.

### 3. PRESENTATION-No Presentation

### 4. GSR Reports

1. GSR reports were given verbally by groups; Roxanne L., **It's in the Book**, attendance 20-35 1<sup>st</sup> Thursday of the month is a speaker meeting.; Kameron K., **Serenity Happy Hour (Sunday)**, Good attendance.; Lili H., **Serenity Sisters**, Wed @ 7 p.m. growing and doing good.; Joe D., **South Davis Group #1**, Has been out of town and sick will attend usually 7-10 .; Phillip W., **Fly N High Group**, Strong meeting and healthy lots of new comers.; Jeremy (ALT GSR), **Bountiful Wed. Men's**, 15-25 Great group.; Dan L., **Higher Ground Group**, No more than 10 but a good group looking for some Grapevines.; Mike E., **Saturday Morning Brotherhood**, 9-10 every week 1 new comer 16 last week.; Brooke W., **Not a Glum Lot**, 20-25 steady in attendance Tuesday and Thursday.; Shon W., **Happy Group**, Sunday 30-50 in attendance kitchen is still open.; Stacey A., **Davis Group**, 20-25 good meeting.; Caroline A., **Women's Circle of Hope**, New comers are staying 20-25 10am Fruit Heights Mountain road church.

### Standing Chair Reports

- Kelly C., DCMC-Report given by Tracy F. District 13 Changes to Area map, Post Conference will be District 3 not District 6.
- Tracy F., DCM North – Still good to go on the Traditions workshop thankful for all the participation needs more money for food due to the kitchen at the club not available looking to cater.
- DCM South – No Report.
- Casey W, Alt. DCM North-No Report.
- Corrections – No Report.
- Chad L., Treasurer – Gave treasures report.
- Ryan S., Treatment – No Report.
- Ricardo B.,PI-Learning about the position and is getting information.
- Angie C. Grapevine – No Report.
- Chuy C., BTG – Tracy F. read email report nothing new from the jails will check in monthly to see if anything changes.
- Ogden Intergroup – not present.
- SLC Intergroup – not present.

(continued pg. 8)

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**6. Old Business:** Motion by Kameron K. to move the District GSR meeting to Episcopal Church of the Resurrection @ 1131 South Main, Centerville Seconded by Tracy F. voted on and approved the next GSR meeting on February 9, 2022 will be there.

**7. New Business.** Motion by Phillip W. to make the money available for the workshop \$200 combine the 2 workshops funds since we are only doing 1 seconded by Kameron K. approved.

**8. DISTRICT 11 Events** Roxanne L.-Gave Report District 11 did the hospitality the baked goods very good. About 70 in attendance great event.

**9. Coming soon:**

- **Dist. 11 GSR Meeting – Episcopal Church of the Resurrection 1131 S. Main, Centerville, February 9<sup>th</sup> 2022 6:30pm**
- **February 19<sup>th</sup>, 2022, District 11 Traditions Workshop**
- **Area 69 Committee Meeting – Western Park 302 E 100 S Vernal, UT 84078 – February 26<sup>th</sup> 2022**
- **Closed at 7:30pm with the responsibility statement.**

**“I am responsible... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.”**

DCMC, Kelly C. 214-952-3782, DCM North,  
Tracy F. 801-452-1427, DCM North  
Chris S. 801-450-5271 DCM South  
**District 11 Funds P.O. Box 788, Roy, UT 84067**

## Suggested Contributions

(from pg. 13 of AAWS Pamphlet F-3)

<b>50%</b> - Intergroup Central Office 3480 Washington Blvd #108 Ogden, Utah 84401	<b>10%</b> - Area 69 P.O. Box 601 Springville, Utah 84663	
<b>10%</b> - District 11 P.O. Box 788 Roy, Ut 84067	<b>OR</b>	<b>10%</b> - District One P.O. Box 953 Brigham City, Utah 84302
<b>30%</b> - GSO <b>(New address)</b> PO Box 2407 James A Farley Station New York, NY 10116-2407		

## > District Meetings Information <

**Many open Service positions.**  
GSR's need to be present.

➤ **District 1 – 2<sup>nd</sup> Tuesday, 7:00 PM**  
Boys & Girls Club of No. Utah  
550 S. Main St.  
Brigham City

➤ **District 11 – 2<sup>nd</sup> Wednesday 6:30 PM**  
Resurrection Episcopal Church  
1131 So, Main,  
Centerville

**NEW  
Address**



# 2022 "Pass It On" FEBRUARY



## **DISTRICT 11 TRADITIONS WORKSHOP**

**FEBRUARY 19, 2022**

**2:00 P.M.-4:00 P.M.**

**SOUTH DAVIS RECOVERY CLUB  
220 WEST CENTER STREET  
BOUNTIFUL UT 84019**

**ZERO DOLLARS TO ATTEND!**

**LUNCH PROVIDED BY DISTRICT 11**

**COME EAT, LEARN, LAUGH & LOVE**

# 2022 "Pass It On" FEBRUARY



## AREA 69 COMMITTEE MEETING

February 26, 2022  
Western Park (Banquet Rm 2)  
302 E. 100 S.  
Vernal, UT 84078

8:30 Registration  
9:00AM -5:00PM  
Lunch 12:00PM – 1:30PM

*Microtel by Wyndham Vernal* has offered a discounted rate of \$65/night for a double. Must call (435)781-8141 for the discounted rate booking and mention you are with the Area Committee Meeting. 1041 S. 1500 E. Vernal

**Hosted by District 8**

**Zoom Information:**  
**Zoom Room Number: 879 3198 3200**  
**Password: 109417**

# 2022 "Pass It On" FEBRUARY



## PRAASA 2022

Hosted virtually by Oregon Area 58  
with Al-Anon participation  
MARCH 4-6, 2022

Please pre-register online at [www.praasa.org](http://www.praasa.org)  
OR

Fill out registration below and mail to:  
PRAASA 2022, PO Box 966, Clackamas, OR 97015  
(Mail in deadline is Feb 20, 2022)

REGISTRATION QUESTIONS – email [registration@praasa.org](mailto:registration@praasa.org) or call 503-389-8929

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Country: \_\_\_\_\_

Phone: \_\_\_\_\_ Area #: \_\_\_\_\_

Access Needs: Spanish \_\_\_\_\_ ASL \_\_\_\_\_



Other Access Needs: \_\_\_\_\_

**AA Area/Service Position**  
Please circle all that apply:

GSR	DCM	DCMC
Alt GSR	Alt DCM	Alt DCMC
Delegate	Alt Delegate	Past Delegate
Trustee	Past Trustee	Member
Area Committee	GSB/GSO	

Check here if this your first PRAASA

Registration \_\_\_\_\_ @ \$15 = \$ \_\_\_\_\_

Other Contribution \$ \_\_\_\_\_

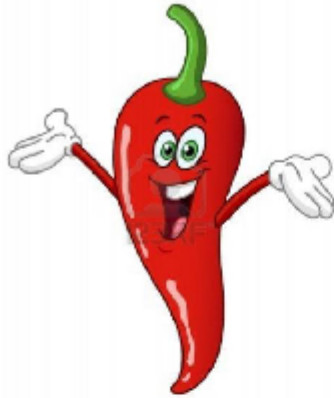
Total due \$ \_\_\_\_\_

To pay via check made out to PRAASA 2022, mail  
payment and this form to:

PRAASA 2022, PO Box 966, Clackamas, OR 97015

For Al-Anon Programming and Registration, visit <https://www.oregonal-anon.org/prasa-w-alanon>

# 2022 "Pass It On" FEBRUARY



## CHILLY CHILE COOK OUT

**FEBUARY 26th 2022**

**THE JENSEN PAVILION, UP LINE CREEK ROAD**

**2425 LINE CREEK ROAD, MORGAN, UTAH, 84050**

**OFF OF MORGAN VALLEY DRIVE BETWEEN MORGAN AND PETERSON**

**12 NOON TILL 3 OR MAYBE 4 ISH**

**SUGGESTED DONATION 3 DOLLARS PER PERSON (more or less)**

**CHILI AND TAMALES SERVED, SIDE DISHES ARE ALWAYS WELCOMED.**

**QUESTIONS PLEASE CALL OR TEXT, MIKE L. 801-645-9538 or ERIC J. 801-430-9353**

