

This Old House

There's a man here in my town who has been sober for more than twenty years. He is middle-aged and has never been married. He has friends with whom he shares and plays golf, but for some reason, he isn't sure that they love him. He has been my friend for seventeen years.

My friend has recently had a horrible few years. Health problems have plagued him and his wonderful companion, his dog, died. He was then diagnosed with cancer and had to go to a neighboring city for chemotherapy and radiation.

When one of his friends went by to see how he could help out, he found that the man had completely let his house go. It was a torn-up mess. It was sad to think of his friend returning to this house to recuperate. He put the call out to other friends in the Fellowship, and in three days they did a basic remodeling job. Plumbing was fixed, floors were replaced, blinds were bought and mounted, rooms were painted, counters and appliances were cleaned, clothing, curtains, and linens were washed and ironed, new sheets and pillows were provided, and the bed was made up. Those who could not donate time and talent donated money.

This story touches me so deeply because at one point in sobriety I was the alcoholic who was physically ill. I wanted to isolate and become a hermit as our friend did. I could actually visualize myself lying on the couch, wrapped in a blanket, never going outside again for the rest of my life. This was with several years of sobriety under my belt. Luckily, I am married and my husband wouldn't allow me to do this, but it very well could have been me living without hope.

This man will go home on Monday. None of us will be there to see his face when he arrives home. We suspect he will be embarrassed that we saw his house the way it was; and we hope he will then be grateful. The sad part of this story is that this man had been around us every day and none of us knew how much he was suffering. I pray that I will become more aware of the people around me and how I can be of service to them.

I am grateful that I got sober in a generation of AA where old-timers preached unselfishness and service to God and our fellows. I am grateful that God has helped me find my way to decent employment so that I could contribute financially to this project. All the people who were involved will surely reap the benefits of this act of love. These things happen every day in the Fellowship. This is the story of Alcoholics Anonymous.

BONNIE H. | OGDEN, UTAH

The Traditions Checklist

These questions * were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion. Each month we will publish one Tradition checklist throughout 2021 to be used as a personal Traditions inventory. How well am I living by the Traditions?

(* revised July 2018)

Tradition Nine:

AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

1. Do I try to “boss” things in AA?
2. Do I ever resist formal aspects of AA because I see them as authoritative?
3. Do I try to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?

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(next month, Tradition Ten)

2021 Pass It On September

Inter Group Representative Meeting Attendance

- **No** IGR's attended the August 17th meeting.
- *Please* send an IGR to represent your group in helping Central Office efforts to reach suffering Alcoholics.
- The next IGR Meeting will be held, in person in Suite #109 (next to Central Office), Tuesday, September 21st at 6:00 pm.

Responsibility Statement

I am responsible,
when anyone, anywhere,
reaches out for help,
I want the hand of AA
always to be there,
and for that
I am responsible.



Ogden Inter Group Central Office



CLOSED – Sunday & Monday

➤ **Central Office hours:**
Tuesday thru Friday
1:30 pm - 5:30 pm
Saturday 11:00 am - 3:00 pm

- **Ogden Central Office (801) 393-4728**
email: igrcentraloffice@gmail.com
Website: <https://www.northernutahaa.org>

2021 Pass It On September

Ogden Intergroup Central Office IGR Meeting Minutes Tuesday August 17, 2021

Attendees: Central Office Comm: Office Mgr. Randy C. // Nick D. excused
IGR's attending: None

➤ Randy opened the meeting at 6:00 pm.

July Central Office Summary:

Sales Summary: (\$ 380 net income)

- Books: 114 (\$ 222 net)
- Chips: 419 (\$ 158 net)
 - Aluminum 354
 - Brass 62
 - Tri-Plate 3

Donations: **\$ 2,596**

- Groups: 18 groups \$ 2,488
- Individual Donations \$ 108

Office Activity: Hours: 86

- Emails: 119
- Calls/Msgs: 42
- Office Visits: 60 (avg. weekly walk-ins = 12)

Savings Account Statement Balance: (ending) {Goal=\$4,500\ **\$1,500 per mo.** x 3 mos. operating expenses}

June: \$ 4,526
July: \$ 4,551 (+.5 %)

Checking Account Statement Balance: (ending) **July \$ 2,910**

Website Activity: (July) monthly "views" 3,028 "visitors" 864

Thanks for letting me be the Ogden Central Office employee. -Randy

<<<<<<<< NEW BUSINESS >>>>>>>>

1. No business was covered

➤ Randy closed the office at 6:15 pm.

A **BIG "Thanks"** to Ellis Printing for donating the printing of our monthly Newsletter!

2021 Pass It On September

AA Ogden Donations Detail			2021
2021 Year to Date		JULY	YTD
Group Name	Totals		7/31/2021
1 11:59 Group			111.48
2 Admitted We Were Powerless	150.00		300.00
3 Bear River Group			150.00
4 Beyond the Horizon Group	53.00		159.00
5 BYOB Group			130.00
6 Clearfield Group			144.00
7 Courage to Change	185.00		325.00
8 Davis Group			250.00
9 Grupo Primer Paso de Ogden (SP)	15.00		105.00
10 HAFB Group			350.00
11 Higher Ground Grp-Fruit Hghts			160.00
12 In the Solution	50.00		200.00
13 Meat & Potatoes ABSI	219.30		219.30
14 Meat & Potatoes BBS	219.31		219.31
15 New Comers Group	125.00		390.00
16 Pavilion Posse	100.00		240.00
17 Primary Purpose			75.00
18 Recovery Together	100.00		280.00
19 Sat Night Alumni Grp ORMC			200.00
20 Sat Mens Brotherhood	208.00		208.00
21 Serenity Happy Hour			489.80
22 Serenity Sisters	60.65		160.65
23 Sisters' In Sobriety Group			450.00
24 SOUTH DAVIS#1			75.00
25 Stone of Sisyphus Group			170.00
26 Sunday Morning Serenity	220.00		425.00
27 Sunday Unity Group			33.00
28 Tuesday Morgan Group			251.00
29 Tyler Ave Group	100.00		345.00
30 Upon Awakening			77.00
31 Valley Camp	115.50		212.50
32 Wed Night Stag Group	100.00		260.00
33 Womens Circle Of Hope	289.00		626.00
34 Womens Retreat House Groups	178.00		178.00
Groups Sub-total	2,487.76		7,969.04
District One			360.00
Individual Donations	108.00		1,530.00



2021 Pass It On September

DISTRICT 11 GSR Meeting Minutes August 11, 2021

Meeting opened by Kelly C. at 6:30 p.m.

1. Moment of Silence followed by the Serenity Prayer

- GSR Preamble read by Stacey A.
- A.A. Preamble read by Ryan S.
- 12 Traditions ready by Chris S.
- Welcomed GSRs & New GSRs
- Roll call was passed around by Kameron K. with a request made for updated information.
- Chad L., read treasurer's report. Motion to accept the report as read made by Tracy F. and seconded by Chris S.
- July's minutes read by Kameron K. Motion to accept as read made by Phillip W. and seconded by Chuy C.

2. ELECTIONS – Open Standing Chair positions – PI and CPC.

3. PRESENTATION-No Presentation

4. GSR Reports

1. GSR reports were given verbally by 13 groups; Roxanne L., **It's in the Book**, attendance 25-35 1st Thursday of the month is a speaker meeting, no more Zoom.; Shon W., **Happy Group**, 10:00-11:15 40-60 really good attendance big group and all positions filled kitchen is open pink can is a success.; Sherrie C. (ALT GSR), **Serenity Happy Hour (Sunday)**, 15-20 good attendance, no more zoom for now may have to bring it back.; Caroline A., **Women's Circle of Hope**, Lots of newcomers September 17-19 Retreat.; Natalie M., **Serenity Sisters**, Wed @ 7 p.m. 30+ new Secretary.; Dan L., **Higher Ground**, Monday thru Saturday Wednesday 8 in a attendance on a good day.; Greg R., **Bountiful Wednesday Men's Meeting**, 8:00-9:15 20-25 in attendance solution orientated.; Ryan S. **Bountiful Community Church**, Growing but a good meeting.; Phillip W., **Fly N High Group**, Great meeting standing room only Grapevine position filled all other positions filled.; Debbie A., **OBBSS**, 5 homegroup members 25 in person and 25 on Zoom focused solution.; Mark S. **Sunday Night BB Study Group**, Packed and doing well.; Stacey A., **Davis Group**, 20-30 in attendance 10-12 Homegroup members.; Mitch E., **South Davis Group #1**, Good attendance Al-Anon combined on the last meeting of the month.

Standing Chair Reports

- Kelly C., DCMC-Finance Committee needs to meet Aug 25th 6:35pm
- Tracy F., DCM North – Getting back on track happy to help.
- Chris S., DCM South – Visited all meetings helping every way he can.
- Casey W, Alt. DCM South-No Report.
- Debbie A., Corrections – Report given by Caroline A. full case of Big Books, Daily Reflections and Grapevines were taken to the jail still waiting to go in pink can is appreciated.
- Chad L., Treasurer – Gave written and verbal Treasurer's report.
- Ryan S., Treatment – Met with Matt at Area on a Zoom and is doing well dropped off some literature to some hospitals and Rehabs.
- Angie C., Grapevine - Sheri C. is up to date to help and willing to be Alt. for Grapevine Kameron K Motion and was Seconded by Caroline A. Voted in.
- Chuy C., BTG – Met with Tyrell inmates are having meetings on their own still looking for volunteers.

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2021 Pass It On September

(cont. from pg 6)

- Ogden Intergroup Randy C., – Showed Finances Dec 2020 -May Low funds down 35% reassured that Ogden is good, better to have a consistent monthly amount rather than a big donation.
- SLC Intergroup – not present.

6. Old Business: None

7. New Business. Based on Randy C. Phillip W. made motion that \$100 a month goes to Ogden central office and was seconded by Kameron K. and was passed it was asked that the GSR's take back to their groups and get a group conscience.

8. DISTRICT 11 Events Roxanne L. December Area Committee meeting the Legacy Events Center is reserved needs more info and needs to start to put together a committee.

9. Coming soon:

- **Pre-Assembly Workshop District 10** 3301 East Louise Ave. SLC, UT Aug 21&22
- **Dist. 11 DCM Planning Mtg - SDRC 25 N 200 W, Bountiful, UT 84010 August 25, 6:30 pm.**
- **Dist. 11 GSR Meeting - SDRC 25 N 200 W, Bountiful, UT 84010 September 8th, 6:30 pm IN THE BASEMENT.**

Closed at 7:30pm with the responsibility statement.

"I am responsible... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

DCMC, Kelly C. 214-952-3782, DCM North,

Tracy F. 801-452-1427, DCM South

Chris S. 801-450-5271

District 11 Funds P.O. Box 788, Roy, UT 84067

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District One Mtg Minutes (unavailable at time of publication)

Suggested Contributions

50% - Intergroup Central Office
3480 Washington Blvd #108
Ogden, Utah 84401

10% - Area 69
P.O. Box 601
Springville, Utah 84663

10% - District 11
P.O. Box 788
Roy, Ut 84067

OR

10% - District One
P.O. Box 953
Brigham City,
Utah 84302

30% - GSO
P.O. Box 459
Grand Central Station
New York, NY. 10163

(from pg. 13 of AAWS Pamphlet F-3)

> District Meetings Information <

Many open Service positions.

GSR's need to be present.

➤ **District 1 – 2nd Tuesday, 7:00 PM**
Boys & Girls Club
550 S. Main St. Brigham City

➤ **District 11 – 2nd Wednesday 6:30 PM**
South Davis Recovery Club
25 N. 200 W.
Bountiful

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2021 Pass It On September

We become those
things we so silently
despise.

-Bob M. 12/2010

NEW Meeting(s):

The Way Out

Monday 6:30pm

Wasatch Cowboy Church

5603 S. 6700 W. Hooper

8/21

LOCAL Online Meeting

(As reported to Central Office-Ogden)

Sunday, 10:00 am

Sunday Morning Serenity

Ogden, UT

Join Zoom Meeting

<https://us02web.zoom.us/j/77583457841?pwd=K2VwK3lXcGttKzZmU3NKcjBEbUZMdz09>

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9/21

HUMOR

Sense and nonsense on the road to recovery

Two problem drinkers were having a chat one afternoon in a tavern. One of them kept yawning and finally remarked, "My wife gets up so early in the morning that it disturbs my sleep. . .

but the money she makes from her paper route sure helps."

DON L. - ONTARIO. - Aug 1978

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