

The Other Side

My sobriety date is November 1, 2015. The reason? It was the first day I *had* to make a choice *not* to drink.

I hadn't drunk any for the previous two weeks because I had no money to buy beer, and no friends or family dumb enough to listen to my excuses/lies so I could buy more. November 1st was the day my next disability check was to be available and thus the day I had to *choose* not to drink.

Even though my drinking had cost me a well-paying Federal job, trust of family members, a near fatal car wreck with someone who was drunker than myself, more times with my head in the toilet than I care to remember and flipping myself off in my bathroom mirror on an almost hourly basis, I still chose not to stop. Talking to my "higher power"? I think it was hard for Him to take me seriously when most of the time I was drinking, I would lift a bottle (40-ounce beer-the mistress of my addiction) and toast Him with "For all that You do, this one's for You." That mistress escorted by two of her identical sisters. Twice a day.

I had tried AA before. For a few years, in fact. I attended a weekly meeting being offered at my place of employment (with hindsight I am saddened by the enthusiasm my managers expressed making sure I attended). I even made outside meetings, but though the spirit was willing, the flesh was weak, and I never made that first, and most important, commitment. I made a week here, or a month there, and got the appropriate coins, but strictly a commitment in name only. I never got "it".

In 2002 I had the aforementioned car wreck that laid me up for a month. Two years later, in 2004, the Federal Agency I was with decided it best if I retired since the accident my performance was never at an acceptable level. Thus, my drinking cost me sixteen years of a job I, for the most part, enjoyed.

The next ten years are basically a blur. Sitting around my mobile home drinking and deciding which bills needed to be paid and which I could postpone (mortgage/lot rent in the first, utilities in the second). Then that dang Higher Power showed up and said, "your way is not working, try mine this time, and do whatever they say to do". So, I did. To use a common phrase in AA: I "got so sick and tired of being sick and tired" I had to try their way as mine was *definitely not working*.

That first meeting I went to (after almost a dozen year absence) was great. No judgment, no condemnation, just love, understanding, and fellowship. At the end of the meeting, I walked up to a total stranger, who had shared a little in the meeting, and asked him a question I should have asked during my first time through AA.

"Would you be my sponsor?"

He said "yes" and it has been a wonderful journey of discovery, and self-respect since. Besides not having to stick my head in the toilet, very rarely when I look in a mirror do I see my reflection holding his middle finger up at me.

In closing, may I quote a favorite Aesop fable: "The Scorpion and the Frog"

A scorpion and a frog meet on the bank of a stream and the scorpion asks the frog to carry him across on its back. The frog asks, "How do I know you won't sting me?" The scorpion says, "Because if I do, I will die too."

(continued pg. 2)

2021 June "Pass It On"

The frog is satisfied, and they set out, but in midstream, the scorpion stings the frog. The frog feels the onset of paralysis and starts to sink, knowing they both will drown, but has just enough time to gasp "Why?"

Replies the scorpion: "It's my nature..."

As long as I rode beer's back, it would never let me get to the other side. And the other side turns out to be pretty wonderful. One Day At A Time.

Dave H.
Roy, Utah

LOCAL Online Meeting

(As reported to Central Office-Ogden)

Sunday, 10:00 am

Sunday Morning Serenity

Ogden, UT

Join Zoom Meeting

<https://us02web.zoom.us/j/77583457841?pwd=K2VwK3lXcGttKzZmU3NKcjBEbUZMdz09>

2

From the Book

"In fact, our Tradition carries the principle of independence for the individual to such an apparently fantastic length that, so long as there is the slightest interest in sobriety, the most unmoral, the most antisocial, the most critical alcoholic may gather about him a few kindred spirits and announce to us that a new Alcoholics Anonymous group has been formed. Anti-God, anti-medicine, anti-our recovery program, even anti-each other – these rampant individuals are still an AA Group if they think so!"

*AA Co-Founder, Bill W., July 1946, "The Individual in Relation to AA as a Group", **The Language of the Heart**, pg. 33*

"... provided that as a group they have no other affiliation."

*AA Co-Founder, Bill W., February 1948, "Tradition Three", **The Language of the Heart**, pg. 80*

AA CENTRAL OFFICE – 3480 WASHINGTON BLVD. SUITE 108

Office Hours: *Tuesday thru Friday 1:30 - 5:30 pm & Saturday 10:00am – 2:00pm // Sunday & Monday "CLOSED"*

Phone: (801)393-4728 igrcentraloffice@gmail.com

The Traditions Checklist

These questions * were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion. Each month we will publish one Tradition checklist throughout 2021 to be used as a personal Traditions inventory.

How well am I living by the Traditions?

Tradition Six

An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

3

- 1. Why is it important that we not get involved in outside enterprises?**
- 2. Is it ever wise for a group to lease a small building or endorse an outside event?**
- 3. Are all the officers and members of our local clubhouse familiar with "Guidelines on Clubs," which is available free from GSO?**
- 4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?**
- 5. Our group's landlord is raising money to pay for a new roof on the building. Should the group make a contribution? What if the landlord specifically asks the group to make a contribution?**

(next month, Tradition Seven)

(* revised July 2018)

2021 June "Pass It On"

Ogden Intergroup Central Office
IGR Meeting Minutes
Tuesday May 18, 2021
(The May IGR Meeting was held via Zoom)

Attendees: Central Office Comm: Mgr. Randy C.

IGR's attending: Mike L., Goose D., Lacy B. Area 69: Mike F.

Excused: Nick D.

- Randy opened the meeting at 6:00 pm.
- Mike F. read the Intergroup Service Preamble
- Mike L. read the 12 Traditions
- Randy gave the April Central Office report:

Sales Summary:

- Books: 88 (\$126 net)
- Chips: 231 (\$94 net)
 - Brass 26
 - Tri-Plate 3
 - Aluminum 202

Donations: **\$ 1,417**

- Groups: 13 groups \$ 762
- **Individual Donations \$ 655**

Office Activity: Hours: **110**

- Emails: 123
- Calls/Msgs: 40
- Office Visits: 68 (avg. weekly walk-ins = 14)

Savings Account Statement Balance: (ending) {Goal=\$4,500\}\$1,500 per mo. x 3 mos. operating expenses}

March: \$ 4,576

April: \$ 4,601 + ½ %

Checking Account Statement Balance: (ending) **March \$ 1,768**

Website Activity: monthly "views" (April) 2,796

Thanks to all of you for this opportunity to serve as the Ogden Intergroup Central Office employee. -Randy

<<<<<<<< NEW BUSINESS >>>>>>>>

1. Agreed to meet face to face for June 20 IGR meeting, location TBD.
2. Discussed low 2021 group donations to date and possibly reducing hours to a **4-day week** for July, August & September if needed.
3. Mike F. briefly discussed Sheryl T's, Post-Conference report, re: Approval of Big Book 5th Edition & Big Book Plain Language 4th Edition. (Copy of Sheryl's report available at Central Office)

Closed at 6:30 pm.

Most Solutions
We's refuse to See!
- Bob M. 2016

2021 June "Pass It On"

**AA Ogden
Donations Detail
2021 Year to Date**

2021 Year to Date		5/1/2021 2021 YTD
Group Name	APRIL Total	
1 11:59 Group		111.48
2 Admitted We Were Powerless		50.00
3 Beyond the Horizon Group		70.00
4 BYOB Group		40.00
5 Clearfield Group		57.00
6 Courage to Change	140.00	140.00
7 Davis Group		150.00
8 Grupo Primer Paso de Ogden (SP)	15.00	60.00
9 Higher Ground Grp-Fruit Hghts	80.00	160.00
10 In the Solution	50.00	50.00
11 New Comers Group		125.00
12 Pavilion Posse	130.00	140.00
13 Recovery Together		80.00
14 Sat Night Alumni Grp ORMC		200.00
15 Serenity Happy Hour		200.00
16 Serenity Sisters	20.00	60.00
17 Sisters' In Sobriety Group		300.00
18 SOUTH DAVIS#1	25.00	50.00
19 Stone of Sisyphus Group	80.00	170.00
20 Sunday Morning Serenity	5.00	5.00
21 Sunday Unity Group	33.00	33.00
22 Tuesday Morgan Group		251.00
23 Tyler Ave Group	66.50	245.00
24 Upon Awakening	77.00	77.00
25 Wed Night Stag Group		100.00
26 Womens Circle Of Hope	40.00	227.00
Groups Sub-total	761.50	3,151.48
District Donations		180.00
Individual Donations	655.00	325.00
Total Donations	1,416.50	3,656.48



Responsibility Statement

I am responsible,
when anyone, anywhere,
reaches out for help,
I want the hand of AA
always to be there,
and for that
I am responsible.



2021 June "Pass It On"

District One Meeting Minutes for May 11, 2021

⊙OPENING:

Paul H. called the meeting to order at 7:02 with a moment of silence, followed by the Serenity Prayer. Jennie B. read the GSR Preamble and Don read the Twelve Traditions. There was one new GSR, Don from Meat and Potatoes, and one Alt Gsr- Richard from Wed Night Stag. There were no interested A.A.s. There were no visitors. Those in attendance: The DCMC, 1 DCM, one excused, 8 GSRs with one excused, Intergroup Logan excused, Intergroup Ogden Excused, and the secretary. Sue called the roll. The minutes were read from the April District One meeting. They were approved with a motion from Dan and Jennie seconded it.

⊙REPORTS

☛ Intergroup Logan – Robert – read by Paul.

Cache Valley InterGroup 4/30/2021

Started at 6:31 PM with a moment of silence followed by the Serenity Prayer & The Twelve Traditions read by Patrick H. In attendance: Robert H. (Chair) Mike A. (Treasurer) Allison S. (PI) Cecile G. (IGR) Alisha G. (IGR) Todd J. (CPC) Christie L. (secretary) Clint T. (IGR) Suzanne H. (IGR) John (IGR) Patrick H. (Interested AA) We had great turnout for April. It was the first in person meeting we have had since last summer. We are still practicing covid precautions re: social distancing, masks, and we have the zoom option. Objectives: We will be maintaining our zoom link on cachevalleyaa.org indefinitely! Patrick also gave a presentation to add a second zoom link to our site for his zoom home group "aa home group.org" which is a 24/7 zoom meeting. A meeting every hour round the clock. We are all excited for this, and should be added soon!

Corrections Chair position is open, please let your groups know & if anyone is interested in standing for or wants more info on this position, come to Inter Group on the last Friday of the month either in person at the Whittier Center (masks required) or on zoom 6:30 pm.

Corrections: - Anne S. (women's jail meeting) We have been going to the Jail via google meets. We have had some technical difficulties and have worked around them, but it is far from perfect. The meetings have been still good. Last week we lost connection and the girls continued the meeting without us. When we returned they were in the middle of a share. It was great.

We have considered going in person. At this time, we only have three people who have committed to going in person. I feel we need a few more. If anyone would like to go in person, I would ask that they contact me. Some members of AA are concerned about the precautions and regulations around covid before going into the jail. I have sent an inquiry to Deputy York.

We will continue to go via google meets for the month of May. I should have sent this out before your intergroup meeting.

thank you for your service
Anne S.

IGR's

S.H.E. : Suzanne H. - Meeting on Zoom, will talk about going back to in person meetings at May's Business meeting.
Bridgerland: Clint T - Attendance and 7th tradition donations increasing. Not many people are wearing masks although it is posted that masks are suggested.

Sober Cafe: Cecile G. - Meeting strictly in person as of 5/04/21. Encouraging people to donate to GSO.

Last Call: John - Covid friendly, masks are required. Attendance is pretty solid.

Sober Solutions: Alisha G - Meeting in person & via zoom, masks are required. Donations accepted thru Venmo and can also be dropped in the basket. No coffee available.

Unity Group: Allison S - Masks required, meeting in person & well attended, zoom option is available but not well utilized.

That's it for Logan. Thanks for reading.

(continued pg. 7)

AA CENTRAL OFFICE – 3480 WASHINGTON BLVD. SUITE 108

Office Hours: Tuesday thru Friday 1:30 - 5:30 pm & Saturday 10:00am – 2:00pm // *Sunday & Monday "CLOSED"*

Phone: (801)393-4728 igrcentraloffice@gmail.com

2021 June "Pass It On"

District One Meeting Minutes (cont. from pg. 6)

• Intergroup Robert Logan IG Chair_Ogden – Randy – Excused

• Literature- Michael not present

• Treasurer – Jared

The District One Finances for May 2021 are as follows: The donations totaled \$318.78. The expenses totaled \$228.00; the total balance of the account this month is \$555.62. Minus our \$2000 P/R, the Pink Can Money had a donation of \$0.00, interest of \$0.06. The total balance is \$735.36. The Treasurer report was approved, with a motion from Dan and Don 2nd.

③OPEN DISCUSSION – GSRS

Keystone meetings are now open. Valley Camp is also open. Possibly some old meetings opening up soon.

④ELECTIONS

Elections were opened for 5 DCMs, 5 Alt. DCMs, C.P.C., Corrections, Grapevine, and PI Chair Positions. No one stood.

PLEASE TAKE THIS BACK TO YOUR GROUPS.

④OLD BUSINESS

⑤NEW BUSINESS

➔Meat and Potatoes will be sending in support. We are supposed to be doing two workshops a year. Planning on one in Oct possibly at the Alano Club. Suggested topics: New Normal in AA-Zoom meetings, Singleness of purpose, Importance of service work, and How do we go to any length.

⑥COMING SOON

➔Next District Meeting – Boys and Girls Club – **June 08 @ 07:00 pm.**

➔General Service Conference Apr 18-24

➔Post-Conference Assembly May 14-16 VIA Zoom

➔Area Standing & BTG Workshop Jun 19 District 3 Provo

⑦CLOSING

The meeting was closed at 8:00 pm with the Responsibility Statement.

Questions for secretary Sue C. 801-388-7393 or gbuterfly2@comcast.net.

7

Suggested Contributions

50% - Intergroup Central Office
3480 Washington Blvd #108
Ogden, Utah 84401

10% - Area 69
P.O. Box 601
Springville, Utah 84663

10% - District 11
P.O. Box 788
Roy, Ut 84067

OR

10% - District One
P.O. Box 953
Brigham City,
Utah 84302

30% - GSO
P.O. Box 459
Grand Central Station
New York, NY. 10163

(from pg. 13 of AAWS Pamphlet F-3)

> District Meetings Information <

Many open Service positions.
GSR's need to be present.

➤ **District 1** – 2nd Tuesday, 7:00 PM
Boys & Girls Club
550 S. Main St. Brigham City

➤ **District 11** – 2nd Wednesday 6:30 PM
South Davis Recovery Club
25 N. 200 W.
Bountiful

AA CENTRAL OFFICE – 3480 WASHINGTON BLVD. SUITE 108

Office Hours: Tuesday thru Friday 1:30 - 5:30 pm & Saturday 10:00am – 2:00pm // Sunday & Monday "CLOSED"

Phone: (801)393-4728 igrcentraloffice@gmail.com

2021 June "Pass It On"

DISTRICT 11 GSR Meeting Minutes May 12th, 2021

Meeting opened by Kelly C. at 6:30 p.m.

1. Moment of Silence followed by the Serenity Prayer

- GSR Preamble read by Phillip W.
- AA Preamble read by Casey W.
- 12 Traditions read by Mitch E.
- Kelly C. welcomed GSRs & New GSRs
- Kelly C. welcomed new visitors and interested AAs
- Roll Call - Kameron K. requested all present to review their contact information on the roll document.
- Chad L. Read treasurer's report. Motion to accept the report as read by Tracy F. and seconded by Caroline A.
- March's minutes read by Kameron K. Motion to accept as read by Debbie A. and seconded by Chris S.

2. District 11 Presentations Guidelines, Concepts or Traditions – Next month Roxanne L. will give a presentation.

3. Elections –These positions remain available; **CPC Chair & PI Chair** All remaining positions can be filled at the monthly GSR meetings.

4. GSR Reports

- GSR reports were given verbally by 13 groups; Roxanne L., **It's in the Book**, attendance up to 50 1st Thursday of the month is a speaker meeting, no more Zoom.; Shon W., **Happy Group**, 30-50 really good attendance big group and the kitchen is open.; Kameron K., **Serenity Happy Hour (Sunday)**, Good attendance, no more Zoom.; Caroline A., **Women's Circle of Hope**, Good attendance 20-25 in person people are coming back.; Jence A., **Primary Purpose**, 15-20 looking for a Alt. GSR.; Brian R., **In the Solution**, 15-30 good attendance in person.; Ricardo B., **12 O Clock High**, Alt. GSR new treasurer 15-25 in attendance.; Mitch M., **Wednesday Serenity Happy Hour**, The meeting needs consistent support 12 and 12 study.; Mitch E., **South Davis #1**, 10-15 in attendance and all service positions are filled, service project at the church May 22 9am still a mask mandate.; Dan L., **Higher Ground**, Small group 4 or 5 but a good group.; Phillip W., **Fly N High Group**, Central Office Rep filled and good attendance.; Chris R., **Bountiful Community**, A few newcomers service positions small group.; Scott H., **Not a Glum Lot**, 15-30 in attendance.; Terra L., **Ogden Big Book Step Study**, 15 in attendance Hybrid Friday 7-8:30.

5. Standing Chair Reports

- Kelly C., DCMC-No report.
- Tracy F., DCM North – 5 groups visited one group needed help with Traditions hopefully it helped.
- Chris S., DCM South – visited all but one meeting and has been helping new GSRs.
- Debbie A., Corrections –No report
- Chad L., Treasurer – Gave Treasures report.
- Julie N., Treatment – Has not been actively working on position will try to do something if not will step down.
- Angie C., Literature -Has a display board for literature.
- Chuy C., BTG – No report.

6. District 11 EVENT REPORTS:Debbie A. gave a Event Chair report before the District GSR meeting, Post Conference is this Friday, Saturday and Sunday ready to go.

(Continued pg. 9)

AA CENTRAL OFFICE – 3480 WASHINGTON BLVD. SUITE 108

Office Hours: Tuesday thru Friday 1:30 - 5:30 pm & Saturday 10:00am – 2:00pm // Sunday & Monday "CLOSED"

Phone: (801)393-4728 igrcentraloffice@gmail.com

2021 June "Pass It On"

(Cont. from pg. 8)

7. Old Business:

- None

8. New Business:

- Motion for no more Zoom by Kelly C. seconded by Tracy F. at District 11 GSR Meeting Voted and passed unanimous.
- Roxanne L. motion to be taken to Post Conference that Zoom to be discontinued at Area Functions.
- No Masks are required at Post Conference.

9. Coming Soon:

- Dist. 11 GSR Meeting - SDRC 25 N 200 W, Bountiful, UT 84010 June 9th, 6:30 pm
- Dist. 11 DCM Planning Mtg - SDRC 25 N 200 W, Bountiful, UT 84010 May 26th, 6:30pm
- Area 69 Post Conference Assembly May 14th-16th Legacy Events Center

Closed at 7:20pm with the responsibility statement.

"I am responsible... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

DCMC, Kelly C. 214-952-3782, DCM North, Tracy F. 801-452-1427, DCM South Chris S. 801-450-5271

District 11 Funds P.O. Box 788, Roy, UT 84067

HUMOR

9

My fair lady

A drunk was reading the newspaper and on page one was a picture of a controversial politician and his gorgeous wife. Jealous, the drunk turned to his wife and said, "It's unfair that the biggest jerks in the world have the most beautiful wives."

Without missing a beat, his wife smiled and replied, "Why, thank you, dear."

BY: PAUL C. | OCEANSIDE, CALIF.

AA CENTRAL OFFICE – 3480 WASHINGTON BLVD. SUITE 108

Office Hours: *Tuesday thru Friday 1:30 - 5:30 pm & Saturday 10:00am – 2:00pm // Sunday & Monday "CLOSED"*

Phone: (801)393-4728 igrcentraloffice@gmail.com

2021 June "Pass It On"

Information listed below is presented **solely** as a service to our readers, **NOT** as an endorsement by Intergroup Service of Northern Utah or Alcoholics Anonymous.

For any additional information, please contact the numbers listed below.

NORTHERN UTAH FUN IN SOBRIETY

What do you like to do?

Golf, Hiking, Skiing, Biking, Camping, Bowling Reading, Board Games or Knitting? Find new friends in sobriety that like the same thing, we are not a Glum lot, let's have fun together. Tell me what you like to do, if you are willing to put your email in the newsletter and collect names that like to do what you like to do.

I will try to put together a master list of people that are looking for other sober people to share in a sport or activity.

Contact:

Richard Blinkhorn

Text – 502-645-3236

Email – kterich@yahoo.com

6/21

10

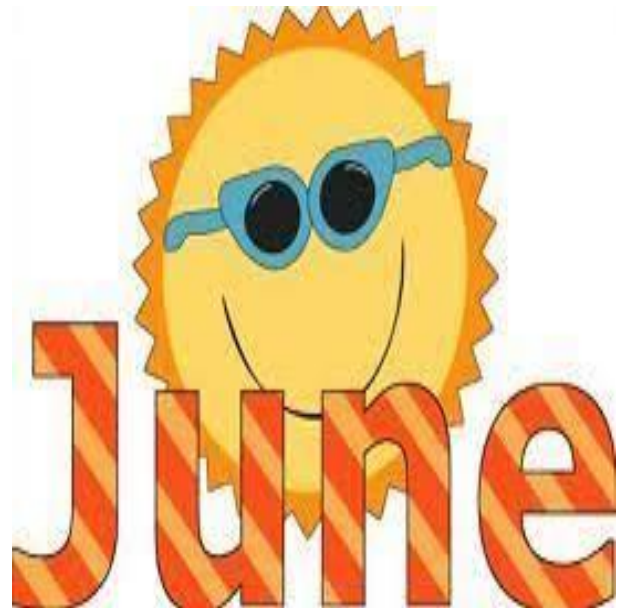
Women's Retreat House

The Women's Retreat is looking for live-In Managers.

Women must have an active 12 Step Sponsor, have 6 months sobriety, and have worked the 12 Steps as outlined in the Big Book of Alcoholics Anonymous.

For more information or if Interested, please call 801-393-0344 and ask for a Manager.

6/21



AA CENTRAL OFFICE – 3480 WASHINGTON BLVD. SUITE 108

Office Hours: *Tuesday thru Friday 1:30 - 5:30 pm & Saturday 10:00am – 2:00pm // Sunday & Monday "CLOSED"*

Phone: (801)393-4728 igrcentraloffice@gmail.com