

Unity Seldom Means That We All Agree

Tradition One

That night I left my home group business meeting in tears, after what I saw as a bitter quarrel. I was surprised to realize that what I was feeling was not anger, but fear--that this group, which had shown me love and acceptance during my first shaky weeks, might break up over minor disagreements. What would happen to me then?

Walking into the coffee shop where members of the group often met after meetings, I was startled to see those who had been most vocal in their disagreement sitting together, talking amicably, and apparently the best of friends.

Was their disagreement resolved or forgotten? Not at all. They were practicing the principles of Alcoholics Anonymous. They were placing their recovery before their personal disagreement. While they disagreed regarding what was best for the group, they were willing to allow the process of arriving at an informed group conscience to work, and then to accept that group conscience. They were able to set aside their differences while this happened and continue to care for one another and for their sobriety.

I'd like to say that I learned this lesson and was able to put it into practice immediately, but that was not the case. As usually happens, it took repetition and some sustained personal discomfort for me to learn something about unity. There inevitably came a time in my sobriety when I felt strongly about problems which I saw in my home group. Suddenly I found myself at the center of a controversy, feeling that I must defend my position and convince others that what I wanted was in the best interests of the group. After all, this was a matter of principle. I was certain that not only was my will right for me, but essential to the survival of the group (maybe even AA as a whole)!

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(cont. from pg.1)

When the group reached a decision which I believed was wrong I went through fear (what will happen to my group?), anger (how dare they do this!), guilt (I should have done more to convince them), and self-pity (they didn't vote for this because they don't like me). I wanted to run away because that had always been my response to uncomfortable emotions. But through the example of others I was able to sit still and wait.

Much to my surprise, the group didn't fail, AA as a whole didn't appear to be affected by the decision, and we all continued to stay sober. Some time later the group reversed itself and decided to change direction, handling group business in a way that I believed was more in keeping with our Twelve Traditions. Life and recovery went on and the group flourished.

What I've learned is that unity seldom means that we all agree on everything. Nor is unity served by setting aside our concerns and conforming to the majority opinion (or the vocal minority). My experience has been that unity is best achieved by a full hearing of all points of view, followed by some time for all of those involved to step back from emotional responses to the issue, as well as careful consideration and prayer for that which will best serve the group or Alcoholics Anonymous as a whole. I've also learned that when a decision is reached which doesn't work for the good of the group it can be changed. Nothing is set in stone, and we have the ability to learn from our mistakes in sobriety.

When we need to make a decision it's important for me to allow the group conscience to work and to trust in the process of applying the Twelve Traditions in making our decisions. When I'm able to do this, I feel that I'm a part of this Fellowship and that we are united in our common disease, our common solution, and our common purpose

BY: MICKEY H. | SPRINGVILLE, UTAH

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Suggested Contributions

(from pg. 13 of AAWS Pamphlet F-3)

50% - Intergroup/ Central Office
3480 Washington Blvd #108
Ogden, Utah 84401

10% - Area 69
P.O. Box 471
Fillmore, Utah 84631

30% - GSO
P.O. Box 459, Grand Central Station
New York, NY. 10163

10% - District 11
2320 Wood Hollow Way
Bountiful, UT 84010

OR
(whichever applies)

10% - District One
P.O. Box 953
Brigham City, Utah 84302



Ogden Inter Group Central Office

CLOSED – Sunday & Monday

- **Central Office hours:**
Tuesday thru Friday
1:30pm - 5:30 pm
Saturday 10:00am – 2:00pm
- **Ogden Central Office (801) 393-4728**
email: igrcentraloffice@gmail.com
Website: <https://www.northernutahaa.org>
- **Our next IGR Meeting will be held**
Tuesday, October 20th, @6:00pm.
- Steering Committee meets at 5:30 pm



Inter Group Representative Meeting Attendance

- **Five (5) District One** groups sent IGR's to the September 15th meeting.
- **Groups represented:**
 - Tuesday Morgan Group
 - Upon Awakening
 - Courage to Change
 - Wed. Night Alumni
 - Newcomers Group
- *Please send an IGR to represent your group and help Central Office serve the suffering Alcoholic.*

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Ogden Intergroup Central Office IGR Meeting Minutes Tuesday September 15, 2020

Attendees: Central Office Mgr. Randy C.; CO Chair Nick D. **IGR's attending**, Mike L. (Morgan Group), Dustin H. (Courage to Change), Mike T. (Upon Awakening), Goose D. (Newcomers Mtg), John H. (Wed. Night Alumni)

- Nick opened the meeting at 6:00 pm with a moment of silence for the still suffering alcoholic. Mike L. read the Intergroup Service preamble, John H. read the Twelve Traditions. 7th Tradition basket was passed, \$25 collected.
- Nick read the August meeting minutes.
- Randy gave the August Central Office report:

Sales Summary:

- Books: 79
- Chips: 309
 - Aluminum 230
 - Brass 76
 - Tri-Plate 3

Donations: **\$ 1,307**

- Groups: 9 groups \$ 962
- District One \$ 180
- Individual Donations \$ 165

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Office Activity: Hours: 89

- Emails: 89
- Calls/Msgs: 49
- Office Visits: 72

Savings Account Statement Balance: (ending) {Goal=\$4,500\}**\$1,500 per mo.** x 3 mos. operating expenses}

July : \$ 1,550
August: \$ 3,100 +100% (one time transfer of \$1,550)

Checking Account Statement Balance: (ending) August \$ 2,742

<<<<<<<< NEW BUSINESS >>>>>>>>

- Randy will meet with our former CPA to address non-profit revocation letter from IRS
- Mike L. announced the Tuesday Morgan Group annual "Chilly Chili Cookout" in February 2021.
- Dustin H. asked about the responsibilities of the open Member-at-Large position on the Steering Committee.
- Mike T. mentioned the new Noon meeting, "Just Because" at the Ogden Alano Club.

Nick Closed with the Responsibility Statement at 6:40 pm

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AA Ogden - Donations Detail		2020
Year-to-date thru August	8/30/2020	YTD
Group Name	August	Total
(All) Women's Retreat House Groups		200.00
Admitted We Were Powerless		100.00
Beyond the Horizon Group	49.00	145.00
BYOB Group		180.00
Clearfield Group		103.50
Courage to Change Group (R R)		63.70
Davis Group		300.00
Grupo Primer Paso de Ogden (SP)	15.00	120.00
Higher Ground Grp-Fruit Hghts	80.00	340.00
In the Solution Group		325.00
It's In the Book Group		104.00
Meat and Potatoes ABSI Study		293.14
Meat and Potatoes Big Book Study		293.14
New Comers Group	125.00	227.00
Our Ladies of the Mountain (WRH)		15.00
Pavillion Posse Group	306.00	592.00
Primary Purpose Group (Layton)		100.00
Quitting Time	130.00	338.55
Recovery Together Group (5)		100.00
Sat Am Men's Brotherhood Group		400.00
Serenity Happy Hour Group Wednes		25.00
Serenity thru the Storm		71.80
SOUTH DAVIS#1		50.00
Stone of Sisyphus Group	100.00	410.00
Sunday Night Unity Group		360.00
Sunday Serenity Happy Hour Grp		463.50
Tuesday Morgan Group		450.00
Tyler Ave Group	62.00	372.50
Upon Awakening		290.49
Valley Camp		175.00
Wed Night Stag Group		67.50
Wednesday Night Alumni ORMC		489.82
Women's Circle Of Hope	95.00	886.76
Groups Sub-Totals	962.00	8,452.40
District One	180.00	600.00
District 11		1,068.72
Individual Donation(s)	165.00	3,196.00
Donations Totals	1,307.00	13,317.12

All those pent-up
fears cannot be dealt
with by anger...
but we try.

- Bob M. 2014

THANK YOU
THANK YOU
ALL
ALL
VERY MUCH
VERY MUCH

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District One Meeting Minutes for September 10th, 2020

OPENING: Paul called the meeting to order at 6:35 Jenny read the GSR preamble and Jared read the Twelve Traditions. We Had one Interested AA's Chris from the Bridgerland group. We also had one Visitor, Kurt the Area 69 Agenda and Assemblies Chair.

REPORTS

- ❖ **Treasurer-** Jared went over his report
- ❖ **Intergroup Logan-** Robert sent a report that paul read
- ❖ **Intergroup Ogden-** Randy reported that Ogden central office is doing well and should be ok to pay the expenses through January. He is averaging about 18 walkins per week. There are still no hospital or jail meetings, but almost all of the other meetings are now open.
- ❖ **Corrections-** Bryce asked if maybe we need to ask the groups what to do with the excess pink can funds because the local jails are not currently accepting literature. Paul suggested asking if we could get grapevine magazines sent directly to the jail from GSO. Kurt mentioned that the gunnison prison is usually looking for literature donations.
- ❖ **Literature-** Shelley Informed us that she got the donated big books delivered to the Triumph youth center. She also presented the pamphlet 12 Traditions Illustrated
- ❖ **Treatment-** Janessa did not have much to report
- ❖ **DCM Report-** There were no DCM reports this month
- ❖ **GSR reports- (open discussion)** Shari R reported that Thursday Night Harrison is back to having regular meetings. Vicky A reported that Sober Solutions is now meeting at the church on 200 west Center, because their regular church is closed indefinitely.
- ❖ **OLD BUSINESS-** Open positions - no positions filled this month.
- ❖ **NEW BUSINESS-** Budget committee- Jared reported that the Committee had approved the proposed budget and gave us an overview. Pre-Assembly Workshop- Janessa was really impressed with the Zoom abilities and being able to break out into sep[er]ate round table rooms. She reported that GSO literature sales are slowly on the rise, as well as e book sales. There have been 1.1 million in individual contributions in July. The 8th floor that was used only for archives will now be used for the Grapevine also.Box 459 will change to a digital format only to help save in printing costs. She also asked if District 1 should host the Area BTG and Standing chair workshop next year? Janessa also reported that, at the Fall Assembly that will be held in Spanish fork, the Area will be asking for lists of Zoom meetings to put up on the Area meeting finder page.

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People asked about what happens if you contract Covid in an AA meeting? Jannessa asked if groups were having struggles with venues not allowing Zoom but got very little feedback. She also talked about how cool it is that we have the ability to hold meetings that can include people from across the state or even across the world.

❖ **Motion Discussion-** Paul brought up that the Brigham Alano Club had denied our request to have Zoom meetings in their facility and asked how the District wanted to proceed. Paul also stated that he had called a few places and the Brigham boys and Girls Club said they would allow the District to meet there starting in October. There was much discussion which I'm sorry I did not take notes. Ultimately it came down to a motion from Shelley A to change the guidelines to allow the District to change venues. The District agreed to meet at the Brigham boys and Girls Club in October and vote on said motion.

❖ **CLOSING** The meeting was closed at 7:37 with the Responsibility Statement.

DISTRICT 11 GSR Meeting Minutes September 9, 2020

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Meeting opened by Mike F. at 6:30 p.m.

Moment of Silence followed by the Serenity Prayer

- GSR Preamble read by Casey W.
- 12 Traditions read by Chuy C.
- Welcomed GSRs & New GSRs – no new GSRs present.
- Welcomed new visitors and interested AAs – Matt D., Area Delegate and Kristen D. Area Chair
- Roll call was taken by Tracy F., with a request made for updated information.
- Julie N., read treasurer's report. Motion to accept the report as read by Mitch E. and seconded by Chris S.
- August's minutes read by Tracy F. Motion to accept as read by Ricardo B. and seconded by Chuy C.

2. Concept 11 – Concept 11 presented by Casey W. Ricardo B. to present Concept 11 in October.

3. Elections - Matt D., Area Delegate read the District 11 Voting Guidelines and took a vote on how the group wanted to vote – all in favor of a raise of hands. Each of the position's duties were read aloud one by one. The group voted and filled 3 positions total; DCM of the North, Tracy F.; Ricardo B. for ALT DCM of the South; and PI Chair. These positions remain available; **DCMC, DCM of the South, ALT DCM of the North, Secretary, Treasurer, BTG Chair, CPC Chair, Grapevine Chair, Literature Chair and Treatment Chair.** Mike encouraged everyone to spread the word about the remaining open positions. All remaining positions can be filled at the monthly GSR meetings.

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4. GSR Reports

- GSR reports were given verbally by five groups; Chuy C., and Roxanne L. (ALT), **It's in the Book**, speaker meetings are back; Chris S., **12 O'Clock High**, live mtgs; Mitch E., **South Davis #1 Group**, active live mtgs; Casey W., **Not a Glum Lot**, still having issues with contributions not being made. Greg Rudd, Bountiful Wed PM Men's (no report given).

4. Standing Chair Reports

- Kameron K., DCM North –not present.
- Scott D., DCM South – not present.
- Kurt B., Corrections – not present.
- Lesa C., Grapevine – not present.
- Chris A., Treatment -- not present.
- Kelly C., Literature – not present.
- Mike F. reported that Intergroup Ogden will be holding their meeting on September 15, 2020 at **6:00** ~~6:30~~ p.m., and will continue to hold them the ~~second~~ **third** Tuesday of the month, same time.
- SLC Intergroup – Doug R. SLC Central doors are open regular business hours. Thanked all groups and personal donations have been appreciated - haven't had to dip into reserves. Increasing literature and coins prices has helped. Chili Cookoff October 17, 2020 at 5:30 p.m. at St. Vincent's Church at 1375 Spring Ln, SLC, more info available on the web at saltlakeaa.org.
- Mike F. – Area Events have been updated. Fall Assembly and Area Elections to be held and hosted by District 3, September 25-27th, 2020 at Spanish Fork Fairgrounds, Ponderosa Events Building, 475 South Main Street, Spanish Fork, UT, 84660. Mike asked for the District's blessing to bid for the 2022 Area 69 Fall Assembly. The group gave their blessing with a show of hands.

5. District 11 Event Reports:

- Mike F. -- Area 69 December 5, 2020, Committee Meeting "Pass the Gavel" church is rented and his event is still "a go" for now. Mike F. to send email to set up committee. Kelly sent flyer to Kurt J.

7. Old Business

- No old business to take care of.

9. New Business

- No new business to take care of.

9. Coming soon:

- District 11 DCM Planning Meeting , September 23, 2020 at 6:30 p.m. to be held at SDRC [25 North 200 West, Bountiful, UT.](#)
- [Area 69 Fall Assembly Workshop, September 25-27, 2020 @ Spanish Fork Fairgrounds, Ponderosa Events Building, 475 South Main Street, Spanish Fork, UT, 84660.](#)
- District 11 GSR Meeting, SDRC [25 North 200 West, Bountiful, UT 84010](#), October 14, 2020, 6:30 p.m.

Meeting closed at 7:35 p.m. with the Responsibility Statement.

To contact a DCM, call Mike F. 650-333-6078

[District 11 Funds: 2320 Wood Hollow Way Bountiful, Utah 84010](#)

AA CENTRAL OFFICE – 3480 WASHINGTON BLVD. SUITE 108

Office Hours: Tuesday thru Friday 1:30 - 5:30 pm & Saturday 10:00am – 2:00pm // Sunday & Monday "CLOSED"

Phone: (801)393-4728 igrcentraloffice@gmail.com

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Utah Area 69 Calendar of Events

September 25-27, 2020	Fall Assembly	District 6	Spanish Fork
November 7-8, 2020	Fall Workshop	District 2	_____
December 5, 2020	December Committee Meeting Pass the Gavel	District 11	

>> **District Information** <<

Many open Service positions.
GSR's need to be present.

- **District 1** – 2nd Thursday, 6:30PM
New Location TBA
- **District 11** – 2nd Wednesday 6:30PM
25 N. 200 W. Bountiful

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From the Book

... the difference between life and death.

... no society of men and women ever had a more urgent *need* for continuous effectiveness and permanent unity. We alcoholics see that we must work together and hang together, else most of us will finally die alone.

-Alcoholics Anonymous, 4th ed. Pg. 561

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LOCAL Online Meetings

(As reported to Central Office-Ogden)

Saturday, 10:00 am

Circle of Hope Meeting. (Women)
Fruit Heights, UT
REOCCURING- use this link every Saturday
Join Zoom Meeting
<https://zoom.us/j/7281670358>
Meeting ID: 7281670358

Sunday, 10:00 am

Sunday Serenity Happy Hour
Layton, Ut
USE THIS LINK EVERY WEEK
Join Zoom Meeting
<https://zoom.us/j/966872838>
until Jul 26, 2020,
Meeting ID: 966 872 838
Password: BILLW

Monday, Wednesday, Friday 6:30 pm

BYOB Group
Huntsville, Ut
USE THIS LINK EVERY WEEK
Join Zoom Meeting
<https://zoom.us/j/9546629858>

Saturday, 10:00 am

Men's Brotherhood Group
Ogden, UT
Join Zoom Meeting
USE THIS LINK EVERY WEEK
<https://zoom.us/j/72719673855>
Meeting ID: 727 1967 3855
Password: 767751

HUMOR ?

From the June 1979 magazine.

Once Over Lightly

RANDALL C. OF MASSACHUSETTS wrote about a toper with a different kind of problem. He was one of a pair of middle-aged men who'd been pouring them down at a tavern one night. Toward closing time, one of the duo suggested they call it quits, but the other was reluctant to leave.

"I hate to go home," he confided, "because the same thing always happens. I sneak into the house, tiptoe upstairs, and undress in the dark. But my wife always wakes up anyway, and nags me for an hour about my drinking and staying out late."

"You should try my method," said his friend. "I slam the front door, stomp upstairs, and turn on the lights. All the while, as I'm getting ready for bed, I sing at the top of my voice that old song 'I'm gonna love ya like you never been loved before'..."

--and my wife always pretends to be asleep."

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