

# "Pass It On" August 2020

FROM THE FEBRUARY 2010 GRAPEVINE MAGAZINE

## GOOD DEAL

This year I celebrated 16 years sober, for which I am forever grateful to AA. Sixteen years since the last time I was in handcuffs is definitely something to celebrate. I often look back to how I ended up in meetings and wonder how easily it could have all gone another way. I believe that my Higher Power navigated this for me, as my brain was a muddled mess when I arrived.

I did have a brief brush with AA after one of my arrests. That was followed by eight months of sobriety, getting a job, a girlfriend and an apartment--and then I got drunk. Somehow I had missed the part about how I couldn't do this alone. I've come to think that sobriety without a Higher Power is like nails on the chalkboard--extremely painful.

What happened after that relapse was another 10 months of jet-fueled pain, which led to the jumping-off point. After a suicide attempt, a cry for help to the universe and the answered prayer by way of yet another arrest, I sat looking at the continuation of wreckage in my life and I cried and cried. I couldn't manufacture my own surrender, but I was being prepared to accept the gift of surrender.

I started asking people what I should do. My lawyer said "AA," the judges had said "AA," friends and co-workers said "AA." But I knew AA wouldn't work for me, as I had gone to meetings before and still was drinking. My problem was sanity, not sobriety.

I took a trip to see the last person I really trusted, Ricky, who also happened to be my main source of narcotics--my drug dealer. I laid out my entire story to him and he listened intently and then said, with no hesitation, "You need to get back to meetings." It was the final confirmation, and my resolve crumbled. Apparently he had spent some time in AA over the years to stay out of jail, but was definitely not sober at that point. He then went on to suggest we go to one that night, a Tuesday, in Baton Rouge, La. I was pretty shaky, so he drove me to the meeting and sat in the back while I attended the meeting. It was in that meeting that something shifted and for the first time in years I felt safe.

After it was over, Ricky drove me home and, since the rest of my story is AA, I really didn't see too much of him after that. However, around my anniversary every year I think about Ricky and how easy it would have been for the conversation that day to go another way and how I could easily be drunk or dead now. I also wonder if he ever came back to AA and stayed. I have moved a lot in recovery and I really haven't kept in contact with many people in Baton Rouge. I like to think that someday I'll run into him in a meeting.

I'm extremely grateful to him for twelfth-stepping me and bringing me back to AA, where I've received mercy, love and sanity. He not only helped me reach my bottom, he showed me the way out. It is important for me to look for recovery today in every relationship and experience. The message is out there, but I have to seek it.

BILL M. | PARK CITY, UTAH

AA CENTRAL OFFICE – 3480 WASHINGTON BLVD. SUITE 108

Office Hours: Tuesday thru Friday 1:30 - 5:30 pm & Saturday 10:00am – 2:00pm // Sunday & Monday "CLOSED"

Phone: (801)393-4728    [igcentraloffice@gmail.com](mailto:igcentraloffice@gmail.com)

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## Suggested Contributions

(from pg. 13 of AAWS Pamphlet F-3)

**50%** - Intergroup/ Central Office  
3480 Washington Blvd #108  
Ogden, Utah 84401

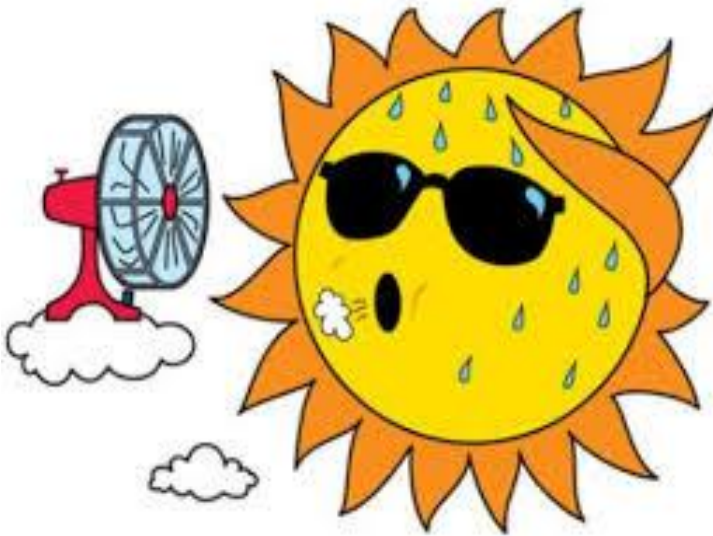
**10%** - Area 69  
P.O. Box 471  
Fillmore, Utah 84631

**30%** - GSO  
P.O. Box 459, Grand Central Station  
New York, NY. 10163

**10%** - District 11  
2320 Wood Hollow Way  
Bountiful, UT 84010

**OR**  
(whichever applies)

**10%** - District One  
P.O. Box 953  
Brigham City, Utah 84302



We are all...  
just Humans Being  
human...  
The Best way we can.

-Bob M. 2011

### IGR Meeting Attendance

- **NO** Inter Group Representative meeting was held in July. The June Central Office report can be found on page 3.



## Ogden Inter Group Central Office

- **Central Office hours:**  
Tuesday thru Friday  
1:30pm - 5:30 pm  
Saturday 10:00am – 2:00pm  
**CLOSED – Sunday & Monday**
- **Ogden Central Office (801) 393-4728**  
email: [igrcentraloffice@gmail.com](mailto:igrcentraloffice@gmail.com)  
Website: <https://www.northernutahaa.org>
- **Our next IGR Meeting will be held Tuesday August 18<sup>th</sup> at 6:30pm.**

# "Pass It On" August 2020

**To:** Central Office Committee  
**From:** Randy C., Central Office special worker  
**Date:** July 9, 2020  
**Subject:** Ogden Central Office Report for **June 2020** (COVID-19 Effects)

## Sales Summary:

- Books: 43
- Chips: 154
  - Brass 58
  - Aluminum 90
  - Tri-Plate 6

## Donations: **\$ 3,868**

- Groups: 14 groups \$ 1,774
- **Individual Donations** **\$ 1,025**
- District 11 \$ 1,068

(Individual **Personal** Donations since March 2020, \$2,775)

## Office Activity: Hours: 85

- Emails: 103
- Calls/Msgs: 75
- Visits: 62

Savings Account Statement Balance: (ending) (Goal=\$4,500\ **\$1,500 per mo.** x 3 mos. operating expenses)

May : \$ 1,250  
**June: \$ 1,275 +2 %**

Checking Account Statement Balance: (ending) **June \$ 5,208**

Ogden Central Office hours are - **Tuesday thru Friday, 1:30 – 5:30pm**  
**Saturday, 10:00 am – 2:00 pm**  
**CLOSED** – Sunday & Monday

I am sincerely thankful for the opportunity to serve the Alcoholics of Northern Utah.

Thank You, all.

# "Pass It On" August 2020

AA Ogden – Donations Detail		2020
Year-to-date thru June	6/30/2020	YTD
Group Name	June	Total
Beyond the Horizon Group		96.00
BYOB Group	130.00	183.00
Clearfield Group		103.50
Courage to Change Group (R R)		63.70
Davis Group	300.00	300.00
Grupo Primer Paso de Ogden (SP)	15.00	90.00
Higher Ground Grp-Fruit Heights	80.00	260.00
In the Solution Group	125.00	225.00
It's In the Book Group		104.00
Meat and Potatoes ABSI		204.34
Meat and Potatoes Big Book Study		204.34
New Comers Group		118.00
Our Ladies of the Mountain (WRH)		15.00
Pavillion Posse	86.00	86.00
Primary Purpose	100.00	100.00
Quitting Time		208.55
Recovery Together Group (5)		100.00
Sat Am Men's Brotherhood Group		400.00
Serenity Happy Hour Group Wed.		25.00
SOUTH DAVIS#1		50.00
Stone of Sisyphus Group	150.00	310.00
Sunday Night Unity Group		360.00
Sunday Serenity Happy Hour Grp		463.50
Tuesday Morgan Group		450.00
Tyler Ave Group		236.50
Upon Awakening	28.67	176.53
Valley Camp		175.00
Wed Night Stag Group		67.50
Wednesday Night Alumni ORMC	289.82	489.82
Women's Circle Of Hope	270.00	711.31
Womens Retreat House Groups	200.00	200.00
<b>Groups Sub-Totals</b>	<b>1,774.49</b>	<b>6,576.59</b>
District One		420.00
District 11	1,068.72	1,068.72
Individual Donations	1,025.00	2,885.00
<b>Donations Totals</b>	<b>3,868.21</b>	<b>10,950.31</b>



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# "Pass It On" August 2020

## District One Meeting Minutes for July 9, 2020

**OPENING:** Jennie called the meeting to order at 6:30 followed by a moment of silence and the serenity prayer. Janessa read the GSR preamble and Dan read the Twelve Traditions. We had one new Interested AA, Liz Paul called the roll, Those in attendance: 1 DCM, 1 Alt. DCM, Secretary, Corrections treatment, Ogden Intergroup and 6 GSR's.

### REPORTS

❖ **Treasurer-** Jared was excused absent so Paul read the report- The District One Finances for July 2020 are as follows: District 1 donations totaled \$0.00, the expenses totaled \$0.00. The total balance of the account this month is \$2,822.00, minus a \$2000 Prudent Reserve leaves an available balance of \$822.00. Pink Can donations totaled \$0.03, Pink Can Expenses were \$187.00 for a total Pink Can fund of \$457.49. Motion to accept, second and passed

❖ **Intergroup Logan-** no report

❖ **Intergroup Ogden-** Randy presented new meeting lists that highlighted In-person meetings. The Northern Utah AA.org meeting guide soon will have an option to select for In-person meetings. The AA.org Meeting Guide App is behind on updating because of Covid related struggles so there is a new meeting, Circles of Hope, that does not show up on the App but can be found on the Northern Utah AA .org website. Last month Ogden Central Office received the largest amount of donations on record. Several individuals personally donated which covers a shortfall from group generated donations.

❖ **Corrections-** Bryce used some of the pink can fund to order back issues of grapevine magazine for all of the jails in District 1.

❖ **Literature-** Shelley was excused absent

❖ **Treatment-** Janessa reported that because of covid all of the treatment centers are currently closed to outside visitors.

❖ **DCM Report-** Jennie asked about where should we suggest people donate money, if asked? Several people spoke up that local entities seem to be doing alright so GSO seems like a good place to donate, at this time.

❖ **GSR reports- (open discussion)** Michael from sober solutions mentioned that anyone looking for meetings in Cache Valley please use Cache Valley AA.org because that will be the most up to date and currently sober solutions are changing each week. Michelle from Sisters in Sobriety announced that they will be having hybrid meetings indefinitely. Randy from Ogden Central Office suggested that groups follow GSO guidelines when considering Zoom meetings. Lloyd from We Ain't Saints spoke about Zoom meetings being upsetting and feeling like they don't follow the traditions. David from Bridgerland reminded everyone about the Bridgerland campout and provided flyers to those in attendance.

# "Pass It On" August 2020

## District One Meeting Minutes (continued)

❖ **OLD BUSINESS-** Open positions - no positions filled this month.

BTG Workshop, Janessa Reported that it was presented on Zoom as well as In-person. Rick V, the District 10 BTG coordinator is still working on the statewide contact system. Jannessa also mentioned the BTG manual that can be found on the Utah AA.org website, and the Corrections Correspondence program offered by GSO. Sadly all National BTG events have been cancelled for this year. Janessa also spoke about her experience in being a speaker for this event and what it was like sharing her story of finding aa on the inside and being bridged when she got out.

❖ **NEW BUSINESS-** Lloyd mentioned that he is very interested in being a part of the District Corrections committee. Bryce and Jannessa were persuaded to represent the District at the Area 69 Pre Assembly Workshop in August

❖ **CLOSING** The meeting was closed at 7:25 with the Responsibility Statement.

## Utah Area 69 Calendar of Events

August 15-16, 2020	Pre-Assembly Workshop	District 5	<b>Price</b>
August 21-23, 2020	Pacific Regional Forum	Area 42	Las Vegas, NV
September 25-27, 2020	Fall Assembly	District 6	Salina
November 7-8, 2020	Fall Workshop	District 2	_____
December 5, 2020	December Committee Meeting	District 11	
	Pass the Gavel		

**>> District Information <<**

Many open Service positions.  
GSR's need to be present.

- **District 1** – 2<sup>nd</sup> Thursday, 6:30PM  
131 W Forest St.  
Brigham City
- **District 11** – 2<sup>nd</sup> Wednesday 6:30PM  
25 N. 200 W. Bountiful

# "Pass It On" August 2020

## LOCAL Online Meetings

(As reported to Central Office-Ogden)

### **Saturday, 10:00 am**

**Circle of Hope Meeting.** (Women)  
Fruit Heights, UT  
REOCCURRING- use this link every Saturday  
Join Zoom Meeting  
<https://zoom.us/j/7281670358>  
Meeting ID: 7281670358

### **Wednesday, 6:00 pm**

**Quitting Time Meeting [Reoccurring]**  
Layton, UT  
Join Zoom Meeting  
USE THIS LINK EVERY WEEK  
<https://zoom.us/j/279047154>  
Meeting ID: 279 047 154  
to dial in use  
+1 646 558 8656 US

### **Sunday, 10:00 am**

**Sunday Serenity Happy Hour**  
Layton, Ut  
USE THIS LINK EVERY WEEK  
Join Zoom Meeting  
<https://zoom.us/j/966872838>  
until Jul 26, 2020,  
Meeting ID: 966 872 838

### **Monday, Wednesday, Friday 6:30 pm**

**BYOB Group**  
Huntsville, Ut  
USE THIS LINK EVERY WEEK  
Join Zoom Meeting  
<https://zoom.us/j/9546629858>

"Just how and when we tell the truth – or keep silent – can often reveal the difference between genuine integrity and none at all."

AA Co-Founder, Bill W., Aug 1961,  
"This Matter of Honesty", The Best of Bill, p.27

### **Wednesday, 8:00 pm**

**Wed. Night Stag Group** (Men)  
Ogden, UT  
Join Zoom Meeting  
USE THIS LINK EVERY WEEK  
<https://us04web.zoom.us/j/856244113>  
Meeting ID: 856 244 113

### **Saturday, 10:00 am**

**Men's Brotherhood Group**  
Ogden, UT  
Join Zoom Meeting  
USE THIS LINK EVERY WEEK  
<https://zoom.us/j/72719673855>  
Meeting ID: 727 1967 3855  
Password: 767751

# "Pass It On" August 2020

## HUMOR ?

"HELLO," THE WOMAN SAID. "Is this the missing persons bureau? . . .

My husband has disappeared. Can you help me find him?"

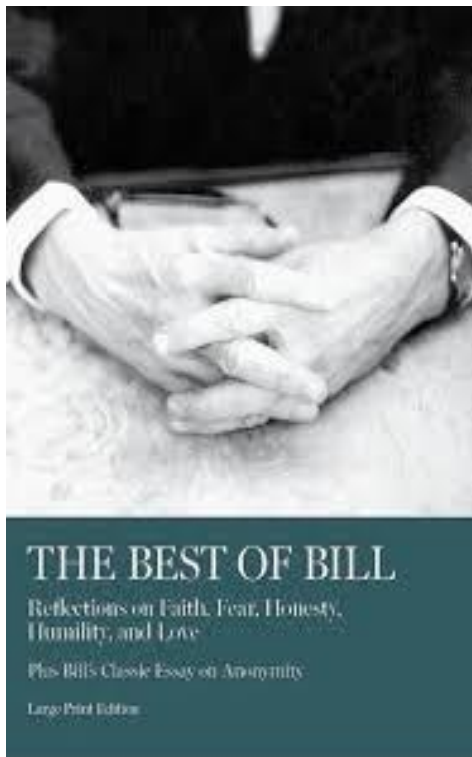
"Certainly, madam," the bureau chief said. "Can you describe him?"

"Well," the woman said, "he's short. Very fat. Bald. He likes blondes and double bourbons. He wears thick glasses, has a red nose and a high-pitched, squeaky voice.

He's... Oh, to hell with him. Never mind."

-from the April 1958 Grapevine

## Book of the Month



### "The Best of Bill"

Reflections on Faith, Fear, Honesty,  
Humility and Love.

Large Print (BB-07)	\$7.00
Pocket Size (BB-06)	\$5.75



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## DISTRICT 11 GSR Meeting Minutes July 8, 2020

Meeting opened by Mike F. at 6:30 p.m.

Moment of Silence followed by the Serenity Prayer

- GSR Preamble read by Chuy C.
- 12 Traditions ready by Lisa R.
- Welcomed GSRs & New GSRs - no new GSRs present.
- Welcomed three visitors – Dennis, Area 69 Delegate, Matt D. & Area Chair Kristen D.
- Roll call was not taken by Tracy F., but rather a request made for updated information.
- Julie N., read treasurer's report. After a clarification, motion to accept the report as read by Kam K. was made and seconded by Scott D.
- June's minutes read by Tracy F. Motion to accept (with one correction regarding masks) as read by Lisa R. and seconded by Chuy C.

**2. Concept 10** – Not presented tonight. Roxanne L. to present Concept 10 in August.

### **3. GSR Reports**

- GSR reports were given verbally by six groups; Lisa R., **Women's Circle of Hope** (moved to Mt. Road Church in Fruit Heights until DAB is open again) **live mtgs**; Chuy C., and Roxanne L. (ALT), **It's in the Book, speaker meetings are back**; Chris S., **12 O'Clock High, live mtgs**; Angie C., **Quitting Time, Zoom only**. Debbie A. (ALT) **Our Primary Purpose, live**. Caroline A. (ALT), **Higher Ground, live**.

### **4. Standing Chair Reports**

- Kameron K., DCM North – Lots to do in keeping up with changes. Hospitals may need to be looking at new places to hold meetings. Offered his help to GSRs.
- Scott D., DCM South – All meetings attended are fellowship meetings. Randy C. clarified Community Church mtg held outside. BB Study needs GSR.
- Kurt B., Corrections – excused. Sent an email to Mike F. informing him you can get into jail with SSD. Inmate counts down from 700 to 200.
- Lesa C., Grapevine – not present.
- Chris A., Treatment -- not present.
- Kelly C., Literature – not present.
- Randy C., Intergroup, Ogden – Expressed gratitude to District 11 for generous donation. Lots of generous personal donations also. He now has a full prudent reserve and believes it will carry through to October. Biggest meeting in Ogden at park by Alano Club in Ogden. Valley Camp is not holding mtgs/COVID. Gave update on Meeting Guide App, there are delays with updates due to GSO limited staff having hard time keeping up due to COVID.
- SLC Intergroup – Doug R. SLC Central doors are open regular business hours. They have had to tap into prudent reserves and can use donations. Requested District 11 send live mtg info. May have to increase cost of literature to cover expenses. Zoom URLs on website keyword "in-person" mtg.

### **5. Elections**

- Open positions available; CPC, PI and BTG. Mike F. asked if anyone was interested in standing. No takers.

### **6. District 11 Event Reports:**

- Mike F. -- Area 69 December 5, 2020, Committee Meeting – church is rented and this event is still "a go" for now. Mike F. to send email to set up committee.

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## DISTRICT 11 GSR Mtg. (continued)

### 7. Old Business

#### **Guidelines: Motions Presented by Chuy C.**

6.0 *District Finance* guideline and 6.6. *Travel Expense Defrayment (b) Lodging* guidelines.

**Currently reads:** *"Budget requests and expenditures are to be made after considering if the costs are necessary to better carry the message to the still suffering alcoholic. All disbursements of District funds require two authorized signatures except petty cash. Those authorized to sign are the DCMs, DCMC and the Treasurer.*

- Budget Committee formed - Voluntolds are Chris S., Lisa R. Julie N., and Kam K.

- Tracy F. to create flyer for elections.

- Mike F. proposed a new printing of the guidelines. He stated the supplies are already purchased. The committee agreed.

*When the District accrues more than needed to operate the excess funds will be distributed as decided by the District Committee."*

**Proposed motion to read:** *"Budget requests and expenditures are to be made after considering if the costs are necessary to better carry the message to the still suffering alcoholic. All disbursements of District funds require two authorized signatures except petty cash. Those authorized to sign are the DCMs, DCMC and the Treasurer. When the District accrues more than needed to operate the excess funds will be distributed as decided by the District Committee."*

Reasoning behind the guideline change: The service entities that may need financial help will change over time. **This motion seconded by Scott D. and passed.**

#### **6.6 Travel Expense Defrayment Item (b)**

**Currently reads:** *"b) Lodging - \$50 per night. Two nights for Area Assemblies, Workshops, and Area Committee Meetings which exceed 50 miles one way. One night for trips exceeding 100 miles round trip. If two or more people share a room the total defrayment paid shall not exceed the total cost of the room."*

**Proposed motion to read:** *"b) Lodging - \$50 per night. Two nights for Area Assemblies, Workshops, and Area Committee Meetings which exceed 50 miles one way. If two or more people share a room the total defrayment paid shall not exceed the total cost of the room."*

Reasoning behind the guideline change: The sentence " One night for trips exceeding 100 miles round trip." did not make sense. **This motion was seconded by Tracy F. and passed.**

**\*Passed guideline changes will be provided as supplements until the guidelines are reprinted.**

**8. Matt D. presented Delegate's report from his attendance at General Service Conference.**

### 9. New Business.

#### 9. Coming soon:

- District 11 GSR Meeting, SDRC [25 North 200 West, Bountiful, UT 84010](#), August 12, 2020, 6:30 p.m.

#### **(Minutes not officially approved until August 2020 District 11 GSR Meeting.)**

- District 11 DCM Planning Meeting July 22, 2020 at 6:30 p.m. to be held at SDRC [25 North 200 West, Bountiful, UT](#).
- Area 69 Pre-Assembly Workshop [655 E. Main St., Price, UT 84501](#), August 15-16th, 2020.

Meeting closed at 7:30 p.m. with the Responsibility Statement.

To contact a DCM, call Mike F. 650-333-6078

[District 11 Funds: 2320 Wood Hollow Way Bountiful, Utah 84010](#)