

March "Pass It On" 2020

<https://www.northernutahaa.org>

FROM THE JUNE 2013 GRAPEVINE

Losing my religion

The first time I tried alcohol I was 10 years old. My friend and I got hold of his mother's liquor, which she had kept under the sink. It was vodka and whiskey. I can't remember everything that happened, but I recall laughing a lot. I was 13 when I found a bottle of whiskey left behind after a party at our house and I hid it in my drawer. Again, my memory of what happened when I drank is vague, but I know I was laughing, jumping around on my bed, and falling down a lot. I woke up naked and bruised.

For three years after my 14th birthday, I consumed a lot of alcohol and weed. Public nakedness, bruises, cops, handcuffs, upset parents, more drinking, more cops, more upset parents, and legal fees became my every-day reality. Then came a brief period of sobriety while I did service outside of the country for a popular religious organization based in Utah.

I returned to the United States believing that I would live happily ever after, but that didn't happen. My curiosity led me to alcohol again. I was without defense: I took one drink, and it turned into thousands. Again, there was the inappropriate laughter, jumping around, nakedness, bruises, close calls with the cops, upset parents, bars and wild parties.

It was during this time that I found the courage to look inside myself and see that I was a homosexual and that the religion I was raised with was not the one for me. That was a painful experience filled with tears and mixed emotions. My understanding of life, God and happiness was twisted and shattered. Alcohol consumed me. I

drank, I partied, I raved. I sobbed in anger, bitterness and sorrow. A deep emptiness came over me. I would drink and laugh at parties, but inside I felt so far away and alone. Still drunk, I would wake up in the middle of the night crying, not knowing what had brought it on. There was no joy left in drinking.

I couldn't stop. I wanted to stop, but I couldn't. This perplexed me, made me laugh a little, and then it scared me. Deep inside I knew I was in something worse than a bad situation. I contacted a friend and told her what was happening to me. She shared her story with me, and I knew that she understood exactly what I was talking about. Her honesty exposed me to the cold fact that I had a progressive disease and that it would kill me if I kept drinking. I dumped the remainder of my booze, sobered up at her place for a few days, got introduced to AA, and I haven't had a drink since.

Alcoholics Anonymous has presented me with a way to live happily without drinking. I don't ever have to drink again, and I don't want to. I work the Steps and they work for me. I have respectfully set aside the religion of my upbringing and I now cherish AA's flexible understanding of a Higher Power. I am content with my sexuality. I enjoy a beautiful life today, and I owe it to the miracle of AA. It sounds too good to be true, but it's not. Reach out in humility and you will be rocketed into the fourth dimension of living

BY: TALON W. | BOUNTIFUL, UTAH

AA CENTRAL OFFICE – 3480 WASHINGTON BLVD. SUITE 108

Office Hours: Monday thru Friday 1:30 pm to 5:30 pm / Saturday & Sunday 1:30pm to 4:30 pm

Phone: (801)393-4728 igrcentraloffice@gmail.com

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Events listed on this page are presented **SOLELY** as a service to readers, **NOT as an endorsement by Alcoholics Anonymous OR Intergruop Service of Northern Utah.**

For any additional information, please contact Central Office at (801)393-4728

Email CO at igrcentraloffice@gmail.com

Central office Web Site <https://www.northernutahaa.org>

Women's Retreat House

340 W. 2550 N., Pleasant View
(801) 393-0344

The WRH has opportunity for live in (female) managers.

Alano Club **Activities**

available for rent/use (we favor recovery groups always) for dances, meetings, dinners (full kitchen and soda's) and various other events.

684 24th Street, 801-393-5054

alanoninc@gmail.com

We are a charitable entity and as such donations are needed and are tax deductible

Karaoke every Sunday 8pm

Club Dance **Every Saturday Night**

8:00pm to Midnight

(Non-Members \$2.00)

(support the Alano Club by purchasing an annual membership)

Life becomes lots simpler when we see it as it Is...

Rather than how we think we would like it to BE!

- Bob M. 2011

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Ogden Intergroup Meeting Minutes February 10, 2020

In attendance was Central Office Comm. Chair, Nick D. **(6) IGR's attending** – Mike L. (Morgan Group), John H. (Wed. Nite Alumni), Mike T. (Upon Awakening), Goose (Newcomers Group), Gerry P. (Recovery Together), Earl T. (Davis Group) // CO Mgr. Randy C., Excused.

Nick D. opened the meeting at 6:32 pm with a moment of silence for the still suffering alcoholic. Wendy read the Intergroup Service preamble, Wendy read the Twelve Traditions and the 7th tradition basket was passed, collecting \$11.

Nick D. gave the January Central Office report:

Sales Summary:

- Books: 90
- Chips: 412
 - Brass 58
 - Aluminum 351
 - Tri-Plate 3
- Pamphlets: 370

Donations: \$ 950

- Groups: 12 groups \$ 830
- District One \$ 120

<u>Office Activity:</u>	<u>Manager</u>	<u>Volunteer</u>	<u>Total</u>
<u>Hours:</u>	115	16	131
• Emails:	89	0	89
• Calls/Msgs:	77	6	83
• Visits:	94	5	99

Prudent Reserve Ending Balance: (Goal = \$4,500 \ **\$1,500 per mo.** x 3 mos operating expenses)

December:	\$ 1,425		
January:	\$ 1,150	-19 % (decrease)	-26% in 2 Months
			(May 2017 = \$1,730)

Checking Account Balance: (ending) **January \$ 1,051**

<u>Current checking balance</u>	\$ 137
QuickBooks pending	\$ 0
Deposit	\$ 0
<u>Less Accts Payable (Feb) - \$ 1,031</u> (incl. March Rent)	

Available projected month end balance = \$ - 894

Steffi & Lisa serve Saturday & Sunday from 1:30pm – 4:30pm.
Thank YOU for the opportunity to serve the Alcoholics of Northern Utah.

> Closed with the Responsibility Statement at 6:55 pm

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Service Opportunities at Central Office

- Those interested in standing for one of the following service positions should attend the March 9th, 6pm Meeting: Vice-Chair, Secretary, Member-at-Large, Treasurer, Public Information
- We ask that each Group send a representative to the Central Office Inter Group meeting the second Monday of each month at 6:30 pm.
- **Central Office hours:**
Mon thru Fri, 1:30 pm – 5:30 pm
Saturday & Sunday, 1:30 – 4:30 pm
(as volunteers allow)
- **Ogden Central Office (801) 393-4728**
email: igrcentraloffice@gmail.com
Website: <https://www.northernutahaa.org>

IGR Meeting Attendance

- **One (1) District 11 & Five (5) District One** groups sent IGR's to the February 10th meeting.
- Groups represented:
 - Newcomers Group
 - Upon Awakening
 - Wed Night Alumni
 - Tuesday Morgan Group
 - Recovery Together
 - Davis Group
- *Please* send an IGR to represent your group and help Central Office to reach the still suffering Alcoholic.

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>> District Information <<

Many open Service positions.
GSR's need to be present.

- **District 1 – 2nd Thursday, 6:30PM**
131 W Forest St.
Brigham City
- **District 11 – 2nd Wednesday 6:30PM**
25 N. 200 W.
Bountiful

Suggested Contributions

(from pg. 13 of AAWS Pamphlet F-3)

50% - Intergroup/ Central Office
3480 Washington Blvd #108
Ogden, Utah 84401

10% - Area 69
P.O. Box 471
Fillmore, Utah 84631

30% - GSO
P.O. Box 459, Grand Central Station
New York, NY. 10163

10% - District 11
2320 Wood Hollow Way
Bountiful, UT 84010

OR
(whichever applies)

10% - District One
P.O. Box 953
Brigham City, Utah 84302

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In recent months Ogden IGCO (Intergroup/Central Office) has fielded multiple questions regarding a group's ability or choice to participate in the 7th Tradition of Self-Support, as it regards Alcoholics Anonymous as a whole, locally and nationally. The editor has included the following excerpts from AAWS (AA World Service) Literature in an effort to provide explanation.

This information accompanies the 2020 Year-to-Date Donations Summary, (**which follows on the next page**).

(All of this information regarding the AA Group's 7th Tradition is available at no-charge at Ogden IGCO or can be obtained online at www.AA.org.)

Self-Support: 7th Tradition

After the group's basic needs are met, such as providing for rent, literature, refreshments, and insurance, the group can participate in the financial support of the Fellowship as a whole by sending money to various A.A. service entities:

1) their local intergroup or central office; **2)** their area and district; and **3)** the General Service Office. These entities use contributions in a number of ways, always with the aim of carrying the A.A. message to the alcoholic who still suffers

-The AA Group Treasurer, Pamphlet F-96

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Do all groups contribute to A.A.'s service entities?

No. Contributions are strictly voluntary and some groups simply cannot afford additional contributions after covering their basic needs. Additionally, there are groups who, for whatever reasons, choose not to be a part of the self-support network. These groups, nevertheless, will receive basic services from the district, area and intergroup if they wish, and are welcome to list with G.S.O., where they will receive the same basic services as other groups.

In 2017 the percentage of all listed groups who contributed to G.S.O. was 43.7%, in 2016 it was 41.5%.

-Self-Support: Where Money and Spirituality Mix, Pamphlet F-3, p. 11

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AA Intergroup Ogden Donations Detail 2020

Year-to-Date

<u>Group Name</u>	<u>January</u>
Clearfield Group	61.00
Courage to Change	63.70
Grupo Primer Paso de Ogden	15.00
In the Solution	100.00
Ladies of the Mountain	15.00
Meat & Potatoes ABSI	126.02
Meat & Potatoes Big Book	126.02
Stones of Sisyphus	90.00
Tyler Ave Group	107.50
Upon Awakening	53.59
Valley Camp	35.00
Womens Circle of Hope	37.30

11 Group(s) Sub total \$830.13

District One \$120.00

2020 YTD TOTAL **\$950.13**



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District One Meeting Minutes for February 13, 2020

OPENING: Jennie called the meeting to order at 6:30 followed by a moment of silence and the serenity prayer. Gerry read the GSR preamble and Dan read the Twelve Traditions. We had one interested AA's, L.T, Three Visitors, David, Kurt, Janae. We also had one new Alt. GSR Skylar from Unity group, Those in attendance: 1 DCM, 1 ALT. DCM, Secretary, Treasurer, Grapevine, Corrections, Literature, and 16 GSR's. Paul called the roll.

REPORTS

❖ **Treasurer** – Jared read the report- The District One Finances for February 2020 are as follows: District 1 donations totaled 0, the expenses totaled \$181.80. The total balance of the account this month is \$2,858.76, minus a \$2000 Prudent Reserve leaves an available balance of \$858.76. Pink Can donations totaled \$75.00, Pink Can Expenses were \$0.00 for a total Pink Can fund of \$405.39. Motion to accept second and passed

❖ **Intergroup Logan**- Robert, The New Chairperson for Logan Intergroup reported that they are focused on filling the few still open positions and that they are planning the annual chili cook-off for Saturday March 14th 3-6 pm at the Presbyterian church on 200 west center in Logan

❖ **Intergroup Ogden**- Randy had surgery this past week so there was no report

❖ **Corrections**- Bryce made new flyers for BTG and for creating awareness for District 1. He is also working on getting the new BTG pamphlet passed out, and getting materials that the Saturday night alumni requested because they have lots of people coming from treatment centers that are interested in BTG.

❖ **Grapevine**- Steve presented that he had received some paperwork from Grapevine Inc., but sadly he has some personal issues to attend to and will need to step down from that position

❖ **Literature**- Shelley informed us about the GSR, pamphlet, she felt it would be a good choice because we have so many new GSR's. She also stated that she reuped her supply of new GSR packets in case someone didn't get one last month.

❖ **Treatment**- Janessa was absent

❖ **DCM Report**- The DCM's had nothing to report this month.

❖ **GSR reports**- Mike from Morgan Tuesday night reported about their annual chili cook-out February 29 from noon- 3:00 In Croydon UT at the pavilion in the center of town. David from the fresh air lunch bunch brought up a concern about a shortfall in his group's contributions, several GSR's voiced that each group is self-supporting and that this would not be something the District should address. Vicky from Unity asked about using timers in meetings, several GSR's voiced opinions both for and against this practice. Sherry from Thursday night Harrison announced that they did have a break in to their facility but that they are still there and going strong

OLD BUSINESS-

❖ **Open positions** - Jennie read the open positions. No positions were filled

❖ **NEW BUSINESS**- Shelley volunteered to represent District 1 at the February Committee meeting. Blair volunteered to represent District 1 at PRAASA. Dan stated that there was a new women's sober living going to be opening on main street in Brigham. Jared asked about mileage defrayment. Shelley found it in the guidelines for him. One of our visitors, Kurt, the area 69 Assemblies and Agenda committee standing chair asked for a few minutes to present on the topic of importance of GSR's at area functions

❖ **CLOSING** The meeting was closed at 7:30 pm with the Responsibility Statement.

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DISTRICT 11 GSR Meeting Minutes February 12, 2020

Meeting opened by Mike F. at 6:35 p.m.

1. Moment of Silence followed by the Serenity Prayer

- GSR Preamble read by Chris S.
- 12 Traditions ready by Laura.
- Welcomed GSRs & New GSRs - no new GSRs present.
- Welcomed new visitors -no visitors present.
- Roll call was passed with a request made to sign and update information.
- Julie N. read treasurer's report. See note regarding workshop. Mike F. clarified budget for workshop and amount in checking. Lisa R. motioned to accept; Scott D. seconded. Treasurer's report accepted as read.
- January's minutes read by Tracy F. Scott D. noted a typo in his title. Lesa C. motioned to accept as amended, motion seconded by Kameron K. Minutes accepted as read w/ amendment.

2. Concept 6 Presented by Roxanne L. Some discussion followed by Mike F. Stacey H. will present Concept 8 at March 11th meeting.

3. GSR Reports

- GSR reports were given verbally by nine groups; Casey W., Not a Glum Lot; Chuy C. (ALT Roxanne L.), It's in the Book; Lesa C., Wed., Serenity Happy Hour; Lisa R., Women's Circle of Hope Saturday; Angie C., Quitting Time; Jeremy C., Bountiful Wed Men's.; Stacey H., Davis Group; Shon W., Happy Group; Chris S., 12 O'Clock High. No immediate issues presented.

4. Standing Chair Reports

- Kameron K., DCM North -- Been attending as many meetings as possible. Seven out of eleven groups have GSRs. The groups needing GSRs have trouble keeping them/position seems to be a revolving door.
- Scott D., DCM South -- Been attending up to nine meetings a week. Out of eight attended five have GSRs which were all present tonight, working on the others. SDRC having fundraiser speaker & dinner February 22.
- Gary J. filling in for John R., Corrections -- Got a hold of Sergeant Townsend. People with current badges are no-showing. Strongly encouraging participation by those who have badge. Mental Health is taking the Friday meeting. We are no longer doing Friday.
- Lesa C., Grapevine -- Apologized for missing last week. Presented Grapevine display.
- Chris A., Treatment -- Not present. ● Kelly C., Literature -- Excused.
- Mike F., Intergroup, Ogden -- Apologized/unable to attend January meeting, no report.
- Doug R., SLC Intergroup -- Expressed gratitude for donations. Bottom line up from last meeting; not short but also not in excess. Was corrected that literature is not sold "at cost" but rather a slight increase in cost by cents. Reported two District 11 reps at their meetings. Brought and distributed SALTYPAA and UCYPAA flyers for upcoming events in June. Reminder - International Convention happening in Detroit in July.
- Mike F., - updated group that if they get BTG requests from Bryce to send them Mike's way.

5. Elections

- Open positions available; CPC, PI and BTG. Mike F. asked if anyone was interested in standing. Casey W. expressed interest in BTG. Discussion, then tabled.

6. District 11 Event Reports:

- Kameron K. -- Read report from the Sponsorship Workshop in January. Workshop was well-attended, awesome speakers and thanked everyone. Donations made of \$304, \$60 went to Don at SDRC for providing 35 meals.
- Mike F. -- Area 69 December 5, 2020, Committee Meeting -- will follow up March 1 to Episcopal Church Resurrection at 1131 S. Main, Centerville regarding holding the event there. Discussed the idea of providing/cooking lunch for event.

7. Old Business -- Mike F. assured everyone he will review GSR reports.

8. New Business

- Scott D. -- raised issue regarding DCM Planning meeting dates and Mike F. clarified reasons why it was set the way it was. Discussion. Unanimous decision to change DCM Planning Meetings to the last Wednesday of every month at 6:30 p.m.
- Mike F. -- Asked for volunteer chairperson to form Committee regarding District 11's inventory. Lisa R. volunteered to chair. Lisa R. requested more volunteers; Casey W., Roxanne L. and Lora M. volunteered to sit on the committee. Tracy F. to send out group text to initial discussion regarding meeting/planning time and contact information.

9. Coming soon:

- District 11 DCM Planning Meeting February 26, 2020 at 6:30 p.m. & March 25, 2020 at 6:30 p.m. to be held at SDRC 25 North 200 West, Bountiful, UT.
- Dist. 11 GSR Meeting, SDRC 25 North 200 West, Bountiful, UT 84010, March 11th, 2020, 6:30 p.m.
- PRAASA Area 3 Tucson, AZ, March 6-8, 2020.
- AA International Convention, Detroit, MI, July 3-5, 2020.

Meeting closed at 7:40 p.m. with the Responsibility Statement:

"When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."

To contact a DCM, call Mike F. 650-333-6078

[District 11 Funds: 2320 Wood Hollow Way Bountiful, Utah 84010](https://www.northernutahaa.org)

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HUMOR

MARCH 1996 GRAPEVINE

FOOD FOR THOUGHT:

There are two kinds of alcoholics in AA. Some are around the program, and some are committed to it. The difference?

Look at a plate of ham and eggs. The chicken was around, but the pig was committed.

BY: CHARLIE B. | WHEELING, WEST VIRGINIA.

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“Let us always love the best in others –
and never fear their worst.”

AA Co-Founder, Bill W., January 1962,
“This Matter of Fear,” The Language of the Heart

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Utah Area 69 Calendar of Events

March 6-8, 2020	PRAASA	Area 3	Tucson, AZ
April 3-5, 2020	Pre-Conference Assembly	District 1	Ogden, UT
April 19-25, 2020	General Service Conference		New York, NY
May 22-24, 2020	Post-Conference Assembly	District 5	Price, UT
June 20, 2020	Bridging the Gap Workshop	_____	_____
August 17-18, 2020	Pre-Assembly Workshop	_____	_____
September 25-27, 2020	Fall Assembly	District 6	_____
November 2-3, 2020	Fall Workshop	_____	_____
December 5, 2020	December Committee Meeting Pass the Gavel	_____	_____