



<https://www.northernutahaa.org>

*From the October 1980 Grapevine*

## Never Waste Your Time on a Drunk?

Twelfth Step - Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice in all our affairs

OCCASIONALLY, I hear someone say, "Never waste your time on a Twelfth Step call if the man is drinking." I can't go along with that; but then, I'm prejudiced. A couple of AA members "wasted their time" on me when I was drunk.

It was one gray Sunday morning when I first called AA, sick and hung-over and willing to do anything to get my wife off my back. After taking such a drastic step, I couldn't bear the prospect of confronting these people face-to-face; so by the time they arrived, I was again feeling no pain. They had a wonderful message--what I remember of it. I do remember laughing and crying and telling them what great guys they were. They stayed maybe a half hour, and didn't even flinch when I threw my arms around them and blew my boozy breath in their faces. They left some pamphlets, which I read and put in the bottom drawer of the desk. And that was the end of it. But five years later, considerably sicker in body and spirit, I knew beyond all doubt--AA was the place for me.

These fellows were so anonymous that I never saw them again, even though I told this story many times in the hope somebody would stand up and say, "That's us!" I wanted to thank them for their tolerance for a sloppy drunk and to tell them that some sobriety had eventually sprouted from that call.

There are many ways we can "waste our time" on drunks in AA. In any big-city AA office, a lot of the calls that come in are simple drunk-hauling jobs. Some guy is in the bus station and wants to get to

the detox center, or is holed up in a crummy hotel room and wants to get to the VA hospital. Lots of them are drifters, longtime drunks, and professional panhandlers. They're likely to have the remnants of a bottle of wine, hard stuff, or cough syrup that they want to polish off en route. We take on these hauling jobs just because there isn't anyone else to do it. These people seldom have any interest in AA, or even in sobering up. A waste of time? Well, at least we can carry an infinitesimally small part of the AA message: "I'm in AA, and I care enough about this sick specimen of mankind to give him a hand." Or maybe that's a big part of the message.

I've "wasted my time" carrying the message to people in a recovery center where the views of the staff about AA ranged from mild interest to active dislike. If anyone had kept a box score on the AA results, it would not have been impressive: two or three people known to be sober in AA a year or two later, a little more respect for AA on the part of the staff--that's about it. But I'd do it again.

Another way to "waste time" is to keep track of a friend who is drinking himself to death, refusing to admit even the possibility that he is an alcoholic. Or to put in an hour or so on the phone in the post-midnight hours with someone who is drunk and lonely and wants to talk.

It is often said in AA that our sobriety is miraculous because being drunk is an alcoholic's natural state. If we exclude the drunk alcoholic from our feeble attempts to carry the message, we may never get a chance at him when he's sober. My opinion--and this is strictly personal--is that no one is too far gone to soak up a little bit of the AA message.

This is my note of thanks to you two anonymous members from sixteen years ago. I hope you carried the same message to a lot of other drunks.

--R. J. - Salt Lake City, Utah



# 2019 December Pass IT On



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## AA Meetings in Need of Support

### 702 Group

Sunday, 7:00pm  
Davis Hospital, Room #1  
1600 Antelope Dr. Layton

### Wed Night Mixed Group

Wednesday 8:00 pm  
3350 Harrison Blvd. (OD)  
United Church of Christ Congregational

### Ogden Valley BYOB Group

> Thursday, 6:30 pm,  
131 S. 7400 E. Huntsville  
(Huntsville Library)  
> Sunday, 6:30 pm,  
7309 E. 200 S. Huntsville  
(Huntsville Town Hall)

### Coalville AA @ The Firehouse

Sunday, 7pm

### Our Common Solution

Wednesday 7pm  
524 N. Fairfield Rd.  
Hope Apts. in the Commons room

### Keep It Simple

1159 30th Street.  
Sunday – Noon

## **>>> District Information <<<**

Many open Service positions. GSR's need to be present.

- > **District 1** – 2<sup>nd</sup> Thursday, 6:30PM  
131 W Forest St.  
Brigham City
- > **District 11** – 2<sup>nd</sup> Wednesday 6:30PM  
25 N. 200 W.  
Bountiful

Events listed are presented **solely** as a service to readers, **not as an endorsement by Intergroup Service of Northern Utah or AA.** For any additional information, please contact Central Office at (801)393-4728

Email CO at [igrcentraloffice@gmail.com](mailto:igrcentraloffice@gmail.com)

Central office Web Site <https://www.northernutahaa.org>

## **Women's Retreat House**

has Moved to:  
340 W. 2550 N., Pleasant View

## **Alano Club** **Activities**

available for rent/use (we favor recovery groups always) for dances, meetings, dinners (full kitchen and soda's) and various other events.

684 24<sup>th</sup> Street, 801-393-5054

[alanoninc@gmail.com](mailto:alanoninc@gmail.com)

We provide free Christmas dinner. We are a charitable entity and as such donations are needed and are tax deductible

***Karaoke every Sunday 8pm***

**Club Dance Every Saturday Night**

8:00pm to Midnight

(Non-Members \$2.00)

(support the Alano Club by purchasing an annual membership)

## **Suggested Contributions**

**50%** - Intergroup/ Central Office  
3480 Washington Blvd #108  
Ogden, Utah 84401

**10%** - Area 69  
P.O. Box 471  
Fillmore, Utah 84631

**30%** - GSO  
P.O. Box 459, Grand Central Station  
New York, NY. 10163

**10%** - District 11  
2320 Wood Hollow Way  
Bountiful, UT 84010

**OR**  
(whichever applies)

**10%** - District One  
P.O. Box 953  
Brigham City, Utah 84302

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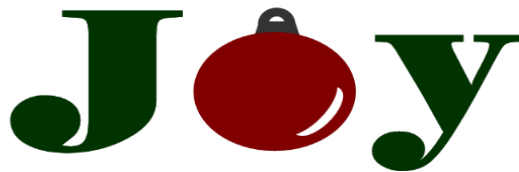


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## From the Book....

"If newcomers could see no joy or fun in our existence, they wouldn't want it. We absolutely insist on enjoying life."

- Alcoholics Anonymous, Pg.132



## IGR Meeting Attendance

- **Four (4) District One** groups sent IGR's to the November 11<sup>th</sup> meeting.
- Groups represented:
  - Courage to Change
  - Upon Awakening
  - Wed Night Alumni
  - Tuesday Morgan Group
- *Please* send an IGR to represent your group and help Central Office in reaching the still suffering Alcoholic.



## Service Opportunities at Central Office

- **Central Office hours:**  
**Mon thru Fri, 11:30 am – 5:30 pm**  
**Saturday & Sunday, 1:30 pm – 4:30 pm**
- Those interested in standing for a **Steering Committee** position should attend the **January 13<sup>th</sup> IGR Meeting**.
- We ask that each Group send a representative to the Central Office Inter Group meeting the second Monday of each month at 6:30 pm.
- **Ogden Central Office (801) 393-4728**  
[email: igrcentraloffice@gmail.com](mailto:igrcentraloffice@gmail.com)

Website: <https://www.northernutahaa.org>

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AA Ogden 2019 Year-to-Date		YTD thru 10/31/2019
Donations Detail		
Group Name	October	Total
12 O'Clock High Group		200.00
Admitted We Were Powerless		222.52
Babes of Anonymity		476.50
Beyond the Horizon Group	200.00	553.00
BYOB Group	40.00	80.00
Clearfield Group	30.00	209.50
Courage to Change Group (R R)	165.20	623.70
Davis Group		200.00
Friday Night Action Group		214.00
Friday Night SOS Clearfield		150.00
Grupo Primer Paso de Ogden (SP)	15.00	150.00
Higher Ground Group (Fruit Heights)		320.00
In the Solution Group		120.00
It's in the Book	93.55	93.55
Meat and Potatoes ABSI Study	109.71	413.99
Meat and Potatoes Big Book Study	109.71	413.98
New Comers Group		31.00
Our Ladies of the Mountain (WRH)	5.00	55.00
Primary Purpose Group (Layton)		30.00
Quitting Time		76.75
Recovery Together Group (5)		125.00
Sat Am Men's Brotherhood Group		710.00
Sat Night Alumni Group ORMC		565.00
Serenity thru the Storm		4.00
Sisters' In Sobriety Group		184.95
SOUTH DAVIS#1		150.00
Stone of Sisyphus Group		100.00
Sunday Morning Serenity Group -		10.20
Sunday Night BB Study (Bntf)		25.00
Sunday Night Unity Group		595.00
Sunday Serenity Happy Hour Grp		433.00
Tuesday Morgan Group	200.00	200.00
Tyler Ave Group	88.00	841.00
Upon Awakening	67.30	236.49
Valley Camp	45.00	797.00
Wed Night Stag Group		30.00
Wednesday Night Alumni ORMC	200.00	950.00
Women's Circle Of Hope		150.13
Women's Retreat House Groups (All Mtgs)		1,520.00
<b>Group Total</b>	<b>1,368.47</b>	<b>12,260.26</b>
District One	60.00	540.00
Individual Donation(s)		214.00
<b>Total 2019 YTD Donations</b>		<b>\$13,014.26</b>





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## December "Birthdays"

### Upon Awakening

Daniel A. - Dec. 6 - 9 months

Alton M. - Dec. 28 - 1 year

Shelly B. - Dec. 31 - 1 Year

### In the Book

Jim M. - Dec. 15 - 34 years

## HUMOR

### Tough love

Three drunks were sitting at a bar bragging about how they had trained their wives.

The first drunk married a woman from Idaho. He said he told her that she was to do the dishes and the house cleaning. It took a couple of days, but on the third day, he came home to see a clean house and all the dishes washed and put away.

The second drunk said he could beat that. He said he was married to a woman from Virginia. He gave his wife orders that she was to do all the cleaning, the dishes and the cooking. The first day he didn't see any results, but the next day things were better. By the third day, the house was clean, the dishes were done and there was a huge dinner on the table.

The third drunk married a woman from New York. He said he ordered her to keep the house cleaned, dishes washed, lawn mowed, laundry washed and hot meals on the table for every meal.

He said the first day he didn't see anything, the second day he didn't see anything, but by the third day, some of the swelling had gone down and he could see a little out of his left eye. By the fourth day he was able fix himself a sandwich and load the dishwasher.

—Bob M.  
Green Valley, Arizona



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## DISTRICT 11

### GSR Meeting Minutes November 13, 2019

Meeting opened by Mike F. at 6:30 p.m.

#### 1. Moment of Silence followed by the Serenity Prayer

- GSR Preamble read by Angie C.
- 12 Traditions ready by Ralph H.
- Welcomed GSRs & New GSRs – no new GSRs in attendance.
- Welcomed one visitor, Josh.
- Roll call was passed with a request made to update information.
- Scott D. filled in for Julie N., read treasurer’s report. Requested receipts for reimbursement. Small line item discussion. Lesa C. motioned to accept; Lisa R. seconded. Treasurer’s report accepted.
- October’s minutes read by Tracy F. Kelly C. motion to accept, seconded by Cathy D. Minutes accepted as read.

2. **Concept 5** presented by Chuy C. Laura M. posed a question regarding fear of reprisal; discussion had by group. Ralph H. volunteered to present Concept 6 at December meeting

#### 3. GSR Reports

- GSR reports were given verbally by seven groups; Angie C. **Quitting Time**; Roxanne L. **It’s in the Book**; Kelly C. **Sunday Morning Happy Hour**; Lisa R. **Circle of Hope** Cathy D. **Higher Ground**; Lesa C. **Serenity Happy Hour Wed**; Chris S. **12 O’Clock High**. No immediate issues presented.

#### 4. Standing Chair Reports

- Kameron K., DCM – January 11th at SDRC @ 1 p.m. workshop, expressed need for help in the north (DCM position open for North DC.) Working on group history and group inventory.
- John R. - Corrections; taking jail applications. Shared effect of experiences had. Strongly encouraged participation.
- Kelly C. - Literature; looking for volunteers for committee. Lisa R. and Cathy D. volunteered.
- Lesa C. - Grapevine; presented display with updated literature.
- Chris A. - Treatment; activities are spotty; New 12 step BB Workshop by Dr. Walsh at Sovegna Recovery December 5th, [850 E. 300 S. Building 1](#) 6:30-8 p.m. Open to all. Elevate your program!
- Scott D. - Alt DCM; Marathon meetings every two hours beginning at 8 a.m. Thanksgiving day - turkey, ham and all the fixings provided at South Davis Recovery Club.

#### 5. Elections

- Open positions available; DCM North, CPC and PI Chair Positions. Interested AA Dave expressed interested in helping with the PI position, ideas and suggestions discussed by the group. A copy of the District 11 Guidelines was given to Dave.

#### 6. District 11 Event Reports:

- District 11 GSR & Sponsorship Workshop January 11, 2019 at SDRC- flyers on table. Lunch provided. Mike F. presented Area 69 Fall Workshop DCMC report back from Salina; read Delegate’s report and Grapevine financials. John Area Treatment Chair is looking for BTG help and is planning to stand to host 2021 BTG National Convention.

#### 7. Old Business

- Budget Committee report given by Mike F. Motion to approve budget as is - approved.

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## DISTRICT 11

(continued)

### 8. New Business

- Mike F. suggested an increase in District 11's January workshop budget may need to be increased depending on expenditures.
- Mike F. asked for a volunteer to stand in his stead for Area December Committee Meeting - Kelly C. volunteered.
- Mike F. read current guideline Guideline 6.6. Travel Expense Defrayment, Section e.  
"e) PRAASA and Regional Forums - First consideration should be given to the DCMs followed by the DCMC. An Officer, Standing Chair or GSR may be selected at the option of the District Committee. The amount for either PRAASA or Forum, out of state is set at \$250 per event or as funding permits."
- Mike F. read proposed change to guideline to read as follows:  
"e) PRAASA and Regional Forums - First consideration should be given to the DCMs followed by the DCMC. An Officer, Standing Chair or GSR may be selected at the option of the District Committee. The amount for either PRAASA or Forum, out of state is set at \$500 per event or as funding permits."  
Financial impact is \$500 annually.
  - Mike F. made a motion to accept; John R. seconded. No discussion; motion passes.
  - Mike F. made motion to defer guideline revisions until April but until then inserts to be provided at December meeting. Tracy F. seconded; motion passed.

Jake representing YPAA present and will bring updated flyers in December for District 11.

### 9. Coming soon:

- Thanksgiving festivities and Marathon Meetings beginning at 8:00 a.m. November 28th at SDRC.
- Area Committee Meeting, December 7, 2019, District [2, 7486 Union Park Avenue, Midvale, UT.](#)
- Dist. 11 GSR Meeting, SDRC [25 North 200 West, Bountiful, UT 84010](#), December 11, 2019 6:30 p.m.
- Dist. 11 Workshop January 11, 2019 at 1:00 p.m. SDRC [25 North 200 West, Bountiful, UT.](#)  
Meeting closed at 7:45 p.m. with the Responsibility Statement:  
**"When anyone, anywhere reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."**  
To contact a DCM, call Mike F. 650-333-6078

## District One

(Meeting Minutes unavailable at time of publication)





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## Calendar of Events

### Utah Area 69

December 7, 2019	December Committee Meeting Area Inventory	District 2	Salt Lake City
February 22, 2020	February Committee Meeting	District 3	_____
March 6-8, 2020	PRAASA	Area 3	Tucson, AZ
April 3-5, 2020	Pre-Conference Assembly	District 1	Logan, UT
April 19-25, 2020	General Service Conference		New York, NY
May 22-24, 2020	Post-Conference Assembly	District 5	Price, UT
June 20, 2020	Bridging the Gap Workshop	_____	_____
August 17-18, 2020	Pre-Assembly Workshop	_____	_____
September 25-27, 2020	Fall Assembly	District 6	_____
November 2-3, 2020	Fall Workshop	_____	_____
December 5, 2020	December Committee Meeting Pass the Gavel	_____	_____

**It takes more effort to Be who we think we are,  
than whom we truly can Be.**

- Bob M. 2011



# 2019 December Pass IT On



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Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.

1



Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.

2



Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.

3



Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.

4



Find out about the special holiday parties, meetings, or other celebrations given by groups in your area, and go. If you're timid, take someone newer than you are.

5



Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.

6



If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.

7



Don't think you have to stay late. Plan in advance an "important date" you have to keep.

8



Worship in your own way.

9



Don't sit around brooding. Catch up on those books, museums, walks, and letters.

10



Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."

11



Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.

12



"Having had a..." No need to spell out the Twelfth Step here, since you already know it.



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## Central Office Ogden Holiday Open House



Saturday, December 14  
1:00 pm to 4:00 pm

Stop by for coffee, a snack, fellowship and a chuckle.

3480 Washington Blvd. #108  
Ogden, UT.

Life is Celebratory, not mandatory.

- Bob M. 2016



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## DISTRICT 11 WORKSHOP

**GET OUT OF THE COLD AND JOIN US!!!**

TWO SEPARATE TOPICS TO BE PRESENTED:

SPONSORSHIP & THE ROLE OF A GSR

**SATURDAY, JANUARY 11, 2020 @ 1:00 P.M.**

SOUTH DAVIS RECOVERY CLUB

220 WEST CENTER STREET

BOUNTIFUL UT 84010

**LUNCH BUFFET PROVIDED BY DISTRICT 11  
STEAK, POTATOES, SOUP & SALAD**

(DONATIONS APPRECIATED)



**HOPE TO SEE YOU THERE !!!!**



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