

January "PASS IT ON" 2019

<https://www.northernutahaa.org>

From the January 1992 Grapevine magazine.

What We Were Like

Fragments of AA History – Origin of the Twelve Steps

I well remember the evening on which the Twelve Steps were written. I was lying in bed quite dejected and suffering from one of my imaginary ulcer attacks. Four chapters of the book, *Alcoholics Anonymous*, had been roughed out and read in meetings in Akron and New York. We quickly found that everybody wanted to be an author. The hassles as to what should go into our new book were terrific. For example, some wanted a purely psychological book which would draw in alcoholics without scaring them. We could tell them about the "God business" afterward. A few, led by our wonderful southern friend, Fitz M., wanted a fairly religious book infused with some of the dogma we had picked up from the churches and missions which had tried to help us. The louder these arguments, the more I felt in the middle. It appeared that I wasn't going to be the author at all. I was only going to be an umpire who would decide the contents of the book. This didn't mean, though, that there wasn't terrific enthusiasm for the undertaking. Every one of us was wildly excited at the possibility of getting our message before all those countless alcoholics who still didn't know.

Having arrived at Chapter Five, it seemed high time to state what our program really was. I remember running over in my mind the word-of-mouth phrases then in current use. Jotting these down, they added up to the six named above. [1. We admitted we were powerless over alcohol; 2. We got honest with ourselves; 3. We got honest with another person, in confidence; 4. We made amends for harms done others; 5. We worked with other alcoholics without demand for prestige or money; 6. We prayed to God to help us do these things as best we could.] Then came the idea that our program ought to be more accurately and clearly stated. Distant readers would have to have a precise set of principles. Knowing the alcoholic's ability to rationalize, something airtight would have to be written.

We couldn't let the reader wiggle out anywhere. Besides, a more complete statement would help in the chapters to

come where we would need to show exactly how the recovery program ought to be worked.

At length I began to write on a cheap yellow tablet. I split the word-of-mouth program up into smaller pieces, meanwhile enlarging its scope considerably. Uninspired as I felt, I was surprised that in a short time, perhaps half an hour, I had set down certain principles which, on being counted, turned out to be twelve in number. And for some unaccountable reason, I had moved the idea of God into the Second Step, right up front. Besides, I had named God very liberally throughout the other Steps. In one of the Steps I had even suggested that the newcomer get down on his knees.

When this document was shown to our New York meeting, the protests were many and loud. Our agnostic friends didn't go at all for the idea of kneeling. Others said we were talking altogether too much about God. And anyhow, why should there be Twelve Steps when we had done five or six? Let's keep it simple, they said.

This sort of heated discussion went on for days and nights. But out of it all there came a ten-strike for Alcoholics Anonymous. Our agnostic contingent, spearheaded by Hank P. and Jim B., finally convinced us that we must make it easier for people like themselves by using such terms as "a Higher Power" or "God as we understand him." These expressions, as we so well know today, have proved lifesavers for many an alcoholic. They have enabled thousands of us to make a beginning where none could have been made had we left the Steps just as I originally wrote them. Happily for us there were no other changes in the original draft and the number of Steps still stood at twelve. Little did we guess that our Twelve Steps would soon be widely approved by clergy of all denominations, and even by our latter-day friends, the psychiatrists.

This little fragment ought to convince the most skeptical that nobody invented Alcoholics Anonymous.

It just grew by the grace of God.

~ Bill W.

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AA Meetings in need of support

Ogden Valley BYOB Group

Thursday, 6:30 pm, 131 S. 7400 E. Huntsville
(Huntsville Library)

Clearfield Group

Saturday 5:00pm
Clearfield Community Church
200 South 500 East Clearfield

Babes of Anonymity (Women)

Thursday @5:30 680 24th street (OWD)

Friday Night Action

Friday 8pm; 3329 Harrison Blvd. St Paul Lutheran Church.

Coalville AA @ The Firehouse

Sunday, 7pm

SOS Group

1579 South State, Clearfield
Friday 8:00 pm O, WC

Wed Night Mixed Gr

8:00 pm 3350 Harrison Blvd. (OD)
United Church of Christ Congregational

Admitted We Were Powerless

Saturday 7pm Elevation Church
375 South State, Clearfield

Sisters In Sobriety (Women)

Tuesday 5:00pm
5700 S. 2050 W. Roy Baptist Church

Our Common Solution

Wednesday 7pm
524 N. Fairfield Rd.
Hope Apts. in the Commons room

New Meeting

Quitting Time

Wednesday, 6pm
Davis Behavioral Health, Bldg C – Journey House
2250 N. 1700 W. Layton

*****New TIME*****

Tyler Ave. Group

Tuesdays, now at 7:00 pm

***** NEW DAY *****

BYOB Group, Huntsville Library
Now on Thursday at 6:30- pm

Events listed are presented solely as a service to readers, not as an endorsement by Intergroup Service of Northern Utah or AA. For any additional information, please contact Central Office at (801)393-4728

Email CO at igrcentraloffice@gmail.com

Central office Web Site <https://www.northernutahaa.org>

Women's Retreat House

has service opportunities for live in or for volunteer managers.

Contact: Lisa Brown @ (801) 391-8152

Alano Club Activities,

680 24th Street, 801-393-5054

Alano Club Webpage alanoninc@gmail.com

Karaoke every Sunday 8pm

Club Dance Every Saturday Night

8:00pm to Midnight

(Non-Members \$2.00)

(support the Alano Club by purchasing an annual membership)

GSO – Area 69 –

District 1, & 11 - Information

**District 1 – 2nd Thursday, 6:30PM 131W Forest St. Brigham

Many open service positions. GSR's need to be present.

*District 11 – 2nd Wednesday 6:30PM-1131 S Main St
Centerville, Utah

<<<< New Location >>>>

Sober Today Group

Wednesday, 7:00 pm, 1159 30th St. Ogden

Suggested Contributions

50% - Intergroup/ Central Office

3480 Washington Blvd #108
Ogden, Utah 84401

10% - Area 69

P.O. Box 6044
Clearfield, Utah 84089

30% - GSO

P.O. Box 459, Grand Central Station
New York, NY. 10163

10% - District 11

2320 Wood Hollow Way
Bountiful, UT 84010

OR

(whichever applies)

10% - District One

P.O. Box 953
Brigham City, Utah 84302

AA CENTRAL OFFICE (801) 393-4728 – 3480 WASHINGTON BLVD. SUITE 108

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Intergroup Meeting Minutes

December 10, 2018

In attendance were Steering Committee Members –Mike F., William B., Kelly, C., Mike W., Central Office manager – Randy C., IGR's –Earl T., Jonny, Jen, and Mac M. (Bob A. was excused)

Mike W. opened the meeting at 6:35 pm with a moment of silence for the still suffering alcoholic. William B. read the 12 Traditions and the 7th tradition basket was passed, collecting \$12.00

Mike F. read the November meeting minutes and they were approved as is.

Randy C. (Office Manager) gave the following report:

Sales Summary:

- Books: 76
- Chips: 265
 - Brass 69
 - Aluminum 192
 - Tri-Plate 4
- Pamphlets: 11

Donations: \$ 1,044

- Groups: 15 groups donated \$ 880
- Individual: 1 person donated \$ 104 (for Grapevine subscription)
- District #1: \$ 60

<u>Office Activity:</u>	<u>Manager</u>	<u>Volunteers</u>	<u>Total</u>
<u>Hours:</u>	108	12	120
• Visits:	46	8	54
• Calls/Msgs:	38	3	41
• Emails:	44		44

Prudent Reserve Balance: (Goal = \$4,800) 1,600 x 3 months (operating expenses)

Oct: \$ 575

Nov: \$ 600 (^ 4%)

(May 2017 = \$1,730)

Checking Account Balance: (averaged) November \$ 407

Current balance \$ 108

Our volunteer; Steffi P., serves Central Office from 1pm – 4pm each Saturday. No Volunteer currently on Sunday.

Thank YOU for the continued opportunity to serve Northern Utah AA and this committee.

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Intergroup Meeting Minutes (continued)

Old Business

- Grapevine Subscription:
 - A Four copy subscription, \$104, purchased through individual donation.
- Comcast Business: service began 11/22/18, **payment of \$118.50 due 12/13.**
 - Comcast ongoing monthly cost: \$84
- Purchase Software for New HP PC Workstation:
 - MS Office 365, **\$100 annually, payment due 12/13. This was paid with an individual donation**
 - .
- Holiday Office Hours were approved as follows:
 - Closed Christmas Eve (Dec 24th) and Christmas Day (Dec 25th)
- Central Office Open House: Saturday, December 15th. Noon to 4pm.
 - Randy C. will send an email to all recipients of the PIO.

New Business

- Holiday Office Hours:
 - Open for business Mon, Dec 31st and Tuesday, January 1, 2019.
 - There will be no Inventory.
- PIO Newsletter: USPS edition (10 pgs.) & an Emailed edition (unlimited).
 - An open discussion to restart the Buck-A-Month Club was had. (Buck-A-Month Club is a service that Central office provides by mailing a hard copy to members for \$1.00 and month)
 - It was decided that it would be reinstated **at a new Two-Buck-A-Month Club**. Several present AA's (3) subscribed before leaving for the night.
 - Please take this to all AA's possible to help get paper copies and help Central Office with a small amount of revenue.
- Elections for open positions: (a)Committee Chair, (b)Public Information, (c)Web Servant.
 - No qualified AA's stood for upcoming open Steering Committee positions.
- Central Office Open House: THIS Saturday, Noon to 4pm.

> Closed with hand holding and the Responsibility Statement at 7:33 pm

“I am responsible when anyone, anywhere reaches out for help, I want the hand of AA always to be there, and for that....

I am Responsible.”

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Service Opportunities at Central Office

- Ogden Central Office hours:
Mon thru Fri, Noon - 6pm
Saturday, 1:00 pm – 4:00 pm
- **Two Central Office Steering Committee positions were vacated in December. Those positions are (a) Public Information, (b) Webservant. Those interested in standing for these positions should attend the January 14th IGR Meeting.**
- Randy will serve as interim Webservant and PI Chair.
- Central Office Volunteers needed, evenings from 4-6. Those interested contact Randy at Central Office.
- IGR's needed, those interested get with your home group and represent them at the Central Office Inter Group meeting the second Monday of each month at 6:30.
- Women and Men needed for our 12 Step Call list, call Randy at Central Office to sign up.



- **Central Office 801-393-4728**
<https://www.northernutahaa.org>

The Central Office/IGR Meeting is now at 6:30pm
the second Monday of each month.



Note: IGR = Inter **Group Representative**

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IGR Meeting Attendance

- There are 44 registered AA groups in Area 69 District One.
- **3 District One** and 2 District 11 Groups sent IGR's to the December meeting.
- Groups represented:
 - Davis Group
 - Sunday Serenity Happy Hour Group
 - Recovery Together Group
 - Beyond the Horizon Group
 - Morgan Group
- *Please* send an IGR to represent your group and help Central Office reach the still suffering Alcoholic.

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**THANK YOU, for
supporting
YOUR
Central Office**

Group Name	November 2018 Donations	2018 YTD Total
Admitted We Were Powerless		578.00
Babes of Anonymity		306.76
Beyond the Horizon Group	101.00	181.00
BYOB Group	48.00	48.00
Clearfield Group		206.25
Courage to Change Group (R R)		256.25
District One		180.00
Friday Night Recovery Group		143.00
Group Bridgerland	85.00	85.00
Grupo Primer Paso de Ogden (SP)	15.00	150.00
Higher Ground Group (Fruit Heigh	80.00	380.00
In Solution Group	50.00	50.00
Meat and Potatoes ABSI Study		508.00
Meat and Potatoes Big Book Study		508.00
Meeting in the Mountains - ALL A	63.00	63.00
New Comers Group		90.00
Our Ladies of the Mountain (WRH)		40.00
Primary Purpose Group (Layton)		70.00
Recovery Together Group (5)		270.21
Red Barn Group		85.00
Sat Am Men's Brotherhood Group	200.00	1,080.00
Sat Night Alumni Group ORM		288.31
Serenity Happy Hour Group Wednes		51.00
Serenity thru the Storm		55.00
Sisters' In Sobriety Group		38.00
SOUTH DAVIS#1		150.00
Stone of Sisyphus Group		80.00
Sunday Morning Serenity Group -	22.34	54.59
Sunday Night Unity Group		646.00
Sunday Serenity Happy Hour Grp		625.18
Thursday Night Harrison Group		80.00
Tuesday Morgan Group		200.00
Tyler Ave Group	40.00	587.50
Valley Camp		892.00
Wed Night Stag Group		200.00
Wednesday Night Alumni Group ORM	50.00	600.00
Wednesday Night Mixed Group	80.00	130.00
Women's Circle Of Hope	46.00	151.95
Women's Retreat House Groups (AI		798.25
** UNKNOWN **		84.00
	880.34	10,990.25

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Intergroup Service of AA Ogden

2018 3rd Quarter

July through Sept 2018

Profit & Loss

Income

Burger Burn	484.00
Merchandise Sales	3,454.79
Group Donations	3,200.57
Total Income	7,139.36

Cost of Goods Sold [COGS]

COGS - Books	2,671.08
COGS - Literature	1,613.04
Fundraising Cost (Burger Burn)	242.20
COGS - Coins	365.65
Total COGS	4,891.97
Gross Profit	2,247.39

Expense

Bank Charges	31.69
Answering Service	310.00
Facilities & Equipment	
Part Returned	-2.13
Rent & Utilities	1,320.00
Total Facilities & Equipment	1,317.87
Operations	
Office Supplies	132.05
Telephone	359.56
Total Operations	491.61
Payroll Expense	2,153.12
Postage, Shipping	10.00
Total Expense	4,314.29
NET INCOME	-2,066.90

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District One Meeting Minutes for December 13, 2018

⓪ OPENING:

Craig called the meeting to order at 6:34 with a moment of silence, followed by the Serenity Prayer. William read the GSR Preamble and Jerry read the Twelve Traditions. There was one new GSR, Blair, from Monday Night Men’s Group. There was one interested A.A., Erin. There were two visitors, Matt, incoming Delegate and Kristin, incoming Area Chair. Those in attendance: 2 DCMs, 12 GSRs, Secretary, Treasurer, Grapevine, Corrections, Intergroup Ogden and Treatment. Sue called the roll and read the minutes from the November District One meeting. The minutes were approved, with a motion from Bill and William 2nd.

Ⓛ REPORTS

- **Intergroup Logan** – Not present
- **Intergroup Ogden** – William – Report was given verbally.
- **Corrections** – Mike – Excused
- **Grapevine** - Paul H. Report was given verbally.
- **Treasurer** – Michelle

The District One Finances for December 2018 are as follows: The donations totaled \$111.38 and a deposit of \$1,123.00 from the November Workshop. The expenses totaled \$620.00. The total balance of the account this month is \$4463.81. Minus our \$2000 P/R, the Pink Can Money \$810.28, and the Area 69 November 2018 Workshop (\$825.51), the total balance is \$828.02. There was some discussion on the Pink Can money. The Treasurer report was approved, with a motion from Craig and Jennie 2nd.

- **Treatment** – Janessa – Report was given verbally.

Ⓢ OPEN DISCUSSION – GSRS

Shelley gave a report from the Bridgerland group.

Ⓞ ELECTIONS

Elections were opened for 6 DCMs, 6 Alt. DCMs, Secretary, Treasurer, PI, C.P.C., Grapevine, Treatment, and Literature Chair Positions. Candidates all stood and qualified themselves for the positions prior to being voted in. The positions filled are as follows: DCMC – Craig, DCM – Jennie and Paul. ALT DCM – Randy and Bill. Treasurer – Michelle, Correction – Bryce and Treatment – Janessa. We want to thank Matt and Kristin for coming and running our elections.

PLEASE TAKE THIS BACK TO YOUR GROUPS.

Ⓞ OLD BUSINESS

- ➔ There will be another Guideline Review on Jan 10 at 5:30 before the District meeting.

Ⓞ NEW BUSINESS

- ➔ There was no new business discussed.

Ⓞ COMING SOON

- ➔ **Next District Meeting - BC Alano Club – Jan 10 @ 06:30 pm.**
- ➔ February Committee Mtg (District 10 SLC) Feb 23, 2019.

Ⓞ CLOSING

The meeting was closed at 7:45 pm with the Responsibility Statement.

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Utah Area 69 Calendar of Events

February 29, 2019
March 1-3, 2019
April 5-7, 2019
May 19-25, 2019
June 7-9, 2019
June 22, 2019
August 17-18, 2019
September 27-29, 2019

February Committee Mtg.
PRAASA
Pre-Conference Assembly
General Service Conference
Post-Conference Assembly
Bridging the Gap Workshop
Pre-Assembly Workshop
Fall Assembly

District 10 SLC
Area 9 Irvine CA.
District 11&12 SLC
New York, NY
District 8 Vernal
District 2 South SLC
District 10 SLC
District 11 Bountiful

HUMOR

9

Have another one

Two drunks are sitting at a bar. One says, “Did you know that lions have sex 10 to 15 times a night?”

“Dang,” says his buddy, “and I just joined the Elks.”

—Bob M.
Green Valley, Arizona

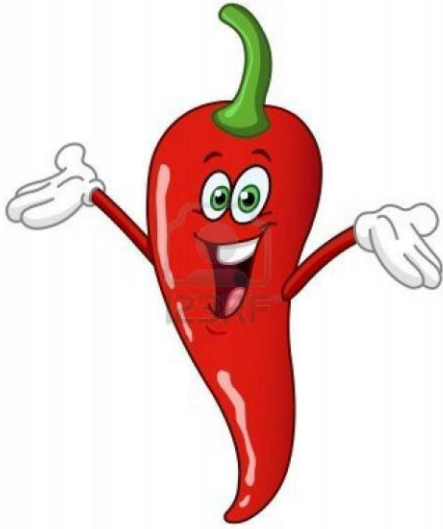
Heard at a meeting

“If you think my problems are bad, wait until you see my solutions!”

—Andy T.
Leawood, Kansas

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CHILLY CHILE COOK OUT

FEBUARY 23 2019

BEAUTIFUL DOWN TOWN CROYDON UTAH AT THE PAVILION IN THE CENTER OF TOWN

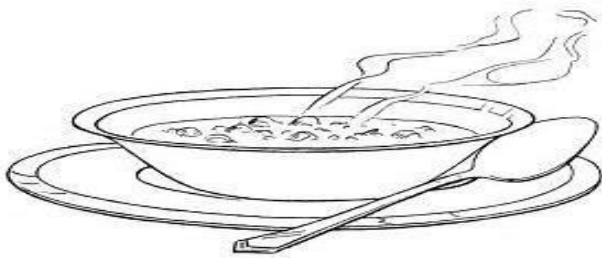
12 NOON TILL 3 OR MAYBE 4 ISH

SUGGESTED DONATION 3 DOLLARS PER PERSON (more or less)

HEAD UP WEBER CANYON FROM OGDEN, TAKE THE EXIT RIGHT AFTER DEVILS SLIDE AND FOLLOW THE SIGN TO THE CENTER OF TOWN

CHILI AND TAMALES SERVED, SIDE DISHES ARE ALWAYS WELCOMED.

QUESTIONS PLEASE CONTACT MIKE L. 801-645-9538



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