

<https://www.northernutahaa.org>

From the December 2018 magazine.

On cultivating tolerance

Dr. Bob’s message in the July 1944 Grapevine is a wonderful thought to carry into the New Year

During nine years in AA I have observed that those who follow the Alcoholics Anonymous program with the greatest earnestness and zeal, not only maintain sobriety, but often acquire finer characteristics and attitudes as well. One of these is tolerance.

Tolerance expresses itself in a variety of ways: in kindness and consideration toward the man or woman who is just beginning the march along the spiritual path; in the understanding of those who perhaps have been less fortunate in educational advantages, and in sympathy toward those whose religious ideas may be at great variance with our own. I am reminded in this connection of the picture of a hub with its radiating spokes. We all start at the outer circumference and approach our destination by one of many routes.

To say that one spoke is much better than all the other spokes is true only in the sense of its being best suited to you as an individual. Human nature is such that without some degree of tolerance, each one of us might be inclined to believe that we have found the best or perhaps the shortest spoke. Without some tolerance we might tend to become a bit smug or superior—which of course is not helpful to the person we are trying to help, and may be quite obnoxious to others. No one of us wishes to do anything which might act as a deterrent to the advancement of another—and a

- **Twelve Steps & Twelve Traditions, page 149,**
- **“Rule #62” ...**

“Don’t take yourself too damn seriously”

patronizing attitude can readily slow up this process.

Tolerance furnishes, as a by-product, a greater freedom from the tendency to cling to preconceived ideas and stubbornly adhered-to opinions. In other words it often promotes an open-mindedness which is vastly important—in fact a prerequisite to the successful termination of any line of search, whether it be scientific or spiritual.

These, then, are a few of the reasons why an attempt to acquire tolerance should be made by each one of us.

-- Dr. Bob
Akron, Ohio

Humor

The sensible one

Robert and his buddy Fred were getting drunk at their favorite bar. Joe walked in and joined them. Right away, Joe began chugging down one drink after another. In just a short time, Joe passed out and fell on the floor. As he lay there all sprawled out, Robert said to Fred, “That’s what I like about Joe. He always knows when to quit.”

Dusty B.

Hancock, Maine

AA CENTRAL OFFICE (801) 393-4728 – 3480 WASHINGTON BLVD. SUITE 108

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AA Meetings in need of support

Ogden Valley BYOB Group

Tuesday 6:30 pm, 131 S. 7400 E. Huntsville
(Huntsville Library)

Clearfield Group

Saturday 5:00pm
Clearfield Community Church
200 South 500 East Clearfield

Babes of Anonymity (Women)

Thursday @5:30 680 24th street (OWD)

Friday Night Action

Friday 8pm; 3329 Harrison Blvd. St Paul Lutheran Church.

Coalville AA @ The Firehouse

Sunday, 7pm

SOS Group

1579 South State, Clearfield
Friday 8:00 pm O, WC

Wed Night Mixed Gr

8:00 pm 3350 Harrison Blvd. (OD)
United Church of Christ Congregational

Admitted We Were Powerless

Saturday 7pm Elevation Church
375 South State, Clearfield

Sisters In Sobriety (Women)

Tuesday 5:00pm
5700 S. 2050 W. Roy Baptist Church

Our Common Solution

Wednesday 7pm
524 N. Fairfield Rd.
Hope Apts. in the Commons room

All Brigham City Alano Club Meetings Need Support

New Meetings

1159 Step Study Group

Monday 7:00 pm, 1159 30th St. Ogden

<<<< New Location >>>>

Sober Today Group

Wednesday, 7:00 pm, 1159 30th St. Ogden

Events listed are presented solely as a service to readers, not as an endorsement by Intergroup Service of Northern Utah or AA. For any additional information, please contact Central Office at (801)393-4728

Email CO at igrcentraloffice@gmail.com

Central office Web Site <https://www.northernutahaa.org>

Women's Retreat House

has service opportunities for live in or for volunteer managers.

Contact: Lisa Brown @ (801) 391-8152

Alano Club Activities,

680 24th Street, 801-393-5054

Alano Club Webpage alanoninc@gmail.com

Karaoke every Sunday 8pm

Club Dance Every Saturday Night

8:00pm to Midnight

(Non-Members \$2.00)

(support the Alano Club by purchasing an annual membership)

(Suggested Announcements)

GSO – Area 69 –

District 1, & 11 - Information

**District 1 – 2nd Thursday, 6:30PM 131W Forest St. Brigham
Many open service positions. Suit up and show up!

GSR's need to be present.

*District 11 – 2nd Wednesday 6:30PM-1131 S Main St
Centerville, Utah

*****New TIME*****

Tyler Ave. Group

Tuesdays, now at 7:00 pm, begins December 4th

***** NEW DAY *****

BYOB Group, Huntsville Library

Now on Thursday at 6:30- pm

Suggested Contributions

50% - Intergroup/ Central Office
3480 Washington Blvd #108
Ogden, Utah 84401

10% - Area 69
P.O. Box 6044
Clearfield, Utah 84089

30% - GSO
P.O. Box 459, Grand Central Station
New York, NY. 10163

10% - District 11
2320 Wood Hollow Way
Bountiful, UT 84010

OR
(whichever applies)

10% - District One
P.O. Box 953
Brigham City, Utah 84302

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Central Office Intergroup Meeting Minutes – November 12, 2018

Mike W. opened the meeting at 6:35pm.

John H. Read the Twelve Traditions.

Mike L. read last months minutes.

In attendance were: 4 District One IGR's & one alternate IGR; John H., John W., Jenn K., Mike L. & Tom F. Also Steering Committee Members: Mike W., William B., Kelly C., Darren H., & Office Manager Randy C. (Bob A. was excused.)

The basket was passed in keeping with our 7th Tradition, \$22 collected.

Randy C. read the following Central Office Report:

Sales Summary:

- Books: 102
- Chips: 246
 - Brass 41
 - Aluminum 203
 - Tri-Plate 2
- Pamphlets: 188

Donations:

- Groups: 14 groups donated \$ 1,412

<u>Office Activity:</u>	<u>Manager</u>	<u>Volunteers</u>	<u>Total</u>
Hours:	153.5	12	165.5
• Visits:	79	7	86
• Calls/Msgs:	67	3	70
• Emails:	69		69

Prudent Reserve Balance: (Goal = \$4,800) 1,600 x 3 months (operating expenses)

Sept: \$ 400
Oct: \$ 575 (^ 43%)

(May 2017 = \$1,730)

Our volunteers; Steffi P., serves Central Office from 1pm – 4pm on Saturday & Becky A. continues to be of service on alternating Sundays, 12p – 3p.

We received an anonymous donation of a NEW HP Pavilion 24” All-In-One desktop computer, (a \$700 value), a sorely needed new addition.

Thank YOU for the continued opportunity to be of service to the committee and Northern Utah AA.

Old Business > None

New Business >

- Mike L. discussed the standing tradition of an annual December Central Office Open House. The assembled group chose Saturday December 15th, from Noon – 4pm for the “Open House”.
- Randy C. discussed renewing the Grapevine subscription, an annual, 4 copy subscription is \$104. The discussion was tabled until funds are available.
- The group voted to purchase the annual \$99 MS Office 365 needed for the new PC workstation.

Mike W. closed the meeting with the Responsibility Statement at 7:25 pm

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Service Opportunities at Central Office

- **NEW** Ogden Central Office hours:
Mon, Tues, Thurs & Fri, Noon - 6pm
Wednesday Noon to 5:00pm (until 12/12)
Saturday, 1:00 pm – 4:00 pm
- **Three Central Office Steering Committee positions will be vacated after December. The positions available are (a) Committee Chair, (b) Public Information, (c) Webservant. Those interested should stand for that position at the December 10th IGR Meeting.**
- Central Office is in need of Volunteers, evenings from 5-7. Those interested contact Randy at Central Office.
- IGR's needed, those interested get with your home group and represent them at the Central Office Inter Group meeting the second Monday of each month at 6:30.
- Women and Men needed for our 12 Step Call list, call Randy at Central Office to sign up.
- **Central Office 801-393-4728**
<https://www.northernutahaa.org>



The Central Office/IGR Meeting is now at 6:30pm the second Monday of each month.



Note: IGR = Inter Group Representative

IGR Meeting Attendance

- There are 44 registered AA groups in Area 69 District One.
- 4 District One groups sent IGR's and an alternate IGR to the November meeting.
- Groups represented:
 - Wed Night Alumni - ORMC
 - Tuesday Morgan Group
 - Recovery Together Group
 - Beyond the Horizon Group
- *Please* send an IGR to represent your group and help Central Office reach the still suffering Alcoholic.
- Central Office 801-393-4728
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Group Donations	October	2018
	2018	YTD
Group Name	Donation	Total
Admitted We Were Powerless	75.00	578.00
Babes of Anonymity		306.76
Beyond the Horizon Group		80.00
Clearfield Group	55.00	206.25
Courage to Change Group (R R)	82.00	256.25
District One	60.00	180.00
Friday Night Recovery Group	143.00	143.00
Grupo Primer Paso de Ogden (SP)	15.00	135.00
Higher Ground Group (Fruit Heights)		300.00
Meat and Potatoes ABSI Study	116.00	508.00
Meat and Potatoes Big Book Study	116.00	508.00
New Comers Group		90.00
Our Ladies of the Mountain (WRH)		40.00
Primary Purpose Group (Layton)		70.00
Recovery Together Group (5)	170.21	270.21
Red Barn Group		85.00
Sat Am Men's Brotherhood Group		880.00
Sat Night Alumni Group ORMC		288.31
Serenity Happy Hour Group (Wed)		51.00
serenity thru the storm		55.00
Sisters' In Sobriety Group		38.00
SOUTH DAVIS#1		150.00
Stone of Sisyphus Group		80.00
Sunday Morning Serenity Group -		32.25
Sunday Night Unity Group	150.00	646.00
Sunday Serenity Happy Hour Grp	160.00	625.18
Thursday Night Harrison Group		80.00
Tuesday Morgan Group		200.00
Tyler Ave Group		547.50
Valley Camp	70.00	892.00
Wed Night Stag Group	100.00	200.00
Wednesday Night Alumni Group ORMC	100.00	550.00
Wednesday Night Mixed Group		50.00
Women's Circle Of Hope		105.95
Women's Retreat House Groups (ALL)		798.25
** UNKNOWN **		84.00
Totals	1,412.21	10,109.91

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***THANK YOU, for
supporting
Central Office
Ogden***

“PASS IT ON” December 2018

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Intergroup Service of AA Ogden

Profit & Loss

July through Sept 2018

Income

Burger Burn		484.00
Merchandise Sales		3,454.79
Group Donations		3,200.57
	Total Income	7,139.36

Cost of Goods Sold [COGS]

COGS - Books		2,671.08
COGS - Literature		1,613.04
Fundraising Cost (Burger Burn)		242.20
COGS - Coins		365.65
	Total COGS	4,891.97
	Gross Profit	2,247.39

Expense

Bank Charges		31.69
Answering Service		310.00
Facilities & Equipment		
Part Returned		-2.13
Rent & Utilities		1,320.00
	Total Facilities & Equipment	1,317.87
Operations		
Office Supplies		132.05
Telephone		359.56
	Total Operations	491.61
Payroll Expense		2,153.12
Postage, Shipping		10.00
	Total Expense	4,314.29
	NET INCOME	-2,066.90

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District One Meeting Minutes for November 8, 2018

① OPENING:

Dave called the meeting to order at 6:30 with a moment of silence, followed by the Serenity Prayer. Sean read the GSR Preamble and Sierra read the Twelve Traditions. There were two new GSRs, Shelley, from Bridgerland, and Sierra Ladies of the Mountain. There were no interested A.A.s. There were no visitors. Those in attendance: DCMC, 2 DCMs with one excused, 12 GSRs, Secretary, Treasurer, Grapevine, Corrections, Intergroup Logan, Intergroup Ogden and Treatment. Sue called the roll and read the minutes from the October District One meeting. The minutes were approved, with a motion from William and Craig 2nd.

② REPORTS

- ☛ **Intergroup Logan** – Report was given verbally.
- ☛ **Intergroup Ogden** – William – No meeting till next week
- ☛ **Corrections** – Mike – Nov 8, 2018

Short and Sweet

There is a person going into the Weber County Jails with Windy P. Her name is Tammy K. If you know Tammy, be sure to thank her for all her support.

Windy P. purchased 3 Big Books, 1 Daily Reflections, 1 Daily Reflections L-Print, 1 Twelve and Twelve, 1 Twelve L-Print, 2 Used Grapevines, 59 Misc. Pamphlets.

Johnny L., William B. and occasionally Tom continue to carry in the AA message to the Men's side.

Mike R. Continues carrying the AA message into the Box Elder Jails.

There has been some informal discussion on ramping up the Bridge the Gap effort. The central Office / Inter Group manager feels that it would be of great benefit to the groups if the office was a hinge pin for contact information supporting the effort. Stay tuned for how to get your name on the list to support the effort.

Are there any Questions?

Thanks For Letting Me Serve

Mike L.

- ☛ **Grapevine** - Paul H. Report was given verbally.

- ☛ **Treasurer** – Michelle

The District One Finances for November 2018 are as follows: The donations totaled \$257.46. The expenses totaled \$911.51. The total balance of the account this month is \$3849.43. Minus our \$2000 P/R, the Pink Can Money \$867.45, and the Area 69 November 2018 Workshop (\$40.72), the total balance is \$971.27. Treasurer report was approved, with a motion from Craig and Bill 2nd.

- ☛ **Treatment** – Janessa –

Sorry for my absence last month. I have been super busy but I am not too much anymore. I have refilled the pamphlets at the Alano Club, the racks at Weber Human Services and the Lantern House, and ACT.

Thanks so much for letting me be of service!! Janessa

③ OPEN DISCUSSION – GSRS

Tyler Ave Group is changing from 7:30 to 7:00.

④ ELECTIONS

Elections were opened for 3 DCMs, 5 Alt. DCMs, Literature, C.P.C., and PI Chair Positions. No one stood. Elections will be next month. All positions will be open. If you have been under two years in your position you can stand for the position again.

PLEASE TAKE THIS BACK TO YOUR GROUPS.

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District One Meeting Minutes for November 8, 2018 (continued)

④OLD BUSINESS

→ Jennie asked about the Old Timer Meeting. Sue is still trying to get a hold of the Alano Club. Paul suggested trying the Facebook page for the Alano Club.

⑤NEW BUSINESS

→ The group started to go over the District One Guidelines. It was apparent that it was going to take long than the meeting was going to allow. There was a motion by Bill to form a committee to do the review. Shelley 2nd. The committee will consist of:

Craig, Shelley, Paul, Janessa, Bill, Sierra, and Sue. The committee will meet at 6 pm before the District meeting in December and January. Craig will get the code for the door to get in. The changes will be presented in February and voted on in March.

Michelle gave a verbal report on the Area 69 Workshop. She will give a final report next month.

⑥COMING SOON

→ **Next District Meeting - BC Alano Club – Dec 13 @ 06:30 pm.**

→ December Committee Mtg (District 3 Provo) Dec 1.

⑦CLOSING

The meeting was closed at 7:35 pm with the Responsibility Statement.

Utah Area 69 Calendar of Events

December 1, 2018

February 29, 2019

March 1-3, 2019

April 5-7, 2019

May 19-25, 2019

June 7-9, 2019

June 22, 2019

August 17-18, 2019

September 27-29, 2019

December Committee Mtg.

February Committee Mtg.

PRAASA

Pre-Conference Assembly

General Service Conference

Post-Conference Assembly

Bridging the Gap Workshop

Pre-Assembly Workshop

Fall Assembly

District 3 Provo

District 10 SLC

Area 9 Irvine CA.

District 11&12 SLC

New York, NY

District 8 Vernal

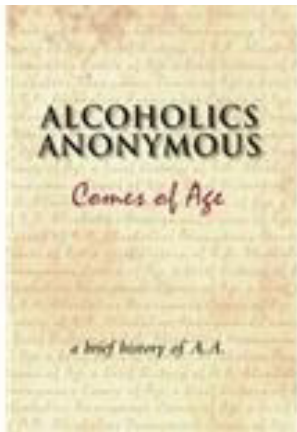
District 2 South SLC

District 10 SLC

District 11 Bountiful

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A.A. Comes of Age

A three part History of the growth of AA in the early years:

Part One: Bill W.'s views on the 1955 20th Anniversary General Convention

Part Two: Bill's expanded story, how he met Dr. Bob & other early members and their struggles to keep AA going. Bills describes the creation of the Traditions as a protection against the human faults that lead us into trouble, drunk or sober.

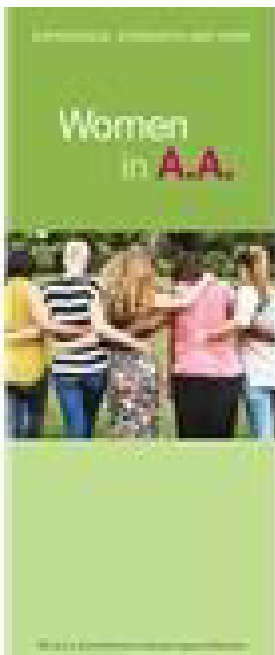
Part Three: Meet Father Dowling and Sam Shoemaker who helped shape AA's spiritual principles as well as other early AA friends.

Regular Price: \$11.50

December ONLY: \$10.00

Book of the Month

Pamphlet of the Month



Women In A.A.

The stories of 12 women alcoholics, who found a new way of life in sobriety, through Alcoholics Anonymous.

These stories show that anyone who *wants* to stop drinking can find recovery in Alcoholics Anonymous.

Help is available to all, but we must make the decision to ask for it.

Stop in at Ogden Central Office and pick up your copy...

DECEMBER ONLY... 20 CENTS !

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Area 69 2018 Pass the Gavel

Hosted by District 3



Saturday December 1, 2018

239 South Main, (Grace Bible Church)

Springville, Utah

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Coffee is on 7:30 am

Area meeting at 9:00 am

Any Questions call Mieshell D. at 801-915-2834

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Winter Fundraiser

FRIDAY, DECEMBER 14, 2018

Come joins us for Dinner, Silent Auction, Bake Sale,
Speaker Meeting and More!

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Doors Open @ 5 pm

Dinner @ 5:30 pm (\$12 per plate)

Speaker @ 7 pm

131 West Forest Street
Brigham City

www.facebook.com/brighamcityalanoclub

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