

PASS IT ON May 2018

<https://www.northernutahaa.org>

Life of the party

Terrified, she opened the door to the Sunset room and heard people laughing. She's been celebrating now for 35 years

My last drink was in 1981. That day I was terrified and confused. I found myself on the floor in my home, alone. My old landline telephone was near me on the floor. I do not know to this day how I picked up that phone and dialed a number. Luckily, the voice of AA was on the other end. A woman told me how to get help. She said there was a meeting, called Sunset, in a few hours. I got directions (that I barely understood) and waited until it was time.

By the hand of a power greater than myself, I found the address of the meeting. When I walked up, I heard voices behind the door. They were happy voices. I opened it and saw what looked like a party. It was like another world. My pain and terror slipped away as I stepped in.

Right away, I joined in and tried to be the life of the party. I became very loud. Then some sort of meeting started. I found the speaker too loud so I had to crank it up, to talk over him. I thought my jokes and nasty mouth were funny and would make me cool.

Then, just before the meeting ended, someone said something about a chip. A chip? People pushed me forward, holding me up. Those strange people put a white chip in my hand and someone passed up some tape from the back of the room. They taped that chip to the palm of my hand!

At the end of the meeting, the speaker asked to talk to me alone. I thought he must be the "leader" and I had caught his eye. He asked me, "Do you know what self-respect is?" I just laughed and made a joke. He asked again. All of a sudden, I felt naked in a room with strangers. I jumped up and ran out. As I got back to my house, the fear came back. I was again alone. But I knew I could not drink anything. Terror returned. At some point, I fell asleep.

The next morning, I saw the white chip taped to my hand and knew I had to go back. As I approached the door to the meeting, I once again heard those happy voices. I was ashamed and afraid to go back in, afraid I would be laughed at. But I opened the door. I could hear the laughter but I could not see anyone. As I stepped inside, I saw one person. She glowed. Her red hair was radiant. She had a blinding lightness about her. She smiled and said, "Do you want to be out of your pain?" I sat across from her and answered her question.

"Yes, please," I begged. She said she had a way to help me out of pain, if that was what I wanted. She opened a book and told me to kneel beside her. She asked me to repeat after her. As she read the words I repeated them. Today, I know these magic words as the Third Step prayer.

Every year, for 35 years, on my sober birthday I thank the Fellowship for the three gifts I received from my AA brothers and sisters when I stumbled into the Sunset room that day.

First, not one person in that room cast me out for my drunken behavior. Where can anyone find a love that great? They knew I was one of them and needed them.

Second, that radiant redheaded woman who put me on my knees to save my life became my God-given sponsor. She was one of the old-timers and gave me what she had.

Third, she started me on the Fourth Step at once. I only wrote half a page but that page contained more honesty than I had ever put forth before in my life. She told me that my life depended on that Step. When I showed her the half page, she did not laugh, grade me or degrade me. She did not tell me to go and do more or that it was wrong. She just listened and told me there would be more to look at as I grew in sobriety and if there was, when we got to Step Ten, she'd show me how to deal with whatever came up. And that she did, as well as the rest of the Steps, Traditions and Concepts. Bless her for her love.

I have never had the need to drink from that day forward because of those three gifts given to me. I've come to believe every person in this great place I call AA gave me those three gifts that started me on this miraculous life. I've now celebrated 35 magnificent years in AA and I thank every group where I celebrate.

My original home group, Sunset, is now far away, but will always stay in my heart. That's where I found I was redeemable. It's where I grew up and was tolerated by wonderful elders. They were my family. God is indeed good.

Humor for the Month - Honey, I'm home

An intoxicated husband tried to stealthily crawl into bed, but the woman woke up.

"You're drunk again, aren't you?" she asked.

"How can you tell?" he responded.

With a stern look, she said, "Because you live next door with your wife."

NEW ADDRESS (2 DOORS SOUTH FROM OLD OFFICE)

AA CENTRAL OFFICE (801) 393-4728 – 3480 WASHINGTON BLVD. SUITE 108

(NEW) EMAIL- IGRCENTRALOFFICE2GMAIL.COM

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AA Meetings in need of support

All Brigham City Alano Club Meetings Need Support

Babes of Anonymity Thursday @5:30 680 24th street
(OWD)

Friday Night Action Friday 8pm; 3329 Harrison Blvd. St
Paul Lutheran Church.

Coalville AA @ The Firehouse Sunday, 7pm

SOS Group 1579 South State, Clearfield
Friday 8:00 pm O, WC

Wed Night Mixed Gr 8:00 pm 3350 Harrison (OD)

United Church of Christ Congregational

Admitted We Were Powerless

Saturday 7PM Elevation Church
375 South State, Clearfield

Clearfield Group Saturday 5:00pm

Clearfield Community Church
200 South 500 East Clearfield

Sisters In Sobriety Tuesday 5:00pm

5700 S. 2050 W. Roy Baptist Church
Women's 12 x 12

(Suggested Announcements)

The Inter Group/IGR Meeting is now at 6:30 the second
Monday of each month.

Central Office is now open Saturday and Sunday staffed
with volunteers.

You will want to call to insure a volunteer is in the office
on those days.

GSO – Area 69 –

District 1, & 11 - Information

**District 1 – 2nd Thru, 6:30PM 131W Forest St. Brigham

Many open service positions. Suit up and show up!
GSR's need to be present.

*District 11 – 2nd Wed 6:30PM-1131 S Main St
Centerville, Utah

Area 69 2018 Post Conference Assembly Hosted By Dist 6

MAY 18, 19 & 20, 2018

North Sevier Recreation Center

373 West 400 North Salina, UT 84654
(See attached flyer for more details)

Events listed are presented solely as a service to
readers, not as an endorsement by Intergroup Service of
Northern Utah or AA. For any additional information,
please contact Central Office at 801393-4728

*Alano Club Activities, 680 24th Street, 801-393-
5054 Alano Club Webpage alanoninc@gmail.com*

Alano Club Karaoke every Sunday 8pm

Alano Club Dance Every Saturday Night

8:00pm to Midnight

(Non-Members \$2.00)

*(support the Alano Club by purchasing an annual
membership)*

**Women's Retreat House is looking for live in and
volunteer managers Please call 801-393-0344**

Email CO at igrcentraloffice@gmail.com

Central office Web Site <https://www.northernutahaa.org>

Suggested Contributions

(District One Pink Can Contributions can be sent to Central Office)

50% - Intergroup AA
Suite 108A 3480 Washington
Ogden, Utah 84401

10% - Area 69
P.O. Box 6044
Clearfield, Utah 84089

30% - GSO
P.O. Box 459, Grand Central Station
New York, NY. 10163

10% - District 11
1805 N. 1450 W.

Layton, UT 84041 - 1517 (whichever applies)

OR

10% - District One
Brigham City, Utah 84302
P.O. Box 953

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Ogden Central Office APR IGR Meeting Minutes April 9, 2018

In attendance were Steering Committee Members –Jody H., Darren H., Mike F., Bob A. and William B., Central Office manager – Nick D., IGR’s – Dustin H., Randy C., Darren H. and Earl T.

Jody H. opened the meeting at 6:35 pm with a moment of silence for the still suffering alcoholic. William B. read the 12 Traditions and the 7th tradition basket was passed, collecting \$13.

Darren H. reviewed the March financial statement. The Central Office accounts are balanced, new software has been successfully incorporated and a recent tax issue has been remedied.

Nick D. provided the Central Office March report. In MAR the office received 24 emails, 97 office visits, 69 phone calls and 3 12 Step calls. 145 books, 100 chips and 1 pamphlet were sold. Thanks to William B., Curtis P. and Gerry P. for their book runs to the SLC Central Office and to Randy C. for donating supplies for the Central Office. Thanks to Mike L. for providing the Central Office with the Bill W. plant.

The website received 1292 hits in March.



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New Business

The IGR’s approved the inclusion of Districts 1 and 11 AA meeting info in the “Meeting Guide” App for IOS and Android. It is a user-friendly app that provides meeting location, distance and information at no cost.

The IGR’s approved the Central Office stocking the tri-plate anniversary chips. The office will stock chips for 1, 5, 10, 15 and 20 year anniversaries in red, blue or black for \$12. Other years and designs can be ordered with a 2 day turn time.

The IGR’s approved the reporting of the office financial report in the Pass It On on a quarterly basis.

Randy C. informed the office the Red Barn will host its last meeting on April 29th unless another location can be found.

Jody H. closed the meeting at 6:58pm with the Serenity Prayer.

Service Opportunities at Central Office

- IGR’s needed if you are interested get with your home group and represent them at the Central Office Inter Group meeting the second Monday every month at 6:30.
- Women and Men needed for the 12 Step Call list, get with Nick at Central Office to get signed up.
- Central Office is open Monday thru Friday 11 to 3 and we are looking for volunteers to keep the office open after hours and on week-ends 12 to 4. Get with Nick at Central Office to get signed.
- Central Office 801-393-4728
<https://www.northernutahaa.org>

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District One Meeting Minutes for April 12th, 2018

OPENING:

Dave called the meeting to order at 6:30 with a moment of silence, followed by the Serenity Prayer. Janessa read the GSR Preamble and Shelley read the Twelve Traditions. There were no new GSRs. There were 2 interested A.A.s: Mike, Tracie. There was one visitor: Wade, Area 69 Delegate. Those in attendance: DCMC, 3 DCMs, 11 GSRs, Secretary, Treasurer, and Grapevine, Intergroup Ogden, and Treatment. Sue called the roll and read the minutes from the March District One meeting. The minutes were approved, with a motion from Craig and William 2nd.

REPORTS GIVEN

(Complete Reports available at Central Office Ogden and on the website)

Intergroup Ogden –William

Treasurer – Michelle

The District One Finances for April 2018 are as follows: The basket contributed \$15.00. The expenses totaled \$253.58. The total balance of the account this month is \$2714.28. Minus our \$2000 P/R, the total balance is \$714.28. Treasurer report was approved, with a motion from Jennie and Shelley 2nd.

Treatment – Janessa

③OPEN DISCUSSION – GSR'S

There was no discussion

④ELECTIONS

Elections were opened for 3 DCMs, 5 Alt. DCMs, Corrections, Literature, C.P.C., and PI Chair Positions.

No one stood.

PLEASE TAKE THIS BACK TO YOUR GROUPS.

OLD BUSINESS

Did not have time for Craig to present Concept 7. It has been tabled until next month.

NEW BUSINESS

Wade, our Area 69 Delegate came to talk about the agenda items. He said because the agenda items have already been voted on, he decided to talk about something else. He talked about what we can give back to AA. He also talked about what led him to being a delegate. He talked about the service structure and how AA is now the solution. He talked about his experience in the Spanish community. Thank you, Wade for your Experience, Strength and Hope.

Dave also mentioned that the District is accumulating a large amount of money. GSR need to talk to their groups and get an idea of where the money can be used to help in the AA Community.

Craig also asked for ideas how they might be able to get AA information onto the Utah State University campus.

Harriet put in a vote to host the Pre-Conference in 2020. She also wants to help host the Fall Workshop Nov 3 & 4 On how to send in stories to the Grapevine.

COMING SOON

Next District Meeting - BC Alano Club – May 10 @ 06:30 pm

DCM Planning Meeting for Workshop May 10 6:00 pm.

General Service Conference April 22-28 (New York)

Post Conference Assembly May 18-20 in Salina.

Bridging the Gap workshop June 16 TBA

CLOSING

The meeting was closed at 7:30 pm with the Responsibility Statement.

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2017 Northern Utah Central Office Financial Statement

2017 Group Donation Totals

12 O'clock High Group	\$275.00
702 Group	\$50.00
Bear River (7) / We Ain't Saints	\$300.00
Beyond the Horizon Group	\$505.00
Clearfield Group	\$127.00
Courage to Change Group (R R)	\$428.50
Delta Group	\$33.00
Flying High Group	\$150.00
Group Brigham City Alano	\$46.00
Grupo Primer Paso de Ogden (SP)	\$105.00
Higher Ground Group (Fruit Heights)	\$630.00
It's In The Book	\$225.00
Last Thursday 12&12 Group Roy	\$12.00
Meat and Potatoes ABSI Study	\$468.23
Meat and Potatoes Big Book Study	\$468.23
Our Ladies of the Mountain (WRH)	\$20.00
Primary Purpose Group (Layton)	\$97.50
Recovery Together Group (5)	\$850.00
Sat Am Men's Brotherhood Group	\$895.00
Sat Night Alumni Group ORM	\$204.00
Saturday Night Alumni	\$150.00
Serenity Happy Hour Gr (Layton)	\$1,280.00
Serenity Happy Hour Group Wednesday	\$68.00
Sisters' In Sobriety Group	\$105.00
Stone of Sisyphus Group	\$202.20
Sunday Morning Serenity Group -	\$9.67
Sunday Night Unity Group	\$839.80
Thursday Night Harrison Group	\$98.22
Tuesday Morgan Group	\$400.00
Tyler Ave Group	\$500.00
Valley Camp	\$1,126.25
Wednesday Night Alumni Group ORM	\$750.00
Women's Circle Of Hope	\$180.00
Women's Retreat House Groups (AI	\$1,461.00
Total 2017 Group Donations	\$13,059.60

District One Pink Can 2017	
Beginning Balance	116.97
Total Deposits	959.33
Total Sales	790.5
Ending Balance	285.8

Department		Qty Sold	Ext Price
Books		928	8,680.90
District Donations		7	420.00
Group Donations		125	12,963.55
Individual Donation		14	102.75
Literature	Misc / Other	142	1,140.13
Medallions/Chips		2,697	2,589.00
Pamphlets		990	230.74
Web Site Donations		3	218.36
Total			25,381.10
Literature	Pink Can	29	964.33

Annual Activity

On Line Donations +	\$533.51
Deposits +	\$24,722.33
Card Trans +	\$2,242.53
Card Fee	(\$35.32)
Answering Service	(\$1,428.51)
Bank Fee	(\$2.00)
Books	(\$8,462.61)
Chips	(\$1,643.24)
Insurance	(\$475.00)
Payroll	(\$6,329.16)
Rent	(\$4,840.00)
Tele/Internet	(\$1,680.30)
Supplies	(\$906.38)
Web Start Up	(\$261.18)
Operating Account	
2017 Ending Balance	\$1,390.46
2017 Beginning Balance	\$1,217.21
Annual Increase	\$173.25
Prudent Reserve	
2017 Ending Balance	1,881.86
2017 Beginning Balance	1,730.40
Annual Increase	\$151.46

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UTAH AREA 69 CALENDAR OF EVENTS As of February 2018

May 18-20, 2018 Post Conference Assembly District 4 Filmore
June 16, 2018 Bridging the Gap Workshop District 11 Bountiful
August 18-19, 2018 Pre-Assembly Workshop District 10 SLC
September 7-9 2018 Pacific Regional Forum Area 6 San Jose CA.
September 21-23, 2018 Fall Assembly (Area Elections) District 10 SLC
November 3-4, 2018 Fall Workshop TBD TBD
December 1, 2018 December Committee Mtg. TBD TBD
February 26, 2019 February Committee Mtg. TBD TBD
March 2019 PRAASA Area 9 Irvine CA.
April 5-7 2019 Pre-Conference Assembly District 11 Bountiful
April 21-27 2019 General Service Conference New York, NY
May 17-19 2019 Post-Conference Assembly District 8 Vernal
June 15, 2019 Bridging the Gap Workshop TBD TBD
August 17-18 2019 Pre-Assembly Workshop TBD TBD

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Area 69 2018 Post Conference Assembly Hosted By Dist 6 MAY 18, 19 & 20, 2018

North Sevier Recreation Center

373 West 400 North Salina, UT 84654

Friday

5:00 - 6:30 Registration
6:30 Welcome
6:40 Area Standing Chair Roundtables
8:30 Speaker Meeting James S. Staying Alive Group, Salina

SATURDAY

8:00 Business meeting Registration
8:30 General Service orientation
9:00 - 5:00 Area business
5:00 - 5:30 Break
5:30 Dinner - Baked Potatoes Bar
7:15 Sobriety Countdown
7:30 - 8:30 Speaker Meeting David R. Area Chair
9:00 - 11:00 "Bringing back the fun Dance" Live DJ

Sunday

8:30 DCM, GSR & Standing Chair Orientation
9:00 Panel Presentations "Introduction to the 2018 Theme and workshop topics"
10:00 Ask-it-Basket
11:00 - 12:00 Spiritual Speaker meeting / TBA

Super 8 Motel \$78.00 & tax	Hitching Post Motel \$65.00 & tax
375 East 1620 South,	60 North State Street,
Salina UT 84654 435.529.7483	Salina UT 84654 435.529.2120

*** Mention that you're with "Area 69, Post Conference 2018" in order to get these rates ***

Registration

Name: _____ Service Positions: _____ District: _____

Address: _____

Email: _____ Phone: _____

PREREGISTRATION BY MAY 1 2018	\$10.00
REGISTRATION AT THE DOOR	\$12.00
DINNER	\$10.00

TOTAL:

Send preregistrations to:

District 6 / Post Conference 2018
2502 E. SR 119 Richfield, UT 84701

Make checks payable to:

District 6 Post Conference 2018

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Tuesday Morgan Group 31st Annual Best Dam Camp-Out

On the road to Lost Creek June 29th, 30th & July 1st
(Directions Google) Pine Canyon Road, Croydon, Utah

For info call or text, Eric J. @ 801-430-9353 or Mike L. 801-645-9538

- Registration 5 dollars
- Camping Per-Night....15.00 Trailers and Motor Homes... \$10.00 for Tents
- If you don't Camp you are encouraged to attend the Meals and Meetings and all day fellowship
- Pot luck Friday evening
- Community Breakfasts Saturday and Sunday
- Campfire Meetings Friday and Saturday Night
- We chase shade and fellowship during the day as we practice the fine art of camping.
- Pets are not encouraged. If they show up and some always do, they are cautiously welcomed and pampered, they cannot roam free and need to be well mannered and on a leash.
- Enjoy the Native American Indian presence and do not disturb or camp too near their location of the Sweat Lodge Frames and such. Remember Their firewood stacks are not for our use.
- Feel free to bring your personal camping fun Horseshoes and such, just No ATV's

**Most of all enjoy the Fellowship sun-up, till past sun-down.
Be amazed by the magic of the Fellowship, Pine Canyon
Creek, the Red Rocks, and the slow quiet Mornings. It
may *keep you coming back* like it has many for 31 years**

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SOBER CAMPOUT & POTLUCK #2 FREE FUN AND CAMPING April 27 - April 29th

**LOCATION IS OFF HWY 40 LEAVING SALT LAKE,
MILE MARKER 76 LEFT OF THE OIL RIGS.**

<https://goo.gl/maps/JJSux8wVjtM2>

GPS 40.1811762,.110.5981328

**LOCATED BETWEEN STRAWBERRY AND
STARVATION RESERVIORS.**

**PLENTY OF SPACE FOR TRAILERS, TENTS,
AND RV's
4WHEELERS AND FISHING POLES
FOR MORE INFO ABOUT THIS FREE SOBER EVENT
CALL OR TEXT CHRIS AT 360-509-9323**

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Valley Camp

2017/2018 Dinner and a Meeting Schedule and Events

\$6.00 per Plate—Kids 12 and Under are Free

Date: _____ Dinner: _____ Hosted By: _____

5/5/18 Chili Verde Cook Off Enter Your Chili Verde
(Winner Receives Free Family Pass to Campvention)

5/26/18 Summer BBQ Kickoff Blair

Dinner Starts at 6:30pm
Board Elections Start at 3pm

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